



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 1

Friday 4th September, 2026.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

WELCOME BACK TO A NEW SCHOOL YEAR

Welcome back to school, and welcome to our first newsletter of the year!

We have had a fantastic start to the term, and I want to thank all of our parents and carers for making that possible.

I would like to extend a special welcome to our new Year 3 families. Thank you for your support in helping the children settle in so beautifully. Hearing them say "good morning" at the school gate has been a wonderful way to start each day! All of our pupils have transitioned back into school life with ease and are already making the staff very proud.

The children look very smart in their school uniform, thank you for making such an effort with this. Just a reminder - **please name all uniform, especially jumpers and cardigans!**



Please see at the end of this newsletter the most recent list of dates. There will be more dates added over the next few weeks and so any new dates will be typed in red so they are clear to see. Dates are included in **every** newsletter, so it really important that you read the weekly newsletters.

I must stress how important it is that all parents/carers read these newsletters each week. We often have phone calls in the office about information that has been sent out via the newsletters. You will also receive year group newsletters each week with information relevant to your child's year group.

Communication with us - If you have any questions relating to your child in class, please contact your child's class teacher via the home link book or class e-mail. **Class e-mails start with the class name followed by @whiteheath-jun.hillingdon.sch.uk**, e.g. yew@whiteheath-jun.hillingdon.sch.uk. These are put in newsletters every week.

If you have any general 'school' questions or queries, the most effective way to communicate with us would be to contact the school office who would be more than happy to help, either by popping in, telephoning us or writing a quick e-mail. Our office team is Mrs Stonehouse and Miss Aistrop.

Please can we ask that if any of your contact details, contact numbers or email addresses change please let the office know as soon as possible.

In the meantime, if you have any questions or concerns, please do not hesitate to contact us. As always, we look forward to working with you this year and receiving your continued support. Thank you.

YEAR GROUP INFORMATION MEETINGS

We would like to invite you to our upcoming **Year Group Welcome Meetings**. These sessions are a fantastic opportunity to learn about your child's curriculum, school routines, and our behaviour policy.

All meetings will take place in the **School Hall** from **3:40 pm to 4:30 pm** on the following dates:

Monday 14th September	Year 3 Welcome Meeting
Tuesday 15th September	Year 4 Welcome Meeting
Wednesday 16th September	Year 5 Welcome Meeting
Thursday 17th September	Year 6 Welcome Meeting

Childcare Arrangements During Meetings

We understand that many parents and carers will need to bring children with them. To allow you to focus on the presentation, we have arranged for children to watch a DVD in a **Year 6 classroom** during the meeting.

Please note that **unsupervised play on the playground is not permitted** for safety reasons. All children attending must remain in the designated DVD room for the duration of the session.

We look forward to seeing you there and working together to support your child this year.



JOINT WORKING WITH THE INFANT & NURSERY SCHOOL

What a wonderful time we had at our **Whole School Buddy Reading Picnic**, bringing together children from **Whiteheath Infant School and Whiteheath Junior School** for a special session of reading, sharing and friendship!



Children from across both schools paired up with their reading buddies and enjoyed spending time together sharing their favourite stories, listening to one another read and talking about books. It was fantastic to see older and younger pupils supporting each other, building confidence and developing their reading skills in such a fun and relaxed setting.



Our picnic created a lovely opportunity for children to celebrate their love of reading while making new friendships. Our junior pupils were fantastic role models, encouraging their younger buddies and helping them to explore new stories and vocabulary.

We are incredibly proud of all the children for their enthusiasm, kindness and encouragement, and we look forward to many more opportunities for our Infant and Junior schools to learn and read together.

JEANS FOR GENES



At Whiteheath we do all we can to support people who are less fortunate than ourselves and who are struggling with illness or disability. We try to teach the children tolerance and understanding of everyone's different needs and that it is important to support our community and people in need.

This month we are supporting 'Jeans for Genes'. The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic condition and raises money to fund projects that make a tangible difference to the lives of those affected.

We would be very grateful if you could help us raise money for this worthy cause by donating via School Money – in return your child can wear their jeans to school on **Friday 18th September**. Please note that their top half should be school uniform. If your child does not have a pair of jeans, they should wear full uniform as usual. Many thanks.

Reminders

SCHOOL CLUBS

The following clubs still have availability so please contact the providers should you still want to sign up ready for next week:

Futurity Gymnastics and Futurity Dance - admin@futurityuk.com

Lets Go Tennis - lisaletsgotennis@gmail.com

Creative Tech - jonestuition.online@gmail.com

Chess - daveokike@yahoo.com

PSD - various sports - info@thepsdgroup.org.uk

Keyboard & Guitar Tuition - Yrs 4, 5 & 6 - mooremusiconline@gmail.com



SCHOOL UNIFORM

We encourage our children to wear school uniform as it removes competition about what to wear, it reminds the children that they are dressed for school (work), and it gives our children an identity and pride in their school. Uniform can be purchased online from:

www.differentclassschoolwear.co.uk

- Cardigan or V- necked pullover – bottle green (with or without logo)
- Grey tunic or skirt or trousers
- White shirt with tie (not white polo shirt)
- Black shoes for ordinary wear (no black trainers or boots)
- White/grey/green/black socks
- Black/grey/green/black tights for the winter
- Grey culottes

Optional summer uniform

- Summer dress - any style in green and white check
- Grey shorts
- Short sleeved white shirt with tie

PE kit

- Plain white T-shirt or school PE polo shirt (with or without school logo)
- Black shorts
- Plimsolls or trainers
- For Games lessons outside, particularly in winter, children should be well wrapped up and tracksuits (with or without school logos) can be worn. Children who play football are expected to wear football boots/shin pads.
- PE bags in their house colour
- PE kits should be in school every day.

In Year 5 the children attend swimming lessons. A swimming costume and a towel and cap are required.

Other

For health and safety reasons, **long hair must be completely tied up**. Small green/black/white/grey (in colours to match the uniform) bows/head bands may be worn.

No razor lines in hair.

Children are allowed to wear a traditional wrist watch (no smart watches with a camera or ability to communicate).

Rings in pierced ears are dangerous - if your child has pierced ears, please wear the small stud type earrings only. All watches and studded earrings must be removed for PE lessons; however, they will not be looked after by the teacher.

Children may change into their trainers at lunchtime so it is beneficial to have them in school every day.

No rucksacks are allowed in school due to lack of space in the school. Children must have a green book bag. Rucksacks are only allowed to be used when carrying a football kit for our sports club or when riding a bike to school.



WRAP AROUND CARE AT WHITEHEATH JUNIOR SCHOOL

Breakfast Club 7:30 – 8:30am

Breakfast Club runs daily at a cost of £5.50 per day. We offer a range of breakfast cereals, toast with jam, marmalade or marmite, with squash or milkshake.

We have a prompt entry time of 7.30am and a second at 8am. The children will be let in at the main school gate by Breakfast Club staff and will go straight to the Breakfast Club building. They remain there until 8.30am when they go to the playground.

Places must be booked in advance via your SchoolMoney account and are payable at time of booking. Numbers are limited.

Junior Adventures Group After School Club 3:30 – 6pm

JAG is able to offer two start times for the children – from the end of the school day 3.30pm or 4.30pm, to allow for those who wish to attend an extra-curricular club first. There are staggered collection times, with the final collection being at 6pm.



Booking Information

To book, please login/create an account and secure your place online at: <https://bookings.junioradventuresgroup.co.uk/Identity/Account/Login>

If you have any queries, please do not hesitate to get in touch with Junior Adventures Group via email: hello@junioradventuresgroup.co.uk or phone: 03335771533.



A brilliant start and finish to the school day

The new school year is here, and JAG's Ofsted-registered breakfast and after school clubs are back – giving children a fun, active and engaging place to start and finish their school day.

For 2026/27, we've upgraded our Adventure Programme too, with new activities, new themes and even more for children to get stuck into at our Rise Then Shine **breakfast clubs** and Stay And Play **after school clubs**.

NEW: Play Your Way & Sound Safari

This half term brings two new themes: first up is Play Your Way, followed by Sound Safari – with fresh activities to get children creating, moving, playing and discovering together.

Snack Lab Takeover Mondays

Mondays just got tastier! This term, our Toastie Takeover is giving snack time an upgrade, with warm, golden toasties and tasty fillings to discover.



Team Up Fridays – First Up: Baseball!

There's something new to get stuck into each half term with Team Up Fridays.

First up is Baseball! Every Friday this half term, children can practise the basics, get active and play together – building confidence and teamwork while having plenty of fun.

Flexible childcare that works around family life

Whether you need the same days every week or just need an occasional session, JAG makes before and after school childcare easy to fit around your family.

 **Recurring Bookings** – Secure your regular days for the academic year and spread the cost monthly.

 **Ad-Hoc Bookings** – Book when you need us, up to 8 weeks in advance and subject to availability.

 You may also be able to use Tax-Free Childcare and other eligible funding support towards the cost of your sessions.

Ready to get started?

 [See What's On at JAG](#)

 [Find Your School's JAG Club](#)

 [New to JAG? Create an Account](#)

 [Already Have an Account? Make a Booking](#)



Merit Assembly

Class of the Week – THE WHOLE SCHOOL!

Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Jude, Amreece	Ruby, Anelise, Sujaan	Stanley, Mason	Olivia, Eliana

House Points

Hampton	Windsor	London	Westminster
20	20	30	20

PTA/Community events/info

HOME-START HILLINGDON

I am writing on behalf of Home-Start Hillingdon, a local charity that supports families with young children who are facing challenges such as isolation, poor mental health, financial pressures, and difficulties managing day-to-day family life.



We are currently recruiting new volunteers and would be incredibly grateful if you could share our attached flyer with parents and carers through your school newsletter or communication channels.

Many schools see first-hand the impact that family wellbeing has on children's attendance, confidence, behaviour, and ability to thrive. By helping us reach potential volunteers, you are helping us strengthen the support available to local families before difficulties escalate.

Our volunteers receive full training and ongoing support. Many are parents themselves and are looking for a meaningful way to give back to their community, rebuild confidence, develop new skills, or gain valuable experience before returning to work. Volunteering with Home-Start can be particularly appealing to those interested in education, childcare, health, social care, or community services.

Most importantly, every volunteer helps ensure that local children and families receive the practical and emotional support they need to give their children the best possible start in life.

Family Support Volunteers Needed

Are you a parent or grandparent?
Do you have 2-3 hours a week to spare?



Next Volunteer Course Starts: 8th Oct 2026
6 Sessions on Thursdays 9:30am - 2:00pm
(term time only)

Our exceptional 6-week training course, ongoing support, and thorough safety plans enable our volunteers to feel safe and empowered to enable change for struggling families in Hillingdon.

Volunteers say that our development programme has helped them achieve personal goals including: confidence building, upskilling, offering effective support, and knowledge of local services.



Scan this QR Code for more information
about volunteering and how to apply

Or contact us at
homestart-hillingdon.org.uk
or by calling 01895 252804



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INDOOR FOOTBALL CLUB



STARTS 08/09/26!



IN PARTNERSHIP WITH
**ICKENHAM YOUTH FC &
WEALDSTONE YOUTH FC**



INDOOR FOOTBALL BALLER LEAGUE STYLE

BOOK ONLINE



OUR INDOOR FOOTBALL SESSIONS ARE
FAST-PACED, HIGH-INTENSITY AND BUILT
FOR BALLERS. INSPIRED BY THE
EXCITEMENT AND FREEDOM OF THE BALLER
LEAGUE.

THE FOCUS IS 5 V 5 MATCHPLAY TO
MAXIMISE TOUCHES,
CREATIVITY AND
CONFIDENCE ON THE BALL.

FEATURING A WEEKLY
"PRESSURE POINT"
PENALTY SHOOTOUT

DATES: 08/09 15/09 22/09 29/09 06/10 ~~13/10~~ 20/10

ACS HILLINGDON SPORTS HALL

108 VINE LANE, HILLINGDON, UXBRIDGE, UB10 0BE

• **TUESDAYS** •
YEARS 3 & 4 • 5:15PM - 6:30PM
YEARS 5 & 6 • 6:30PM - 7:45PM

£12.50 PER SESSION
(CAPPED AT 18 SPACES)

FOR ALL ENQUIRIES CONTACT
SOCCER.SCHOOL@WEALDSTONEYOUTHFC.CO.UK



CALLING ALL PARENTS/CARERS!

*HAVE YOU BEEN SUPPORTED BY SERVICES?
DO YOU WANT TO MAKE A DIFFERENCE BY SHAPING SUPPORT
SERVICES FOR FAMILIES?*



TOGETHER WE CAN

Children's social care are transforming to implement the national Family First Partnership reforms and we need your help!

Share your experiences, ideas and feedback to help shape services.

One-off phone call or
Join our Parent Consultation Group
Led by Helen Smith –Head of Service Social Care
Delivery Transformation Lead.

Email: hsmith@hillington.gov.uk

Call/Text: 07595 288063



Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about WHAT'S REAL ONLINE

Children are growing up in a digital world where seeing and hearing no longer mean they can always believe. One major emerging concern is what UNESCO describes as 'synthetic media': AI-generated audio, images or video, including deepfakes, that can convincingly imitate a person's voice or likeness. As these tools become easier to access, children may encounter manipulated content, cloned voices, and fabricated messages that appear or sound real. Parents and educators therefore need to help them question what they experience online, which can often feel harder when we're experiencing it for the first time, too.

WHAT ARE THE RISKS?

AI-GENERATED CONTENT

Artificial intelligence can now create realistic images, audio, video, and text in a very short time. Online, children may encounter fabricated news clips, AI 'influencers', fake screenshots, or entirely invented events without ever realising they are fake. The real challenge is that this content often looks polished and convincing. Parents and educators need to help children understand that professional-looking content is not automatically reliable and that all digital material should be questioned before it is trusted or shared.

VOICES CAN BE CLONED

AI tools can copy someone's voice using only a short audio sample. A child may receive a call or voice note that appears to come from a parent, friend, teacher, or trusted adult, but the audio is not genuine. These messages can be used to create panic, request money, obtain information, or pressure a child into secrecy. Hearing a familiar voice is no longer enough to confirm someone's identity, especially when a message is urgent or unusual.

DEEPFAKES LOOK CONVINCING

'Deepfakes' use AI to alter or create images and videos that appear to show a real person doing or saying something that never happened. They are sometimes used to spread false information, embarrass someone, or target people through bullying and image-based abuse. Even when others know the content is fake, the emotional and reputational impact can still be significant – and, in some cases, potentially life threatening. Deepfakes therefore need to be treated as both a digital literacy and safeguarding concern.

ACCOUNTS MAY BE FAKE

Not every online profile represents the person it claims to be. Fake accounts may impersonate another pupil, a teacher, a family member, or someone connected to the school. They can be used for acts such as bullying, scams, grooming, or manipulation. A convincing photograph, username, or message history does not prove that an account is genuine. Children should be cautious when someone asks for their or someone else's personal information, images, passwords, money, or access to private conversations.

FALSE INFORMATION SPREADS

Misinformation is false or misleading information shared without necessarily intending harm, while disinformation is deliberately created to deceive others. Both types can spread quickly through social media, messaging apps, and video platforms. Their popularity, repetition, and confident presentation can make these false claims feel true. Children may also be more likely to trust content shared by friends, influencers, or familiar accounts, making source-checking and verification essential parts of developing their digital literacy.

ALGORITHMS INFLUENCE REALITY

Many online platforms, such as social media, are shaped by algorithms that recommend content based on what users view, like, search for, and share. This means children do not see a neutral or balanced version of the world. They may repeatedly encounter similar opinions, misleading claims, or increasingly extreme content. Over time, this repetition can make an opinion feel more common or credible than it really is, because the child may never see this opinion opposed or countered.

Advice for Parents & Educators

PAUSE, CHECK, COMPARE

Teach children not to accept content as true simply because it looks professional, sounds confident, or has been widely shared. Encourage them to pause, identify the original source, check the date, and compare the claim with another reliable source. Ask questions such as: 'Who created this? What evidence is provided? Could anything have been altered? What is the real motive? Regular, age-appropriate practice helps children develop the critical thinking needed to navigate their online worlds.'

KEEP TALKING OPENLY

Create regular, non-judgemental conversations about what children see, hear, and experience online. Make sure you use parental controls where appropriate and understand each platform's age restrictions. Asking children about new platforms, influencers, unusual messages, or content they are unsure about can help open up valuable conversations. Avoid immediately blaming the child or removing their device, as this may discourage them from disclosing their concerns in the future.

VERIFY ANOTHER WAY

A familiar face, voice, or account is no longer enough to confirm someone's identity. If a message is unusual, urgent, or asks for secrecy, money, personal information, or immediate action, children should verify it through a separate route. They should be encouraged to call the person directly using a known number, speak to them face to face, or check with another trusted adult. Families can also agree a private 'code' phrase to help them authenticate genuine emergency messages from each other. This should be something random, non-personal, and known only to the family.

SAVE, REPORT, SUPPORT

When fake content, impersonation, or manipulation targets a child, take it seriously, even if the material is fabricated. Save relevant messages, usernames, links, and screenshots without sharing the content any further. Report it through the platform, follow safeguarding procedures, and escalate concerns involving threats, grooming, sexual content, coercion, or extortion. Remind children that creating or sharing this content, even as a so-called 'joke', can have serious consequences for them and others, and may be difficult to remove once shared online.

Meet Our Expert

Philippa Wraithmell is an educator, author and digital transformation specialist with expertise in digital safeguarding, online safety, AI in education and whole-school digital strategy. She is the Founder and CEO of EdRupture and works with schools, organisations and policymakers to help create safer, more ethical and more effective digital learning environments for children and young people.

See full reference list on our website

#WakeUpWednesday

The National College

@wake_up_weds **/www.thenationalcollege** **@wake.up.wednesday** **@wake.up.weds**

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 19.08.2026



Payment/deadline Dates

UPCOMING PAYMENTS DUE

Payment	Date due
Donation for Jeans for Genes Day	18 th September
First instalment for the Year 5 PGL Residential	31 st January
First instalment for the Year 6 Isle of Wight Residential	1st March

Contacting us

Contacting class teachers	Willow	Miss Atkinson	willow@whiteheath-jun.hillingdon.sch.uk
	Oak	Mrs Pedrick	ash@whiteheath-jun.hillingdon.sch.uk
	Maple	Mrs Mendez	maple@whiteheath-jun.hillingdon.sch.uk
	Beech	Miss Cook	beech@whiteheath-jun.hillingdon.sch.uk
	Elm	Miss Malone	elm@whiteheath-jun.hillingdon.sch.uk
	Yew	Ms Prioli	yew@whiteheath-jun.hillingdon.sch.uk
	Birch	Mr Goodchild	birch@whiteheath-jun.hillingdon.sch.uk
	Poplar	Miss Lawrence	poplar@whiteheath-jun.hillingdon.sch.uk
	Pine	Miss Bryant	pine@whiteheath-jun.hillingdon.sch.uk
	Years 5 & 6 maths sets	Miss Wells	maths56@whiteheath-jun.hillingdon.sch.uk
General enquiries	office@whiteheath-jun.hillingdon.sch.uk		
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk		
Safeguarding concerns	dsl@whiteheath-jun.hillingdon.sch.uk		
Whiteheath Junior School is a safe space for any child or adult to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.			
If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).			

Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit:

<https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>



Autumn Term Dates

Wednesday 2nd September

Thursday 3rd September

Week beginning 14th September

Monday 14th September

Tuesday 15th September

Wednesday 16th September

Thursday 17th September

Thursday 17th September

Friday 18th September

Friday 25th September

Friday 9th October

Week Beginning 12th October

Tuesday 13th October

Wednesday 14th October

Wednesday 21st October

Thursday 23rd October

Thursday 23rd October

2:40pm

Training Day (no children)

Term starts - children return

National Coding Week

Year 3 Information Meeting 3:40-4:15pm

Year 4 Information Meeting 3:40-4:15pm

Year 5 Information Meeting 3:40-4:15pm

Year 6 Information Meeting 3:40-4:15pm

GenEarth Workshop for Year 4

Jeans for Genes Day

GenEarth Workshop for Year 5

Year 5 Pedestrian Training

Pennies for the PTA House Competition

Parents Consultation Evening

Parents Consultation Evening

Year 3 Stone Age Workshop

Yr 5 Harvest Festival assembly to school am

Yr 5 Harvest Festival assembly to parents/carers

(Half term - Monday 26th October to Friday 30th October)

Monday 2nd November

Monday 3rd November

Monday 3rd November

Friday 6th November

Tuesday 17th – Friday 20th Nov

Friday 19th November

Friday 13th November

Friday 11th December

Monday 14th December

Monday 14th December

Tuesday 16th December

9:30am

Wednesday 16th December

5pm

Thursday 17th December

Friday 18th December

Training Day (no children)

Children return to school

Nasal Flu vaccinations

Individual photographs

Travelling Book Fair Days

Art Frames Exhibition

Children In Need Day

Christmas lunch, Christmas Service and Christmas

Jumper Day TBC

Autumn term report cards out to parents/carers

Year 3 Christmas performances dress rehearsal to the school

Year 3 Christmas Performance to parents/carers

Year 3 Christmas Performance to parents/carers

Christmas Parties

School term ends at 12:30pm

Have a great weekend everyone,

**Ms Kenny,
Headteacher**

