



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 34

Friday 10th July, 2026.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

YEAR 6 PERFORMANCE

Last week, Year 6 put on a fantastic performance of 'Charlie and the Chocolate Factory'. It was a fun-filled musical extravaganza with brilliant acting, dancing and singing. The children showed great commitment to the show, practicing the dance moves and learning the words to many songs!

The performance was full of energy and much enjoyed by the audience. We were very proud of the children's performance and it was lovely to see how their growing confidence this year has culminated in such a great show.

BRITISH VALUES DAY



On Thursday, the children enjoyed taking part in our annual British Values Day. Each year group explored a different British Value through a range of activities that encouraged discussion and reflection.

We also welcomed David Simmonds, who spoke to the

children about his role as a Member of Parliament and the importance of British Values in our schools and communities. Miss Atkinson, RE Lead.



RE KINDNESS COMPETITION

Thank you to all the children who entered the competition. The entries were fantastic and I enjoyed seeing your creative ideas about what kindness means to you. Well done to everyone who took part!

Eliana – Ash (3rd place)

Anaya – Pine (2nd place)

Arthur – Maple (1st place)

Miss Atkinson, RE Lead.

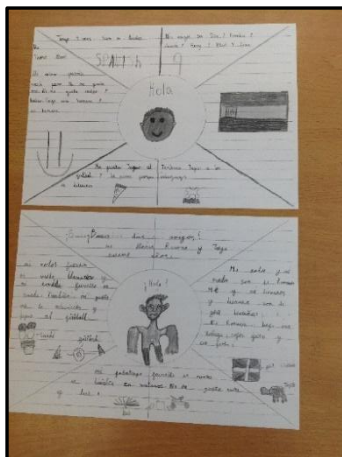


YEAR 6 RESIDENTIAL JOURNEY TO THE ISLE OF WIGHT

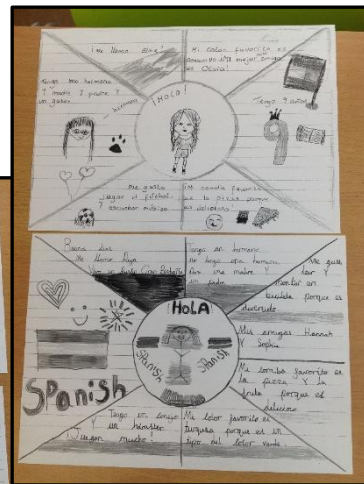
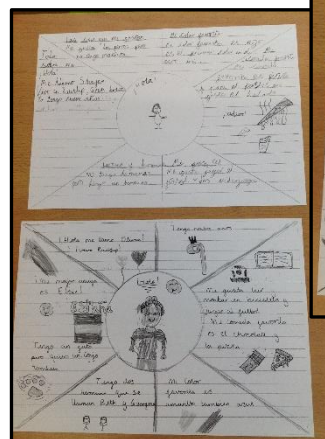
Year 6 will be returning today from an exciting and enjoyable week away. The children were very well behaved throughout the whole week and were a credit to you and the school. Thank you to all of the teachers and adults who have looked after the children so well and helped them to have such wonderful experience.

LANGUAGE LINKS WITH HAYDON SCHOOL

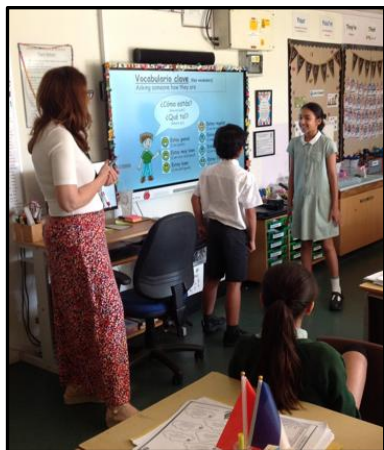
Maple Class has been having lots of fun creating some work in Spanish to share with a Year 7 class at Haydon School. It's a great chance for our pupils to show off what they've learned and to see how Spanish continues at secondary school.



We hope this project encourages everyone to enjoy learning languages and shows how useful and exciting Spanish can be. Well done to Maple Class for all their hard work—we can't wait to hear what the Year 7 students think! Mrs Mendez



¡HOLA! YEAR 5 IMPRESS WITH THEIR SPANISH SKILLS



Year 5 were delighted to welcome a secondary school Spanish teacher from Bishop Ramsey School for a fun and engaging Spanish lesson this week!

The session gave pupils an exciting opportunity to experience what learning a modern foreign language at secondary school is like. Throughout the lesson, the children confidently demonstrated their considerable knowledge of Spanish, showing just how much they have already learned. They enthusiastically used greetings, introduced themselves, recalled familiar vocabulary and took part in a range of speaking and listening activities.

Our visiting teacher was extremely impressed by the pupils' enthusiasm, confidence and depth of knowledge. She praised their excellent recall of Spanish vocabulary and their willingness to

communicate in the language, commenting on the high standard they had already achieved.

As well as celebrating the children's existing language skills, the visit provided a valuable opportunity for pupils to look ahead to learning Spanish at secondary school. The lesson was full of energy, curiosity and enjoyment, leaving everyone excited to continue developing their language skills.

We would like to thank our visiting teacher for delivering such an inspiring lesson and look forward to welcoming our secondary school colleagues back to Whiteheath Junior School for more exciting learning opportunities in the future.

Mrs Mendez, MFL Lead.



PLN AWARD – PRIMARY LANGUAGES NETWORK AWARD



I am so pleased to be able to share some exciting news – our school has been awarded the Enhancing Award for Modern Foreign Languages (MFL) by the Primary Languages Network (PLN)!

This award recognises schools that are committed to providing high-quality language teaching and creating a positive culture for language learning. It has been wonderful to see how much our pupils enjoy learning Spanish and discovering more about different cultures so it's fantastic to have all of that recognised.

To achieve the award, we had to provide evidence of all the work that goes into MFL across the school. This included showing how languages are an important part of our curriculum, how lessons build children's knowledge and confidence over time, how we support staff with training and resources and how we celebrate children's progress. We also shared examples of how we promote cultural understanding, make links with schools and communities beyond our own and help prepare pupils for continuing their language learning at secondary school.

Putting the application together really highlighted just how much we do as a school to make language learning enjoyable and meaningful. From pupils enthusiastically joining in with songs and games, to learning about life in Spanish-speaking countries and developing the confidence to speak another language, there is so much to celebrate.

A huge thank you goes to all of our staff for their support and enthusiasm and, of course, to our amazing pupils who embrace every challenge with such positivity and curiosity. This award is something we can all be proud of and I can't wait to continue building on everything we've achieved and creating even more exciting opportunities for our children to develop a love of languages.

Mrs Mendez, MFL Lead.

WORKSHOP INSPIRES YEAR 5 & 6

Year 5 and 6 children recently took part in *Why Animals Matter*, a 90-minute workshop delivered by GenEarth in partnership with The Empathy Project. Through storytelling, videos and guided discussion, the children explored the lives of animals and developed their empathy, critical thinking and communication skills.



The workshop, which links closely with PSHE, encouraged the children to consider animals' feelings, relationships and experiences, while developing their speaking and listening skills through thoughtful discussion and simple activities. The children were highly engaged throughout.



I loved the Gen Earth presentation because they had loads of videos and really engaged us all.



I loved the Gen Earth workshop because they showed us how animals were suffering, which made us think about them. My favourite part was writing a speech about the different animals. I also liked watching all of the videos because they were really intriguing.



Following the sessions, the GenEarth team thanked the school for its support and said they were ***“blown away by the empathy, care, compassion and thought the students put into every discussion and activity”***. They also praised the supportive culture created by the children and staff.

We are incredibly proud of the empathy, compassion and thoughtful contributions shown by our Year 5 and 6 children throughout the workshop.
Mrs Kan, Geography Lead.

Reminders

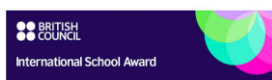
Summer Fayre - Thursday 16th July from 3:30pm until 5.30pm

Wristbands are on sale now and can be purchased via the 'Shop' tab on your SchoolMoney account. If you purchase your wristbands before 9.30am on Friday 10th July, the cost is just £7.50 per child aged 2 years and over. Your wristbands will be sent home in a clearly marked envelope with your children.

If you wait until the day, wristbands will be £9 per child over 2 years old on entry, so make sure you get your orders in now.

On a logistical note, come fayre day, the children are to be collected as usual at the end of the school day, by their designated adult. You'll then need to proceed to the entrance on Ladygate Lane where access will be gained to the Fayre.

With many thanks from your PTA



CALLING ALL PARENT AND CARER VOLUNTEERS

Do you have a job that involves reading or a love of books? We'd love to hear from you! We're looking for parents and carers who use reading in their careers-whether that's in publishing, journalism, research, education, or any other field-to come in and talk to the children about how reading plays a part in your work.

If you're interested, please get in touch with Miss Jackman via pine@whiteheath-jun.hillingdon.sch.uk. Thank you for helping us inspire a lifelong love of reading! Miss Jackman, Reading Lead.

CARS IDLING



A polite reminder to all parents and carers parking on Whiteheath Avenue: please switch off your engine while waiting for your child.

Whiteheath Avenue is a designated **No Idling Zone**. Keeping your engine running while parked is an offence under the Highway Code and creates harmful pollution. Let's work together to keep the air clean and safe for our pupils, neighbours, and the whole school community!



Merit Assembly

Class of the Week – Yew

Class Merit Awards

Year 3	Year 4	Year 5
Mohamed, Layla, Kane	Hazal, Sophia, Asiya	Anaiya, Connie

House Points

Hampton	Windsor	London	Westminster
40	0	30	10

Payment/deadline Dates

OUTSTANDING PAYMENTS DUE

Payment
D & T resources for the year - all
Year 5 – coach for swimming lessons
Year 3 Egyptian Day
PTA non uniform day (on Weds 24 th June) for the Summer Fayre
All – Computer Coding Show



SUMMER TERM DATES

- Date change in red

W/b 13 th July	Whole School Sports Week
Monday 13 th July	Year 6 Sorted Workshop
Tuesday 14 th July	Year 6 Kiss Workshop
Tuesday 14 th July	Music Ensemble to school am & to and parents/carers 5:30pm
Thursday 16 th July	PTA Summer Fayre 3:30 – 5:30pm
Friday 17 th July	Code Show
Friday 17th July	End of Year reports out to parents/carers
Monday 20 th July	Year 6 BBQ and disco 5:00 – 7:00pm
Tuesday 21 st July	Last day of term for the children - terms ends at 12:30pm
Wednesday 22 nd July	Training Day

Weekly Attendance

Class	% Attendance W/C – 6 th July 2026	% Attendance 03.09.25 – 10.07.26	Year Group Attendance % 03.09.25 – 10.07.26
Ash	96.7	95.1	
Oak	94.8	96.6	
Willow	94.4	94.9	
Year 3	-	-	95.5
Beech	94.6	96.2	
Elm	93	94.1	
Maple	99	96.8	
Year 4	-	-	95.8
Birch	94	95.3	
Yew	94	95.2	
Year 5	-	-	95.2
Juniper	89.3	96.1	
Pine	90	95.3	
Poplar	88.4	96.1	
Year 6	-	-	95.8
Totals	93.2	95.6	95.6

Contacting us

Contacting class teachers	Willow	Miss Atkinson	willow@whiteheath-jun.hillingdon.sch.uk
	Ash	Mrs Garland/ Mrs Robert	ash@whiteheath-jun.hillingdon.sch.uk
	Oak	Miss Malone	oak@whiteheath-jun.hillingdon.sch.uk
	Maple	Mrs Mendez	maple@whiteheath-jun.hillingdon.sch.uk
	Beech	Miss Cook	beech@whiteheath-jun.hillingdon.sch.uk
	Elm	Mr Lewington	elm@whiteheath-jun.hillingdon.sch.uk
	Yew	Ms Prioli	yew@whiteheath-jun.hillingdon.sch.uk
	Birch	Miss Bryant	birch@whiteheath-jun.hillingdon.sch.uk
	Poplar	Miss Lawrence	poplar@whiteheath-jun.hillingdon.sch.uk
	Pine	Miss Jackman	pine@whiteheath-jun.hillingdon.sch.uk
	Juniper	Mr Goodchild	juniper@whiteheath-jun.hillingdon.sch.uk
	Years 5 & 6 maths sets	Miss Wells	maths56@whiteheath-jun.hillingdon.sch.uk



General enquiries	office@whiteheath-jun.hillingdon.sch.uk
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk
Safeguarding concerns - dsl@whiteheath-jun.hillingdon.sch.uk Whiteheath Junior School is a safe space for any child or adult to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Ms Kenny and Mrs Padley), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.	
If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).	

Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit: <https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects of online safety, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

MANAGING DIGITAL BOUNDARIES FOR CHILDREN UNDER FIVE

Screens are part of everyday life, but they should not take over early childhood routines. For under-fives, healthy digital habits are built through simple, steady boundaries that protect sleep, play, connection, and development. Current UK guidance advises avoiding screen time for children under two – except for shared activities such as video calls – while children aged two to five should ideally have no more than one hour a day.

- 1 ASK A GROWN-UP FIRST**
For under-fives, autonomy is important, but not when it comes to choosing digital content. Establish on 'ask a grown-up first' rule early, whether at home or in an early years setting. Adults should choose the video, app, or game, therefore helping children avoid unsuitable content and understand that devices are tools to be guided, not toys to be controlled.
- 2 PROTECT SLEEP BUFFERS**
Screens can make it harder for young children to wind down, especially when content is engaging, noisy, or fast-paced. Aim for a screen-free hour before sleep or start with 30 minutes if that feels more realistic. Use this time for calming routines such as stories, bath time, quiet play, or cuddles, helping children recognise that bedtime is approaching.
- 3 CO-VIEW AND CHAT**
Screen time is safer and more meaningful when adults are involved. Sit with children, watch briefly, and talk about what they're watching. Ask simple questions like, "What can you see?" or "How does that character feel?" This turns passive viewing into shared interaction, supports language development, and helps adults spot adverts, unsuitable content, or confusing messages.
- 4 KEEP DEVICES HIDDEN**
Young children are more likely to ask for screens when they can see or reach them. Keep devices out of sight when they're not being used, and consider cording content to a shared screen instead of handing over a phone or tablet for a child. This reduces private scrolling, supports shared viewing, and helps adults stay in control of what appears next.
- 5 PLAN THE TRANSITION**
The hardest part of screen time is often stopping. Before the screen goes off, tell the child which's coming next and offer two acceptable choices, such as blocks or drawing. This gives them a sense of agency without removing the boundary. A planned next activity prevents a sudden gap, which can quickly become frustration or distress.
- 6 LEAD BY EXAMPLE**
Children notice adult habits long before they understand adult explanations. If they're expected to put their screens away, they need to see adults doing the same thing during mealtimes, play, and conversations. Create a shared 'phone home', such as a basket or shelf, to show that technology has a place in daily life but does not need constant attention.
- 7 MAKE SCREENS PREDICTABLE**
Young children do not always understand minutes, but they quickly learn patterns. When screen time happens at a regular point in the day, it becomes a routine rather than a negotiation. Use the same start and finish signals each time, such as a timer, goodbye wave, or tidy-away moment, so children know what to expect next.
- 8 CREATE SCREEN ZONES**
Physical boundaries help children understand digital boundaries. Keep screens out of bedrooms to protect their sleep and away from tables to preserve mealtimes connections. Choose one agreed 'yes space', such as a shared living room area or supervised classroom corner. This makes limits feel less personal and more like a clear family or setting routine.
- 9 USE SIMPLE SCRIPTS**
Transitions are easier when children hear the same calm language each time. Use short, repeatable phrases such as, "First tidy, then tablet," or "When this timer beeps, we stop." Avoid long explanations during emotional moments. Simple scripts reduce negotiation, help adults stay consistent, and give children clear expectations they can gradually understand and follow.
- 10 PRIORITISE SLOW CONTENT**
Fast or screen time feels the same to a young child's brain: fast-paced clips, loud sounds, and rapid scene changes can make it harder for some children to settle down afterwards. Choose slower content with simple stories, gentle voices, and natural pauses. Think of digital content like food, with more calm, nourishing choices than fast-paced, digital 'sugar rushes'.

Meet Our Expert
Neha Agarwal is the founder of Cyber Vet Kids, an innovative educational initiative that transforms complex cybersecurity concepts into engaging, age-appropriate adventures for children aged 2-8. With her unique background leading cybersecurity services for corporates and serving as an expert panel advisor on internet matters, Neha brings corporate-grade cybersecurity expertise to the early years world.

See full resources on our website

[@wake_up_weds](https://twitter.com/wake_up_weds)
www.thenationalcollege.com
[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)
[@wake.up.weds](https://www.tiktok.com/@wake.up.weds)

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Community info/events



This summer, Holiday HQ returns to our school, delivered by Junior Adventures Group (JAG).

 **22 July – 2 September**

 **Ages 4-11**

 [Check out What's On!](#)

 [Register/Book Now!](#)

 **Have any questions?**

 0333 577 1533

 hello@junioradventuresgroup.co.uk

FUTUNITY UK

SUMMER CAMP

SCAN TO BOOK YOUR PLACE!

OR VISIT: futuraity-uk.classforkids.io/camps

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BUILD STRENGTH, FLEXIBILITY & CONFIDENCE
- ARTS & CRAFTS**
GET CREATIVE AND MAKE SOMETHING AMAZING
- GAMES**
TEAM GAMES, CHALLENGES AND LOADS OF FUN!

AGES 5-12 YEARS

9AM - 4PM EACH DAY

WEEK 1					WEEK 2				
27TH JULY - 31ST JULY					3RD AUGUST - 7TH AUGUST				
MON	TUE	WED	THU	FRI	MON	TUE	WED	THU	FRI

LOCATION
OAKWOOD SCHOOL,
SUTTON CT RD,
UXBRIDGE, UB10 9HT

WHAT TO EXPECT

- FUN, SAFE & INCLUSIVE ENVIRONMENT
- EXPERT COACHES
- MAKE FRIENDS & BUILD CONFIDENCE

FOLLOW US

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BOOK YOUR PLACE TODAY!

07525 900428 | admin@futuraityuk.com

WWW.FUTUNITYUK.COM

Have a lovely weekend everyone,

M Kenny,
Headteacher

