



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 3

Friday 18th September, 2026.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our **'year group pages'** (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

PACKED LUNCHES & SNACKS

Most children now have a hot meal for lunch, however for parents/carers of children who prefer a packed lunch, please can we remind you that we have a 'Packed Lunch Policy' (on our website) to promote healthy and nutritious food.

Our policy gives guidance on what packed lunches should include and food that should only occasionally be eaten. We would like to remind you that no sweets or chocolate bars are allowed.

At breaktime our children are allowed a **fruit snack only**.

CYCLING TO SCHOOL

We encourage children to cycle to school. Please remember to complete cycling agreement which can be collected from the office.

CHRISTMAS CARD COMPETITION

I am writing to extend a very warm welcome back to all staff and pupils as we enter a new academic year, which I trust has got off to a good start.

You will be aware that my office has a tradition of hosting a Christmas card competition for local infant, primary and junior schools across the constituency. The winning design is printed and sent to local stakeholders, including schools and healthcare providers, wishing them a Merry Christmas from their Member of Parliament.

I am delighted to invite pupils to take part in this year's competition, either at school or at home. The theme this year is **'Christmas in Space'**. Whether it's designing an alien Christmas tree, animals in space suits or Father Christmas futuristic sleigh, children are encouraged to get creative. All entries should be sent to my constituency office at 10 Village Way, Pinner, HA5 5AF with the child's full name, age and school on the back of the design by **Friday 6 November**.

Kind regards, **David Simmonds CBE MP**



ATTENDANCE PROCEDURES

Arrivals

The school gates open at 8:30 am. Staff are on duty from 8:30am. The playground gates are closed and locked at 8:50 am.

Any child arriving after 8:50am will have to be brought in, by an adult, to the school office. The adult will then have to sign the child in. No children are to come in through the office unaccompanied.

The school will monitor late arrivals. Continually arriving late means the child is missing key parts of their learning.

Collection

The school day ends at 3:30pm.

If a child is going to be collected by a different person, parents must let the school know in advance. If school is not informed, then the child will not be allowed to leave with that person until their parent has given confirmation.

If parents are going to be late in collecting their child, they should call the school office and inform them of their arrival time. Children who are not collected on time will wait in the school office.

Any children who are frequently collected late may be referred to the Stronger Families Team as this may become a social care issue.

Please also inform the school office if your child is NOT going to attend any after-school club for ANY REASON that they are registered for.

Absences

If a child is ill parents should contact the school office by phone or email, as soon as possible, informing the school of the reason for their child's absence. If your child has had sickness or diarrhoea then they must remain off school for 48 hours from the last bout of illness.

Routines Appointments - Please note absence for routine dentist appointments will not be authorised.

Is my child too ill for school?

Please see the following link for NHS advice on various illnesses and if your child should remain off school - <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

If the school is not informed as to the reason for a child being absent, parents will be called during the morning.

If we are unable to get hold of parents, and the child is known to Social Care, then they will be made aware of the absence.

We need to have contact details for two people and if we cannot reach the first person we will call the second. This is due to recommendations for Safeguarding Procedures.

If the school believes that a child may have been taken abroad for reasons such as FGM or under circumstances related to Prevent, the police will be called.

Attendance Levels

Primary aged pupils are expected to have at least 96% attendance for an academic year. Whiteheath Junior School will follow the new guidelines set out by the DfE and consider a penalty notice referral in each individual case where ten sessions (a session being half a day) of absence without authorisation is reached in a rolling period of ten weeks.

The school will review the children's attendance continually and if it falls below 90% parents or meets the above criteria parents/carers will be informed.

If there is no improvement, the school will contact the Attendance Support Team for advice, and as a result, Parenting Contracts and an Attendance Panel may be arranged. A Parenting Contract is an



agreement with the school that sets out steps to improve a child's attendance. A meeting is held, reasons for poor attendance are discussed, and the Contract sets out who is responsible for making changes so the situation improves. A timeframe of normally a month is set, and if things improve and all involved feel that the problems have been resolved then the Contract ends. If there has been little, or no improvement that case may become a matter for Social Care.

If there is no improvement, a referral to the Attendance Support Team can also result in a Fixed Penalty Notice being issued. The Attendance Team issue the fine and further details about this can be found on the Hillingdon Council website.

Requested Holidays and Absences

In line with the Department for Education and London Borough of Hillingdon guidelines, Whiteheath Junior School is keen to optimise the learning opportunities for all children. There are 175 days per year allocated for school holiday & family activities. The only acceptable reason for absence is when a child is ill, absence due to religious observance (as per government guidelines) or in exceptional circumstances authorised by the head teacher. Failure to do so may result in a penalty notice of £60 per parent with parental responsibility. As a result it is highly unlikely that family holidays will be authorised. If parents feel they have an exceptional circumstance they should apply for the leave via the exceptional leave form.

The school monitors and records all holiday applications. The school may refer a holiday request to the Attendance Support Team if we notice that holidays are being taken each year during term time or if a holiday request is for a child whose previous attendance is low.

REMINDER OF SAFEGUARDING AT WHITEHEATH JUNIOR SCHOOL

Whiteheath Junior School is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment.

All staff are trained in safeguarding when they join the school and this training is updated annually or sooner if necessary. The training ensures staff are aware of the signs to look out for if a child may be being harmed/abused. It also informs them how to deal with the situation and report it appropriately.

Similarly, children are reminded that they can share information with staff who will always be there to listen and support them.

We have a number of policies and procedures in place that contribute to our safeguarding commitment, including our Safeguarding and Child Protection Policy which can be viewed in the Policies section of our website.

Sometimes we may need to share information and work in partnership with other agencies when there are concerns about a child's welfare. We endeavour to discuss our concerns about our pupils with his/her parents/carers first unless we have reason to believe that such a move would be contrary to the safety of the child. We work closely with Hillingdon Children's Services and take guidance from them.

We actively support the Government's Prevent Agenda to counter radicalism and extremism and staff have received training in this as well. Our Preventing Radicalisation Policy can be viewed in the policies section of our website.



We also receive Operation Encompass alerts. Operation Encompass is the notification, by the Metropolitan police, to local schools that a child (under 18) has been exposed to, or involved in, any domestic incident. This will ordinarily be done by the start of the next school day. Operation Encompass will ensure that the Designated Safeguarding Lead (DSL), and Head Teacher are informed via a secure electronic link if a child or children attending Whiteheath Junior School has been affected by a domestic abuse. The information comes through on a daily basis including weekends and holidays. The DSL or Head Teacher can then use the information that has been shared, in confidence and on a need-to-know basis, to ensure the wellbeing of the child. We are keen to offer the best support possible to all our pupils and we believe this will be extremely beneficial for all those involved.

Our Designated Safeguarding Leads (DSLs) are the Headteacher, Ms Kenny (Head Teacher) and Mrs Padley (DSL and Pastoral Lead). The Deputy Safeguarding Lead (DDSL) is Miss Wells. The governor responsible for Safeguarding is Mrs Percy (Chair of Governors).

Any parent or carer who has concerns about the safety of a child is encouraged to discuss their concern with one of the above named adults. Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads. Parent/carers can also directly contact Stronger Families Hub on 01895 556006. This information is put into every newsletter.

We are also aware that parents and children may feel they would like to disclose abuse or harassment via a third party. The NSPCC helpline is available by calling 0808 800 5000 or emailing help@NSPCC.org.uk.

Reminders

JUNIOR DUKE AWARD - REMINDER



If your child would like to take part, please would you complete and sign the slip on the letter and return it to your child's class teacher by **TUESDAY 22nd SEPTEMBER**. **The deadline for ordering from Junior Duke is very strict. We cannot add your child after this time as the company will not accept any late applicants.**

JEANS FOR GENES - FRIDAY 18TH



We would be very grateful if you could help us raise money for this worthy cause by donating via School Money – in return your child can wear their jeans to school on **Friday 18th September**. Please note that their top half should be school uniform. If your child does not have a pair of jeans, they should wear full uniform as usual. Many thanks.



Merit Assembly

Class of the Week – Pine & Yew



Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Nelly, Siddhant	Lexi-Mae, Lilly-Mae, Luke, Kane	Max, Sophia	Harry, Jack H

House Points

Hampton	Windsor	London	Westminster
20	30	20	30

Weekly Attendance

Class	% Attendance W/C – 14 th Sep 2026	% Attendance 03.09.26 – 18.09.26	Year Group Attendance % 03.09.26 – 18.09.26
Oak	99	99.6	
Willow	99.3	98.5	
Year 3	-	-	99
Beech	97.4	96.6	
Elm	94.8	95.5	
Maple	94.2	96.4	
Year 4	-	-	96.2
Birch	98	97.2	
Yew	94.8	93.7	
Year 5	-	-	93.9
Pine	98.3	95.8	
Poplar	96	93.9	
Year 6	-	-	94.9
Totals	97	96	96

Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.



What Parents & Educators Need to Know about IMAGE-ALTERING FILTERS

From playful puppy ears on Snapchat to 'beauty mode' on TikTok, image-altering filters are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.

WHAT ARE THE RISKS?

ALTERED BEAUTY STANDARDS

Many 'beauty' filters smooth skin, reshape facial features, or adjust body proportions. Over time, repeated exposure to these filters can shift a child's idea of what is 'normal' or attractive, creating unrealistic expectations about their own and others' appearances.

PRESSURE TO LOOK PERFECT

Filtered images can often attract more 'likes' and positive comments. This can encourage children and young people to rely on editing tools to gain others' approval, rather than feeling confident in their natural appearance.

LOW SELF-ESTEEM

Regularly viewing heavily filtered content can lead to comparisons with unrealistic images. This is linked to body dissatisfaction and reduced self-esteem, particularly among children and teenagers.

HIDDEN ADVERTISING

Some filters are linked to beauty products or trends, subtly promoting third-party brands. Children and young people may not recognise this as advertising, while also sharing personal data – such as facial images and usage habits – with apps and third parties.

BLURRED REALITY

As filters become more advanced and natural-looking, it can be difficult for children and young people to distinguish edited content from real life, especially when filters are used in everyday photos and videos.

SEXUALISED EDITS

Certain tools can make users appear older or more sexualised. This may attract unwanted attention, increase the risk of images being shared without consent, and expose young people to unsafe interactions.

Advice for Parents & Educators

START OPEN CONVERSATIONS

Talk regularly about filters, such as how they work and why people use them. Ask the children and young people in your care how filtered images make them feel and encourage honest discussion without judgement.

CHALLENGE 'PERFECT' POSTS

When viewing content together, gently point out the signs of editing, filters, or posing techniques. This builds critical thinking and helps children and young people question unrealistic images.

REINFORCE WHAT'S REAL

Help children and young people understand that filtered images are digitally altered and are not an accurate reflection of real life. Emphasise that they don't need to meet these artificial standards.

PROMOTE OFFLINE CONFIDENCE

Encourage activities that build self-worth beyond appearance, such as sports, hobbies, friendships, and creative interests, so that confidence isn't tied solely to online validation.

Meet Our Expert

Parven Kaur is a digital parenting expert and founder of Kids N Clicks, a platform dedicated to helping parents navigate the online world alongside their children. She is an expert contributor for Internet Matters, offering practical guidance on emerging online safety issues. Her insights have been featured by the BBC, The Telegraph, TalkTV, and other major media outlets, supporting families across the UK.



See full reference list on our website

X @wake_up_weds

f /www.thenationalcollege

ig @wake.up.wednesday

music @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.04.2026

PTA/Community events/info

OCTOBER HALF TERM CAMP



Mission Starlight Is Ready for Launch!

This **October half-term**, JAG's Holiday HQ camp is coming to our school with their Mission Starlight theme — a week of active games, creative activities, challenges and plenty of choice throughout the day.

Children will build and test Rocket Launchers, take on Meteor Dodgeball, create Fizzing Moon Art, hunt in the dark and even make their own Solar System Planetarium to take home.

 **26–30 October**

(Check our school page on the JAG website for full details.)

 **Ages 4–11**

 [See What's On This October Half-Term](#)

What this means for families

- ✓ Safe, structured days delivered by experienced, DBS-checked staff
- ✓ Ofsted-registered holiday childcare you can trust
- ✓ Book only the days you need
- ✓ Flexible cancellation if plans change — check our school page for details
- ✓ Tax-Free Childcare accepted

For parents, it means reliable October half-term cover, active days for children and a smoother, more organised week — without the stress of planning every day yourself.

Book early and save

★ **Early Bird – Save 10%**

Use code **STARLIGHT10** when you book by **Sunday 4 October**.

Sibling discount – Save 10%

Automatically applied when booking more than one child



Multi-day booking discount – Save 4%

Applied when booking four days or more within the same week

All eligible discounts are combined automatically at checkout.

 [Find our school page](#)

 [Make a booking](#)

 **Have any questions?**

 0333 577 1533

 hello@junioradventuresgroup.co.uk

Payment/deadline Dates

OUTSTANDING PAYMENTS DUE

Payment
Year 6 Isle of Wight – 1 st Instalment
Jeans for Genes
Year 5 PGL – 1 st Instalment

UPCOMING PAYMENTS

Payment	Date due
Cheerleading Club	18 th September
Year Brazil Day	21 st September

OTHER

Payment	Date due
Junior Duke Award (& form to Mr Goodchild)	22 nd Sept

Contacting us

Contacting class teachers	Willow Oak Maple Beech Elm Yew Birch Poplar Pine Years 5 & 6 maths sets	Miss Atkinson Mrs Pedrick Mrs Mendez Miss Cook Miss Malone Ms Prioli Mr Goodchild Miss Lawrence Miss Bryant Miss Wells	willow@whiteheath-jun.hillingdon.sch.uk ash@whiteheath-jun.hillingdon.sch.uk maple@whiteheath-jun.hillingdon.sch.uk beech@whiteheath-jun.hillingdon.sch.uk elm@whiteheath-jun.hillingdon.sch.uk yew@whiteheath-jun.hillingdon.sch.uk birch@whiteheath-jun.hillingdon.sch.uk poplar@whiteheath-jun.hillingdon.sch.uk pine@whiteheath-jun.hillingdon.sch.uk maths56@whiteheath-jun.hillingdon.sch.uk
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General enquiries	office@whiteheath-jun.hillingdon.sch.uk
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk
Safeguarding concerns	dsl@whiteheath-jun.hillingdon.sch.uk
Whiteheath Junior School is a safe space for any child or adult to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Padley or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.	
If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).	

Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit: <https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

Autumn Term Dates

- **New dates in red**

Wednesday 2nd September

Thursday 3rd September

Week beginning 14th September

Monday 14th September

Tuesday 15th September

Wednesday 16th September

Thursday 17th September

Thursday 17th September

Friday 18th September

Friday 25th September

Friday 2nd October

Wednesday 7th October

Friday 9th October

Week Beginning 12th October

Tuesday 13th October

Wednesday 14th October

Wednesday 21st October

Wednesday 21st October

Thursday 23rd October

Thursday 23rd October

2:40pm

Friday 23rd October

Training Day (no children)

Term starts - children return

National Coding Week

Year 3 Information Meeting 3:40-4:15pm

Year 4 Information Meeting 3:40-4:15pm

Year 5 Information Meeting 3:40-4:15pm

Year 6 Information Meeting 3:40-4:15pm

GenEarth Workshop for Year 4

Jeans for Genes Day

GenEarth Workshop for Year 5

Year 5 Brazil Day

Virtual Author visit for Years 5 and 6

Year 5 Pedestrian Training

Pennies for the PTA House Competition

Parents Consultation Evening

Parents Consultation Evening

Year 3 Stone Age Workshop

Year 4 St Albans Trip

Yr 5 Harvest Festival assembly to school am

Yr 5 Harvest Festival assembly to parents/carers

Hillingdon Foodbank Collection

(Half term - Monday 26th October to Friday 30th October)



Monday 2nd November

Monday 3rd November

Monday 3rd November

Friday 6th November

Tuesday 10th November

Tuesday 10th November

Thursday 19th November

Tuesday 17th – Friday 20th Nov

Thursday 19th November

Monday 30th November

Friday 13th November

Wednesday 25th November

Monday 7th December

Thursday 10th December

Friday 11th December

Monday 14th December

Monday 14th December

Tuesday 16th December

9:30am

Wednesday 16th December

5pm

Thursday 17th December

Friday 18th December

Training Day (no children)

Children return to school

Nasal Flu vaccinations

Individual photographs

Borough Girls' football Competition

Borough Best Team Football Competition

SportsHall Athletics Competition

Travelling Book Fair Days

Art Frames Exhibition

Year 6 Trip to the Science Museum

Children In Need Day

Virtual Author visit for Years 5 and 6

Choir visit to Poplars Care Home

Year 6 Height and Weight Check

Christmas lunch, Christmas Service and

Christmas Jumper Day TBC

Autumn term report cards out to parents/carers

Year 3 Christmas performances dress rehearsal
to the school

Year 3 Christmas Performance to parents/carers

Year 3 Christmas Performance to parents/carers

Christmas Parties

School term ends at 12:30pm

Have a lovely weekend,

**Ms Kenny,
Headteacher**

