WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 10 **Friday 13th November, 2026.**

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School.

This newsletter and the year group newsletter will be sent to you at the end of the week, on a Friday. They are also on the school website.

You can find the Whole School Newsletter under the 'News & Events' section on the website within the Newsletters tab and the Year group newsletters are under the News & Events section within the Year Group Pages tab. **Please check your emails and newsletter each week** as this is our main form of communication with you.

YEAR 3 STONE AGE WORKSHOP

We had a fantastic time on Tuesday celebrating Stone Age Day! It was lovely to see some of the children dressed up as Stone Age people, helping to bring our learning to life. We enjoyed making our own Stone Age necklaces, creating colourful cave paintings and having a go at some Stone Age dancing.



We also put our knowledge to the test with a fun Stone Age quiz! It was a brilliant day full of creativity, fun and learning, and everyone had a great time stepping back into the past!





PARENT/CARER SURVEY

You Asked, We Did!

Thank you to all the parents and carers who took the time to complete our recent workshop survey. We had 79 responses.

Your feedback is really important to us and we have listened carefully to your suggestions about the support and information you would like us to provide.

You asked for workshops covering:

- Maths and calculation strategies.
- Understanding the Year 6 SATs.
- Supporting your child with the transition to secondary school.
- Reading and developing reading skills.
- Writing and spelling.
- Understanding and managing behaviour.

You also told us that:

- Morning or after-school sessions would be more convenient.
- Childcare would help you attend after-school workshops.
- More flexible timings would make it easier to join us.
- You would prefer shorter workshops lasting between 30 and 45 minutes.

So, here's what we're doing!

We are planning workshops covering all of the above topics. To make attending as convenient as possible, we will offer each workshop twice on the same date:

- Morning session: 9:00am
- After-school session: 3:45pm

Both sessions will cover the same information, so you can choose the time that works best for you.

We will also:

- Keep workshops to approximately 30–45 minutes.
- Provide childcare during the after-school workshops, so you can attend without worrying about childcare arrangements.

<u>WORKSHOPS PLANNED FOR THIS YEAR</u>

- **Year 6 Transition and SATs workshop - Tuesday 26th January**
- **Behaviour - Tuesday 12th January**
- **Writing and Spelling - Tuesday 2nd March**
- **Reading - Monday 26th April**
- **Maths - Monday 17th May**

We hope these changes will make it easier for more parents and carers to join us, find out more about what their children are learning and feel confident supporting them at home.

Thank you for sharing your views and helping us shape the support we offer. Your feedback really does make a difference!

THANK YOUS

A thank you to Willow Class!

A big thank you to all the parents and carers who took the time to complete our Parent Carer Workshop surveys. As Willow Class had the highest response rate, the children will be rewarded with a **Non-Uniform Day on Wednesday 18th November!**

Thank you for your support and for taking the time to share your feedback!

A big well done to Beech Class!

A huge thank you to all the children in Beech Class who made the effort to walk to school during the two weeks before half term. Beech Class had the highest number of children walking to school, so as a reward, they will enjoy a **Non-Uniform Day on Wednesday 18th November!**

Well done, Beech Class, and thank you for helping us to stay active and look after our environment!

WHITEHEATH JUNIOR SCHOOL CHRISTMAS FAYRE



UPCOMING CHANGES TO LUNCH ORDERS



We wanted to make you aware of a couple of changes to lunch ordering arrangements for a number of dates this term. Please take note of the dates, then log in to your Citrus account where you order your child's meals to ensure they have been updated to accurately reflect your child's choice.

On **Thursday 19th November**, the children will be eating lunches in their classrooms due to the art exhibition taking place in the hall. If you have already ordered your child's school meal for this date, please log in to Citrus and amend your choice as there will be no hot meals being served on this date. This is also the case for Thursday 10th December, where the PTA and Year 6s will have set up the Christmas Fayre in the hall.

On **Friday 11th December**, the children have their Christmas dinner to look forward to - please log in to Citrus to order this, as the children always enjoy their festive meal!

Finally, on **Friday 18th December**, which is our last day of school and therefore a 12:30pm finish, the children will be eating their lunch in the classroom, so only a sandwich option will be available to order from HCL on this day. Please ensure you have selected the correct choice of sandwich for your child. Many thanks for your cooperation.

Sports News

HOCKEY BOROUGH TOURNAMENT



Last Friday, our two hockey teams travelled to Eastcote Hockey Club to take part in the annual Borough Competition. The tournament featured two sections: our A Team competed in the Competitive section, while our B Team took part in the Development section.

Our Development Team played brilliantly throughout the competition. Across their six matches, they secured four wins and two draws, remaining unbeaten throughout! They recorded impressive victories against Newnham, Harefield, Dr Tripletts and BWI. The team also showed great attacking ability, scoring plenty of goals, with Ethan, Imogen and Sinan all finding the back of the net. The Development section focuses on gaining match experience, developing skills and enjoying competitive hockey, rather than competing for medals or prizes. The children should be incredibly proud of their performances, and a fantastic time was had by all!

Our A Team also had an outstanding tournament, making an excellent start by winning all three of their group matches to finish top of their group and secure a place in the semi-final. They continued their impressive form with a convincing 4–1 victory over Harefield, with Jack and Ella both scoring twice, setting up a final against Glebe.

The final was a closely contested match, with some excellent hockey on display from both sides. Unfortunately, Glebe edged the game 2–1, meaning Whiteheath finished as Borough runners-up and proudly collected their silver medals!

There is even more to look forward to, as reaching the final means our A Team have also qualified for the West London stage of the competition. A fantastic achievement for both teams, with some wonderful hockey on display throughout the afternoon. Well done to everyone involved! Mr Newing.

FOOTBALL A TEAM FIXTURE



On Wednesday, our A Football Team welcomed St Swithun Wells to Whiteheath for another league fixture. Having won all their matches so far this season, the team were determined to keep their unbeaten run going – and they did just that with another outstanding performance, securing a convincing 5–0 victory!

Romeo got the team off to a flying start with a brilliant hat-trick, while spectacular strikes from Arthur and Jack completed the five-star performance. Edie was excellent in goal, keeping another clean sheet and showing great composure and confidence when playing out from the back. Henry also had a fantastic game, demonstrating his creativity and vision by setting up three of the team's goals. Player of the Match went to Max, who was outstanding throughout.

It was another fantastic team performance, with the players demonstrating excellent passing, movement and ball control – all areas they have been working hard to develop in training. Their hard work is clearly paying off! Well done to the whole team – keep it up! Mr Newing.

Reminders

CHILDREN'S ART EXHIBITION



Merit Assembly

Class of the Week – Yew

Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Nihal, Ethan	Milica, Caleb, Yahya	Theo, Mathew	Romeo, Ethan

House Points

Hampton	Windsor	London	Westminster
10	0	60	10

Weekly Attendance

Class	% Attendance W/C – 9th Nov 2026	% Attendance 03.09.26 – 13.11.26	Year Group Attendance % 03.09.26 – 13.11.26
Oak	98.6	98.5	
Willow	96.6	97.4	
Year 3	-	-	97.9
Beech	94.8	95.7	
Elm	95	97.3	
Maple	94	95.8	
Year 4	-	-	96.3
Birch	97.1	96.9	
Yew	93.5	95.3	
Year 5	-	-	96.4
Pine	95.2	95.7	
Poplar	94.3	94.7	
Year 6	-	-	95.2
Totals	**95.4**	**96.4**	**96.5**

Payment/deadline Dates

OUTSTANDING PAYMENTS

Payment
Children In Need donation

UPCOMING PAYMENTS

Payment	Date due
PTA Christmas Fayre	27th November
Year 5 PGL instalment	30th November
DT resources – whole school	4th January 2027

Contacting us

Contacting class teachers	Willow	Miss Atkinson	willow@whiteheath-jun.hillingdon.sch.uk
	Oak	Mrs Pedrick	ash@whiteheath-jun.hillingdon.sch.uk
	Maple	Mrs Mendez	maple@whiteheath-jun.hillingdon.sch.uk
	Beech	Miss Cook	beech@whiteheath-jun.hillingdon.sch.uk
	Elm	Miss Malone	elm@whiteheath-jun.hillingdon.sch.uk
	Yew	Ms Prioli	yew@whiteheath-jun.hillingdon.sch.uk
	Birch	Mr Goodchild	birch@whiteheath-jun.hillingdon.sch.uk
	Poplar	Miss Lawrence	poplar@whiteheath-jun.hillingdon.sch.uk
	Pine	Miss Bryant	pine@whiteheath-jun.hillingdon.sch.uk
	Years 5 & 6 maths sets	Miss Wells	maths56@whiteheath-jun.hillingdon.sch.uk
General enquiries	office@whiteheath-jun.hillingdon.sch.uk		
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk		
Safeguarding concerns	dsl@whiteheath-jun.hillingdon.sch.uk		
Whiteheath Junior School is a safe space for **any child or adult** to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Padley or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.			
If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).			

Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit:
Whiteheath Junior School - Extra-curricular Clubs

Online Safety

Each week, we'll share a new guide in our newsletter focusing on a different aspect of online safety, to help parents and carers support and protect children and young people in the digital world.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

ADVERTISEMENTS AIMED AT CHILDREN

WHAT ARE THE RISKS?

Children are particularly vulnerable to the persuasive effects of advertising because of their still-developing critical thinking and impulse control skills. Children are regularly and passively exposed to advertising online, whether through influencers, paid advertisements, or sponsored content. Although 92% of 12–17-year-olds felt confident recognising online advertising, only 37% correctly identified sponsored adverts in search results.

INFLUENCER MARKETING

Influencers are an increasingly prominent part of children's online experiences, with four in ten 3–17 year olds who watch online videos reporting that they watch influencer content as entertainment. Influencers can appear credible, relatable, trustworthy and aspirational. Although seven in ten 12–17 year olds recognised a paid partnership, some believed products were promoted because influencers liked or thought they were 'cool'.

PARENTAL PRESSURE TO PURCHASE

Children's exposure to online advertising can pressure parents to buy products they see advertised. When told no, children may feel upset, treated unfairly or left out when comparing themselves with peers. With children potentially seeing up to 40,000 adverts a year, parents cannot meet every request. This can lead to arguments and put strain on family relationships.

UNREALISTIC EXPECTATIONS

Advertising often focuses on the positive effects of a product, which can create unrealistic expectations among young people. Children may be particularly susceptible to these claims when they do not recognise the persuasive intent behind them. They may be more likely to believe that a cream will 'transform' their skin, clothing will help them fit in, or protein powders will quickly build muscle. Repeated exposure to adverts such as beauty content can normalise unrealistic expectations and create material dissatisfaction or body image concerns.

HARMFUL ADVERTISING

Children can encounter online advertising through games, videos, social media and links, meaning they may see content that is inappropriate for their age. This can include products or messages that influence attitudes towards body image, health or behaviours such as gambling. Repeated exposure to beauty content can normalise adult-oriented beauty routines and psychological pressure.

UNINTENDED PURCHASES

Online advertising can encourage young people to make purchases. Ofcom found that 58% of 8–17 year olds had spent money online, with 27% saying adverts encouraged them to spend and 22% influenced by influencer content. Despite this, a third of the children regretted an in-game purchase, while almost half said they were unclear about what they were buying. This can lead to children spending more than intended or making purchases without fully understanding the cost or product, adding pressure on parents to spend.

LACK OF ADVERTISING TRANSPARENCY

Advertising is not always obvious to children, particularly when influencers promote brands, products or services without clearly stating that it is an advert, or when advertising is embedded within entertaining content and uses positive language. Children may not realise that the adverts are promoting something, making the recommendation seem more trustworthy and more influential.

Advice for Parents & Educators

TEACH CHILDREN HOW TO SPOT ADS

Help children to recognise when content is trying to sell them something. Teach them to look for signs such as '#ad', 'sponsored', 'paid partnership' as well as promo codes or product links attached. Explain to your child that these adverts can be embedded within videos, social media posts, games or influencer posts and are not always obvious to identify. Helping children recognise these advertisements can make them less likely to be influenced by them.

ENSURE PAYMENT DETAILS ARE LOCKED DOWN

Avoid saving your bank card details on children's devices, games or apps wherever possible. This can help reduce the risk of children making accidental or impulsive purchases following seeing an advert. Check the purchasing settings on games and social media accounts and use parental controls or purchase approval settings where possible. Talk to your child about the importance of asking before making a purchase online.

DEVELOP CRITICAL THINKING SKILLS

It is important to encourage children to question what they see online rather than automatically believing it. Encourage them to stop and think before clicking. Have them ask themselves, 'Why am I seeing this?' and 'What are they trying to get me to want/buy?'. Remind them that adverts and influencers only highlight the positive aspects of a product. By developing these skills, children will begin to recognise, question, and respond to manipulative marketing practices.

ENCOURAGE OPEN COMMUNICATION

While it is important to set age restrictions on games and social media, inappropriate adverts can still slip through. Talk regularly with your child about adverts or influencer content they see online. Open communication makes it easier for your child to come to you if they have any questions about products or inappropriate content. It also helps you understand what your child is being exposed to online and where they may need support.

Meet Our Expert

Dr. Claire Sutherland is an education consultant and digital safety expert, with a background in primary teaching. She combines her PhD research in cyberbullying with hands-on experience, delivering impactful digital wellbeing workshops and policies for schools across Australia and now in the UK.

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Community events/info



Autumn Term Dates

*New dates in red

Saturday 14th November	Choir Sing at Ruislip Manor Christmas Funday
Thursday 19th November	SportsHall Athletics Competition
Tuesday 17th – Friday 20th Nov	Travelling Book Fair Days
Thursday 19th November	Art Frames Exhibition
Saturday 21st November	Choir sing at Michael Sobell House Winter Market
Tuesday 24th November	Year 6 trip - morning
Wednesday 25th November	Virtual Author visit for Years 5 and 6
Thursday 26th November	Borough Football Tournament
Friday 27th November	Non-uniform day for £2 for PTA Xmas Fayre
Monday 30th November	Year 6 Trip to the Science Museum
Thursday 3rd December	Swimming Gala

Friday 4th December	Non-uniform day for tombola gift or £2
Monday 7th December	Choir visit to Poplars Care Home
Thursday 10th December	Year 6 Height and Weight Check
Thursday 10th December	PTA Christmas Fayre
Friday 11th December	Christmas lunch, Christmas Service and 'Save the Children' Christmas Jumper Day
Monday 14th December	Autumn term report cards out to parents/carers
Monday 14th December	Year 3 Christmas performance dress rehearsal to the school
Tuesday 15th December	Year 3 Christmas Performance to parents/carers 9:30am
Wednesday 16th December	Year 3 Christmas Performance to parents/carers 5pm
Thursday 17th December	Christmas Parties
Friday 18th December	**School term ends at 12:30pm**

Have a lovely weekend,

Ms Kenny,
Headteacher