



# WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

## Whole School Newsletter

Newsletter No: 25

Friday 24th April, 2026.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

### REMINDER - PTA DISCOS NEXT WEEK

- Please remember to purchase your tickets
- Year 3&4 3:45 – 4:50pm, (they will need to bring their disco clothes in a bag and the class teacher s will get them ready for the disco)
- Years 5&6 5pm – 6:10pm (they will arrive in disco clothes)

### WHITEHEATH KINDNESS AWARD



This award is given to one child from each class on a regular basis to acknowledge their acts of kindness.

The celebrated children will have their photos displayed on our Whiteheath Wall of Kindness.

Here are the today's winners:

Oak - Kayah, Willow - Sofia, Ash – Alyssa, Maple - Jack, Elm - Asiya, Beech – Tia, Birch - Imogen, Yew - Manrai, Poplar - Isla, Pine - Harris, Juniper - Kelsey.

### MUSIC OPPORTUNITIES IN THE SCHOOL

#### ORCHESTRA

Orchestra resumed their rehearsals on Thursday afternoon - it was great to see some returning faces as well as some new ones. One of the best parts about playing a musical instrument is coming together with other musicians and working on pieces of music to share with others. Playing as part of a group develops vital skills musicians need, such as listening to each other, but more importantly, should be fun!

Over the coming weeks, orchestra will be working on several pieces which we look forward to sharing with you and the rest of the school during the music ensemble later this term - Tuesday 14th July. The music ensemble gives soloists a chance to share what they have been working on and gives choir the opportunity to perform what they have been rehearsing.



### YEAR 3 UKULELE

Our Year 3 children had their first ukulele lesson this week - they were very excited about learning a new instrument! These lessons are provided by Hillingdon Music Service and give our children the opportunity to develop their understanding of musical notation. Betsy in Willow said, 'I enjoyed the actions to the song and being able to get up and move.' Hasan said, 'I liked that the lesson was active and we got to move a lot which helped me learn' and Liyana said, 'I liked the beat of the song.' We are looking forward to hearing how the Year 3's musical talent progresses!

### MUSIC/DRAMA OPPORTUNITY IN THE COMMUNITY

We're excited to share a wonderful opportunity for young performers in our community!

Hillingdon Musical Society are currently preparing for their upcoming production of *Disney's Frozen*, and they are looking for children to join the cast. This is a fantastic chance for young people to get involved in theatre, build confidence, make new friends, and experience the magic of being part of a live musical production.

If your child is interested in taking part or you would like more information about auditions and rehearsals, please get in touch directly with the society at: [hillingdonmusicalsociety@gmail.com](mailto:hillingdonmusicalsociety@gmail.com)



**HILLS**  
Hillingdon Musical Society

Disney  
**FROZEN**  
THE WEST END MUSICAL

**JOIN US FOR AN AMAZING  
DISNEY ADVENTURE!**

**Childrens Launch Night**  
*28<sup>th</sup> April at 7pm*

**Childrens Audition**  
*5<sup>th</sup> May at 6pm*

**23rd -26<sup>th</sup> SEPTEMBER 2026**  
**WINSTON CHURCHILL THEATRE**



# Reminders

## PARENT/CARER CURRICULUM WORKSHOPS

We have had several workshops this year. The date/time of the workshops this term (ones that have been rescheduled are in red)

- **Summer 1 - Spelling – 21<sup>st</sup> April 9am 10am – rescheduled to 14<sup>th</sup> May at 2pm**
- Summer 1 – Behaviour Policy and Behaviour Curriculum – 19<sup>th</sup> May 9 -10am
- Summer 2 – Computing/Online Safety - Wednesday 10th June 9:00 - 10:00am
- Summer 2 - Oracy – Monday 22<sup>nd</sup> June – 2 – 3pm

All parents/carers are welcome to attend - booking details will be sent out for each workshop in due course.



## Merit Assembly

Class of the Week – Oak, Pine and Birch

### Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Sofia, Lilly-Mae, Luke	Theo, Jena, Razvan	Jack, Amelia	Ruby, Gloria, Vivienne

### House Points

Hampton	Windsor	London	Westminster
10	50	10	40

## Payment/deadline Dates

### OUTSTANDING PAYMENTS DUE

Payment
Year 6 IOW residential
D & T resources for the year

### UPCOMING PAYMENTS

Payment	Date due
PTA discos	23 <sup>rd</sup> April



# SUMMER TERM DATES

Saturday 25 <sup>th</sup> April	Cross Country TCS Mini Marathon
W/b 27 <sup>th</sup> April	Mini Marathons in classes
Monday 27 <sup>th</sup> April	School Council visit to Houses of Parliament
Thursday 30 <sup>th</sup> April	PTA discos – Year 3&4 3:45 – 4:50pm, Years 5&6 5pm – 6:10pm
Friday 1 <sup>st</sup> May	Year 4 Local visit
<b>Monday 4<sup>th</sup> May</b>	<b>BANK HOLIDAY</b>
Wednesday 6 <sup>th</sup> May	Cross Country Competition
Thursday 7 <sup>th</sup> May	Selected children -inter school Spelling Bee competition
Friday 8 <sup>th</sup> May	Year 4 assembly to school 9:30am
Friday 8 <sup>th</sup> May	Year 4 assembly to parents/carers 2:30pm
Week beg 11 <sup>th</sup> May	Year 6 KS2 SATs Week/ Year 5 Kingswood Residential Journey
Wednesday 13 <sup>th</sup> May	Mixed Tennis Competition
<b>Thursday 14<sup>th</sup> May</b>	<b>Parent/carers workshop – Spelling</b>
Tuesday 19 <sup>th</sup> May	Parent/carers workshop – Behaviour Policy
Wednesday 20 <sup>th</sup> May	Maths Morning
Thursday 21 <sup>st</sup> May	School class/group photographs
<b>HALF TERM WEEK MONDAY 25<sup>TH</sup> MAY – FRIDAY 29<sup>TH</sup> MAY</b>	
Monday 1 <sup>st</sup> June	Children return
Wednesday 3 <sup>rd</sup> June	Girls' Cricket Competition
Monday 8 <sup>th</sup> June	TfL workshop for Year 6 – moving onto secondary school
Wednesday 10 <sup>th</sup> June	Parent/carers workshop – Computing and Online Safety
Wednesday 10 <sup>th</sup> June	Best Cricket Competition
Thursday 11 <sup>th</sup> June	Isle of Wight meeting for parents/carers – 3:40pm – 4:15pm
Friday 12 <sup>th</sup> June	Joint Picnic with the Infant & Nursery School
Monday 15 <sup>th</sup> June	Year 5 swimming – 2-week block – Yew class
Monday 22 <sup>nd</sup> June	Parent/carers workshop – Oracy – 2-3pm
Tuesday 23 <sup>rd</sup> June	Year 2 Transfer Meeting
Thursday 25 <sup>th</sup> June	Open Evening – 3:35 – 4:30pm
Friday 26 <sup>th</sup> June	Sports Day morning
Monday 29 <sup>th</sup> June	Year 5 swimming – 2-week block – Birch class
Monday 29 <sup>th</sup> June	Year 6 dress rehearsal to the school
Tuesday 30 <sup>th</sup> June	'Meet your new teacher' event 9:15-10:30am
Tuesday 30 <sup>th</sup> June	Year 6 Leavers' Performance 6pm
Thursday 2 <sup>nd</sup> July	Year 6 Leavers' Performance 6pm
Thursday 2 <sup>nd</sup> July	British Values Day
Friday 3 <sup>rd</sup> July	Sports Day morning reserve
Week beg 6 <sup>th</sup> July	Year 6 Isle of Wight Residential Journey
W/b 13 <sup>th</sup> July	Whole School Sports Week
Monday 13 <sup>th</sup> July	Whole School Empathy Day
Monday 13 <sup>th</sup> July	Year 6 Sorted Workshop
Tuesday 14 <sup>th</sup> July	Year 6 Kiss Workshop
Tuesday 14 <sup>th</sup> July	Music Ensemble to school am & to and parents/carers 5:30pm
Wednesday 15 <sup>th</sup> July	End of Year reports out to parents/carers
Thursday 16 <sup>th</sup> July	PTA Summer Fayre 3:30 – 5:30pm
Monday 20 <sup>th</sup> July	Year 6 BBQ and disco 5:00 – 7:00pm
Tuesday 21 <sup>st</sup> July	<b>Last day of term for the children - terms ends at 12:30pm</b>
Wednesday 22 <sup>nd</sup> July	Training Day



# Weekly Attendance

Class	% Attendance W/C – 20th Apr 2026	% Attendance 03.09.25 – 24.04.26	Year Group Attendance % 03.09.25 – 24.04.26
Ash	96.3	94.8	
Oak	99.2	96.6	
Willow	97.5	94.7	
<b>Year 3</b>	-	-	95.4
Beech	97.8	96.6	
Elm	96.0	94.5	
Maple	97.6	96.5	
<b>Year 4</b>	-	-	95.9
Birch	98.1	95.3	
Yew	94.4	94.9	
<b>Year 5</b>	-	-	95.1
Juniper	95.2	96.4	
Pine	98.6	96.1	
Poplar	98.5	96.1	
<b>Year 6</b>	-	-	96.2
<b>Totals</b>	<b>97.2</b>	<b>95.7</b>	<b>95.7</b>

## Contacting us

<b>Contacting class teachers</b>	Willow Ash  Oak Maple Beech Elm Yew Birch Poplar Pine Juniper Years 5 & 6 maths sets	Miss Atkinson Mrs Garland/ Mrs Robert Miss Malone Mrs Mendez Miss Cook Mr Lewington Ms Prioli Miss Bryant Miss Lawrence Miss Jackman Mr Goodchild Miss Wells	willow@whiteheath-jun.hillingdon.sch.uk ash@whiteheath-jun.hillingdon.sch.uk  oak@whiteheath-jun.hillingdon.sch.uk maple@whiteheath-jun.hillingdon.sch.uk beech@whiteheath-jun.hillingdon.sch.uk elm@whiteheath-jun.hillingdon.sch.uk yew@whiteheath-jun.hillingdon.sch.uk birch@whiteheath-jun.hillingdon.sch.uk poplar@whiteheath-jun.hillingdon.sch.uk pine@whiteheath-jun.hillingdon.sch.uk juniper@whiteheath-jun.hillingdon.sch.uk maths56@whiteheath-jun.hillingdon.sch.uk
<b>General enquiries</b>	<a href="mailto:office@whiteheath-jun.hillingdon.sch.uk">office@whiteheath-jun.hillingdon.sch.uk</a>		
<b>Welfare/reporting your child's absence</b>	<a href="mailto:welfare@whiteheath-jun.hillingdon.sch.uk">welfare@whiteheath-jun.hillingdon.sch.uk</a>		
<b>Safeguarding concerns - <a href="mailto:dsl@whiteheath-jun.hillingdon.sch.uk">dsl@whiteheath-jun.hillingdon.sch.uk</a></b>			
Whiteheath Junior School is a safe space for <b>any child or adult</b> to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above <a href="mailto:dsl@whiteheath-jun.hillingdon.sch.uk">dsl@whiteheath-jun.hillingdon.sch.uk</a> - this is a confidential email address only read by the safeguarding leads.			
If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).			



# Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit: <https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

## Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects of online safety, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

### What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK – and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**  
Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.
- 2. AVOID THE MAIN FEEDS**  
Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.
- 3. DISCUSS WHAT THEY'VE SEEN**  
Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds. If alarm bells ring, it could be time for a more in-depth talk or to seek support.
- 4. LEARN HOW TO HIDE CONTENT**  
If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.
- 5. SET DAILY LIMITS**  
Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces. Involving your child in creating this agreement makes them more likely to stick to it.
- 6. MONITOR THEIR ACTIVITY**  
Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.
- 7. TURN OFF PUSH NOTIFICATIONS**  
Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.
- 8. USE DEVICES TOGETHER**  
Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.
- 9. ENCOURAGE OTHER ACTIVITIES**  
Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.
- 10. TALK ABOUT PEER PRESSURE**  
Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

**Meet Our Expert**  
Shazia Sarwar- Adim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.

**NOS National Online Safety**  
#WakeUpWednesday

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.11.2022



# Community info/events

## WHITEHEATH INFANT & NURSERY SCHOOL 2026 MAY FAYRE FAMILY FUN

PRICE  
FROZEN  
FOR 4  
YEARS



KIDS WRISTBANDS

£7.00

ADULT ENTRY

£3.00

Great Food & Drink

BBQ  
Pizza  
Fish & Chips  
Ice Cream  
Adults Bar!



UNLIMITED TURNS!  
FAIRGROUND RIDES  
BOUNCY CASTLE  
FAIR GAMES  
INFLATABLE SLIDE  
PETTING ZOO

TOMBOLA  
MARKET STALLS  
PLANT SALE  
RAFFLE  
DJ!  
SCHOOL CHOIR

Tickets



...OR ON THE GATE!  
£10 Kids Wristband  
£4 Adult Entry

SATURDAY 9TH MAY  
11AM - 3PM

LADYGATE LANE, RUISLIP.



Follow us for updates  
and future events



# FIRST TOUCH FOOTBALL



**SATURDAY MORNING FOOTBALL SESSIONS  
DELIVERED BY THE PSD ACADEMY  
FOR CHILDREN AGED 4 - 11**

**A MIX OF FOOTBALL  
FUNDAMENTALS AND  
SKILLS DEVELOPMENT  
FOR PLAYERS OF ALL  
ABILITIES TO DEVELOP  
CONFIDENCE AND  
INSPIRE THE NEXT  
STEPS ON THEIR  
FOOTBALLING  
JOURNEY.**

SCAN TO BOOK



**UNDER 5'S - UNDER 7'S  
CHILDREN IN  
RECEPTION - YEAR 2  
SATURDAY MORNINGS  
9AM - 10AM  
£6 PER SESSION**

**UNDER 8'S - UNDER 11'S  
CHILDREN IN YEARS  
3- 6  
SATURDAY MORNINGS  
10AM - 11AM  
£6 PER SESSION**

**WHITEHEATH JUNIOR SCHOOL  
WHITEHEATH AVENUE, RUISLIP, HA4 7PR**

**BOOK ONLINE: [WWW.THEPSDGROUP.ORG.UK/ACADEMY](http://WWW.THEPSDGROUP.ORG.UK/ACADEMY)**

**academy@thepsdgroup.org.uk 0203 397 7409 @thepsdgroupuk**

**PLAY | SUCCEED | DEVELOP**






## May half-term holiday camp at our school

The World Cup is coming — and this May half-term, Holiday HQ brings that excitement to life with a **high-energy, multi-activity holiday club** at our school. It's not about standing in lines or repetitive drills. Instead, children take part in a four-day celebration filled with creative challenges, fast-paced games, teamwork and play — all inspired by one of the biggest sporting events in the world.

This May half-term, **Holiday HQ** returns to our school, delivered by **Junior Adventures Group (JAG)**.








 **Tuesday 26 – Friday 29 May**

 [Check out What's On!](#)

 [Register/Book Now!](#)

### Holiday HQ: World Cup Challenge

During the holidays, children will:

-  Create team names, flags and anthems to kick off the week
-  Take part in striker, defender and goalkeeper skill challenges
-  Design and build their own World Cup trophy
-  Compete in quizzes, team missions and problem-solving games
-  Design football shirts, bottles and flipbooks to take home
-  Play matches, footgolf and high-energy team games
-  Finish the week with finals day, celebrations and awards

Every day combines **movement, creativity and teamwork**, with activities tailored so younger children feel supported while older children enjoy greater independence, challenge and leadership.

Children come home **happily tired**, proud of what they've achieved — often already asking about the next day.

### What this means for families



- ✓ Safe, structured days delivered by experienced, DBS-checked staff
- ✓ Ofsted-registered holiday childcare you can trust
- ✓ A convenient, familiar school setting
- ✓ Full and half-day options — book only the days you need
- ✓ 48-hour cancellation policy if plans change
- ✓ Tax-Free Childcare accepted

For parents, it means dependable holiday cover and a calmer, more organised half-term — without disrupting work or existing routines.

### Book early and save

#### **Early bird discount – Save 10%**

Book by Sunday May 10 using code **JOININ10** at checkout

#### **Sibling discount – Save 10%**

Automatically applied when booking more than one child

#### **Multi-day booking discount – Save 4%**

Applied when booking four days or more within the same week


All eligible discounts are combined automatically at checkout.

Parents can view session times, prices and availability online.

 [Find our school club](#)

### Active days for them. An easier week for you.

#### **Have any questions?**

 0333 577 1533

 [hello@junioradventuresgroup.co.uk](mailto:hello@junioradventuresgroup.co.uk)

Have a nice weekend,

**M Kenny,**  
**Headteacher**

