



# WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

## Whole School Newsletter

Newsletter No: 24

Friday 20th March, 2026.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the school **website** along with our **'year group pages'** (under the **'News and Events'** section on the website). Please check your emails regularly as this is our main form of communication with you.

### SCIENCE WEEK

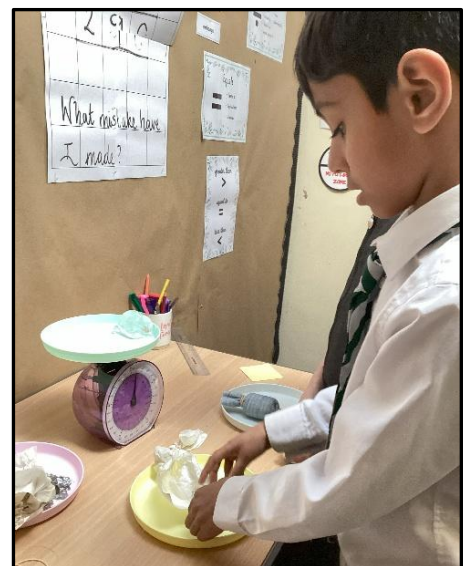
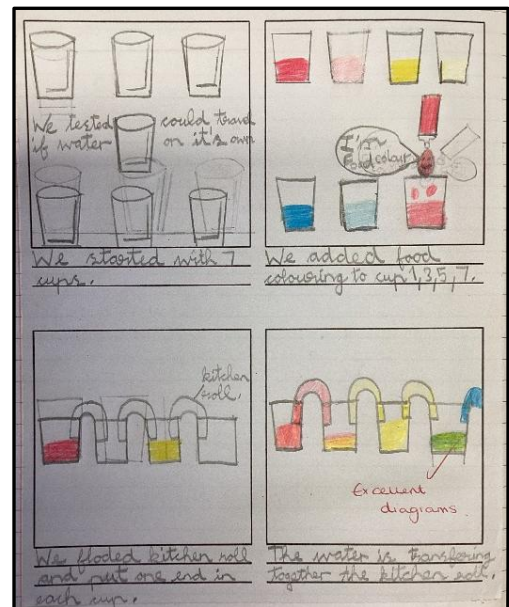
This week, the children have enjoyed celebrating British Science Week. This year's theme, **Curiosity: What's your question?** has meant the children have taken part in engaging investigations, asked thoughtful questions, and develop their scientific curiosity.

We kicked off the week with a whole school assembly where the children were introduced to oobleck – a mysterious, liquid defying substance made from cornflour and water that immediately sparked their curiosity.

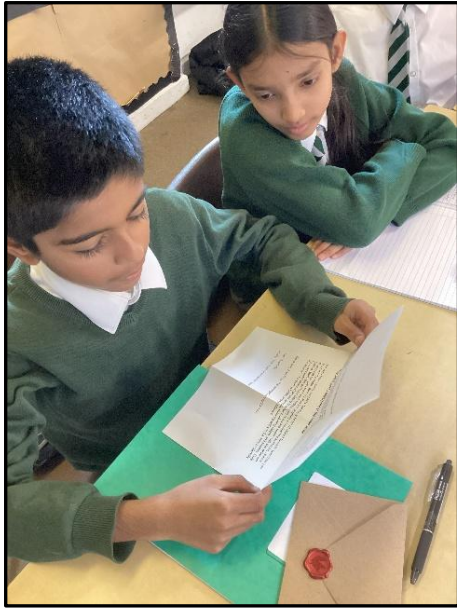


We also explored the work of inspirational scientists and discussed how the questions they asked changed the world. The children learnt that every scientific discovery starts with a question.

Inspired by this year's theme, the children spent time thinking of their own scientific questions about the world around them.



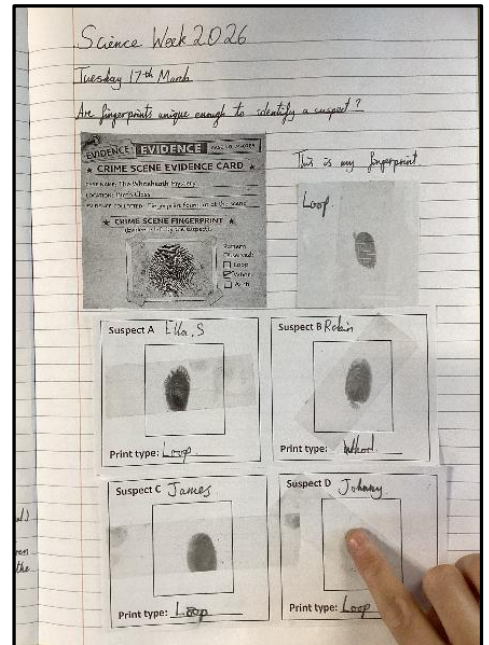
The Curiosity Box filled up very quickly with the children's impressive questions, highlighting the children's enthusiasm for science.



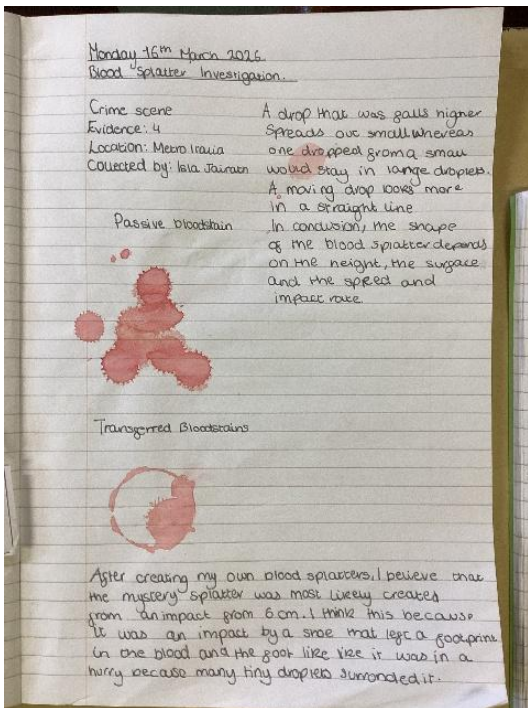
Year 3 enjoyed carrying out a range of investigations to answer some interesting questions:

- Can water move on its own?
- Does toast always land butter side down?
- Which material keeps ice cream frozen the longest?

Year 4 explored whether we can measure a shark's age based on its length, using their own height. They investigated which toothpaste works best and how it works to remove plaque and stains. They then found out which material makes the best hankie when you have a cold.

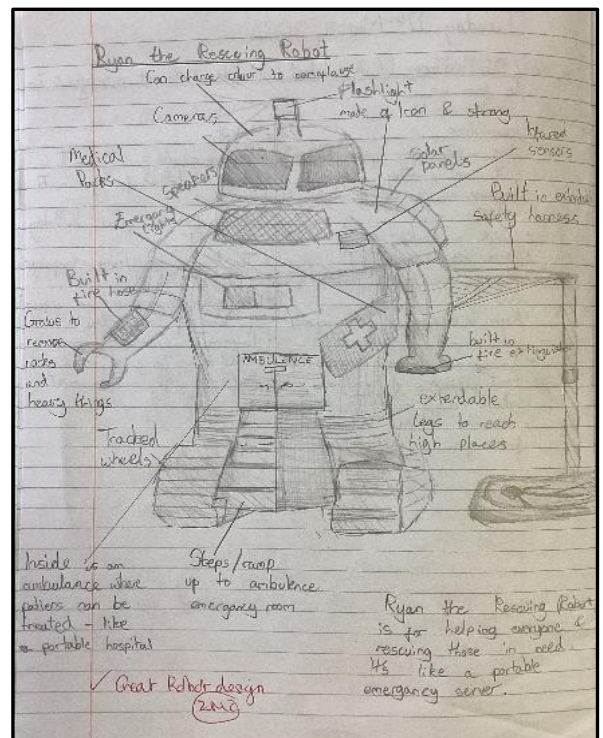


Year 5 and 6 stepped into the role of forensic scientists after receiving letters asking for help with blood splatter analysis and fingerprint investigations. Both year groups also explored the important question: What can we trust robots to do for us?



By the end of this session, they had designed their own robot to support the world around them, including ocean cleaning robots, skyscraper window cleaning robots and farming robots.

I have been so impressed with how the children have immersed themselves into this year's theme and have been blown away by the number of thought-provoking questions that have been asked. Their enthusiasm, creativity and most importantly, their curiosity have demonstrated their eagerness to explore and look after the world around them.



To support with science at home, it would be fantastic for families to continue exploring these questions together.



## British Science Week Poster Competition

We are delighted to be taking part in the British Science Week poster competition. The children are encouraged to create a drawing or poster that answers the question:

### What will a positive future look like for children your age?

There are chances to win prizes in school as well as being entered into the official British Science Week competition.



The posters or drawings can be completed on A4 or A3 paper or card using any materials such as pencils, pens, paint, crayons, or water colours. Thank you to those who have already submitted their entries. I'm looking forward to seeing even more fantastic entries. The deadline to hand these in to Miss Bryant is **Friday 27<sup>th</sup> March.**

## SEND AND PASTORAL PARENT MEETING

Wednesday 25<sup>th</sup> March 2.45pm-3.10pm

This meeting is an opportunity for you to ask any general questions you may have regarding the SEND and Pastoral Support at Whiteheath Junior School and across the borough.

In order to make sure we can answer any questions fully please email them to [sendco@whiteheath-jun.hillingdon.sch.uk](mailto:sendco@whiteheath-jun.hillingdon.sch.uk) before the meeting.

Due to confidentiality, we will not be able to answer any questions specific to your child.

Please email the same address to confirm you will be attending.

We look forward to seeing you at the meeting,

Mrs Manfredi & Mrs Ventin

## Sports News

### C TEAM FOOTBALL MATCH

On Wednesday our Boys C Football team hosted Glebe in a competitive fixture.

The boys were really dominant and started superbly in the first half as they were passing the ball around creating some excellent chances. Not only were they excellent going forward they were also outstanding in defence as Glebe struggled to threaten Whiteheath's goal, however on the stroke of half-time the Glebe striker took a strike which looked destined to reach the top corner but right at the last second Kutay managed to get his fingertips on the ball to direct it to the crossbar with an astonishing one handed side.



It was 0-0 at half time and after the team talk Whiteheath picked up where they had left off and really started to push for that winning goal. 5 minutes were left and Romeo broke free with a wonderful piece of skill and was one on one with the Glebe Goalkeeper.... Time stood still.... Romeo struck the ball with his right foot and it nestled into the back of the net! GOAL to Whiteheath. An excellent and thrilling display from the whole team as Whiteheath won 1-0 against Glebes B team. Well done to all! Mr Newing.



## ASPIRE NETBALL COMPETITION

On Thursday afternoon a selection of girls travelled to Newnham Junior School to take part in the Aspire/Develop Netball competition. The afternoon started with group matches against Belmore and Newnham. The girls were rampant as they won 4-0 in their first game against a good Belmore team.



Ellie scored 3 goals as her shooting was on point. A great start got even better for the girls as they were 1-0 up against Newnham in their second fixture, but Newnham managed to get themselves back into it and won 3-1. The girls then progressed onto another group stage competition against Glebe, Hillside and Breakspear where they managed 2 draws and narrowly lost the other game. A really enjoyable day then finished with a shooting competition where the girls had to get as many in the hoop in 3 minutes... Whiteheath were rampant in finding the hoop and managed 19 goals in the timeframe. The results were in and out of 12 schools the girls came 3<sup>rd</sup>! Huge congratulations to all! Well done! Mr Newing.

## Reminders

### REMINDER - OPTIONAL ONLINE MATHS PARENTS MEETINGS

The optional maths online meetings are taking place during the week beginning Monday 23<sup>rd</sup> March.

**Year 3** maths meetings will be on **Monday 23<sup>rd</sup> March**, 3:50 – 6:00pm

**Year 6** maths meetings will be on **Tuesday 24<sup>th</sup> March**, 3:50 – 6:00pm

**Year 5** maths meetings will be on **Wednesday 12<sup>th</sup> March**, 3:50 – 6:00pm

**Year 4** maths meetings will be on **Thursday 26<sup>th</sup> March**, 3:50 – 6:00pm

**Miss Wells' sets (Year 5 and Year 6)** will be on **Wednesday 25<sup>th</sup> March**, 1:00 – 6:00pm

These five-minute meetings are a chance for you to speak with your child's maths teacher (if your child's maths teacher is different from their class teacher).

### SEND & PASTORAL SESSIONS FOR PARENTS/CARERS

- **Wednesday 25<sup>th</sup> March at 2.45pm**
  - An opportunity to raise your questions related to SEND and Pastoral needs/processes.

Please email your attendance and send through questions you would like to raise ahead of the meetings - [sendco@whiteheath-jun.hillingdon.sch.uk](mailto:sendco@whiteheath-jun.hillingdon.sch.uk)





# Merit Assembly

Class of the Week – Oak

## Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Joseph, Alexandra, Jack	Henry, Kaiyan, Sophie	James, Blake, Dylan	Pauly, Zack, Ruby

## House Points

Hampton	Windsor	London	Westminster
50	10	40	20

# Payment/deadline Dates

## OUTSTANDING PAYMENTS DUE

Payment
D & T resources for the year
Yr 6 SATs books
Yr 5 Mosque trip
Year 6 Journey Outreach
Year 6 Art Canvas
Yr 6 Battle of Britain Bunker trip
Yr 4 Ark Synagogue trip

## UPCOMING PAYMENTS

Payment	Date due
Comic Relief Day donation to wear red	20 <sup>th</sup> March
Isle of Wight residential instalment	31 <sup>st</sup> March
Year 5 alternative week	31 <sup>st</sup> March
Year 6 alternative week	31 <sup>st</sup> March

# Spring Term Dates

Monday 23 <sup>rd</sup> March	Online Maths Parents Meetings – Yr 3
Monday 23 <sup>rd</sup> March	Life Base workshops – Year 4 and 5
Tuesday 24 <sup>th</sup> March	Life Base workshops – Year 3 and 5
Tuesday 24 <sup>th</sup> March	Online Maths Parents Meetings – Yr 6
Tuesday 24 <sup>th</sup> March	Year 4 Synagogue visit
Tuesday 24 <sup>th</sup> March	Year 5/6 District netball competition
Wednesday 25 <sup>th</sup> March	Year 5/6 B team netball competition



Wednesday 25 <sup>th</sup> March	Boys District Football Tournament
Wednesday 25 <sup>th</sup> March	Online Maths Parents Meetings – Yr 5
Wednesday 25 <sup>th</sup> March	SEND/Pastoral session for parents/carers
Thursday 26 <sup>th</sup> March	Online Maths Parents Meetings – Yr 4
Thursday 26 <sup>th</sup> March	Year 6 Maths Challenge
Thursday 26 <sup>th</sup> March	End of term report cards out to parents/carers
Friday 27 <sup>th</sup> March	School breaks up for Easter at 12:30pm

## Weekly Attendance

Class	% Attendance W/C – 16th Mar 2026	% Attendance 03.09.25 – 20.03.26	Year Group Attendance % 03.09.25 – 20.03.26
Ash	95.1	94.2	
Oak	9.69	93.3	
Willow	94.6	88.7	
<b>Year 3</b>	-	-	95.6
Beech	96.3	96.4	
Elm	94.3	90.7	
Maple	96.3	96.7	
<b>Year 4</b>	-	-	95.7
Birch	95.2	92.9	
Yew	94.9	96.0	
<b>Year 5</b>	-	-	95.1
Juniper	96.5	97.4	
Pine	96.3	94.8	
Poplar	96.2	96.9	
<b>Year 6</b>	-	-	96.4
<b>Totals</b>	<b>95.7</b>	<b>94.5</b>	<b>95.7</b>

## Contacting us

<b>Contacting class teachers</b>	Willow	Miss Atkinson	willow@whiteheath-jun.hillingdon.sch.uk
	Ash	Mrs Garland/ Mrs Robert	ash@whiteheath-jun.hillingdon.sch.uk
	Oak	Miss Malone	oak@whiteheath-jun.hillingdon.sch.uk
	Maple	Mrs Mendez	maple@whiteheath-jun.hillingdon.sch.uk
	Beech	Miss Cook	beech@whiteheath-jun.hillingdon.sch.uk
	Elm	Mr Lewington	elm@whiteheath-jun.hillingdon.sch.uk
	Yew	Ms Prioli	yew@whiteheath-jun.hillingdon.sch.uk
	Birch	Miss Bryant	birch@whiteheath-jun.hillingdon.sch.uk
	Poplar	Miss Lawrence	poplar@whiteheath-jun.hillingdon.sch.uk
	Pine	Miss Jackman	pine@whiteheath-jun.hillingdon.sch.uk
	Juniper	Mr Goodchild	juniper@whiteheath-jun.hillingdon.sch.uk
	Years 5 & 6 maths sets	Miss Wells	maths56@whiteheath-jun.hillingdon.sch.uk
<b>General enquiries</b>	<a href="mailto:office@whiteheath-jun.hillingdon.sch.uk">office@whiteheath-jun.hillingdon.sch.uk</a>		
<b>Welfare/reporting your child's absence</b>	<a href="mailto:welfare@whiteheath-jun.hillingdon.sch.uk">welfare@whiteheath-jun.hillingdon.sch.uk</a>		



**Safeguarding concerns - [dsl@whiteheath-jun.hillingdon.sch.uk](mailto:dsl@whiteheath-jun.hillingdon.sch.uk)**

Whiteheath Junior School is a safe space for **any child or adult** to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above [dsl@whiteheath-jun.hillingdon.sch.uk](mailto:dsl@whiteheath-jun.hillingdon.sch.uk) - this is a confidential email address only read by the safeguarding leads.

If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).

## Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit: <https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

### JAG EASTER HOLIDAY CAMP



### Easter holiday camp

 **Monday 30 March – Friday 10 April**

#### Holiday HQ: The Great Outdoors

Across two themed weeks — **Wildlife & Discovery** and **Survival & Adventure** — children aged 4–11 will enjoy screen-free days filled with outdoor adventure, teamwork and hands-on challenges.

#### Save on Easter bookings

 **Early bird discount – Save 10%**

Book by Monday 9 March 2026 using code **OUTDOOR10** at checkout.

 **Sibling discount – Save 10%**

Automatically applied when booking more than one child.

 **Multi-day booking discount – Save 4%**

Book four days or more within the same week.

All eligible discounts are combined automatically at checkout.

Parents can view session details, times, prices and booking options online.

 [Find our school club](#)



Structured days for them. Peace of mind for you.

Have any questions?

0333 577 1533

hello@junioradventuresgroup.co.uk

# Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects of online safety, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

## What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

### WHAT ARE THE RISKS?

- ALGORITHMIC EXPOSURE**  
Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.
- WEAPONS AND CRIMINAL RISK**  
Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.
- SHARING VIOLENT CONTENT**  
Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.
- FEAR, ANXIETY, AND MARGINALISATION**  
Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glorify gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.
- AVOIDANCE AND ISOLATION**  
Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

### Advice for Parents & Educators

- STAY INFORMED**  
Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.
- DISCUSS SOCIAL MEDIA**  
Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as [reportharmfulcontent.com](http://reportharmfulcontent.com).
- TALK CRIME AND SAFETY**  
In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means the law can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.
- ENCOURAGE POSITIVE ACTION**  
Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via [childline.org.uk](http://childline.org.uk).

Meet Our Expert  
Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.

#WakeUpWednesday  
The National College

See full reference list on our website

@wake\_up\_weds /www.thenationalcollege @wake.up.wednesday @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.03.2026



# Community News/Information



2026

## EASTER CAMP

### ACTIVITIES

- Dance ●
- Gymnastics ●
- Games ●
- Arts & Crafts ●
- Easter Egg Hunt ●



**BOOK HERE**

<https://futunity-uk.classforkids.io/camp/2>



**MONDAY 30<sup>TH</sup> MARCH  
THURSDAY 2<sup>ND</sup> APRIL**

**9.00AM – 4.00PM**

Oakwood School  
Sutton Court Rd, Hillingdon,  
UB10 9HT

Contact Us:

[admin@futunityuk.com](mailto:admin@futunityuk.com)

07525 900428



# SWIMMING CRASH COURSES

HIGHGROVE POOL & FITNESS CENTRE



MONDAY 30TH MARCH - THURSDAY 2ND APRIL  
TUESDAY 7TH APRIL - FRIDAY 10TH APRIL

## 30.03 MONDAY - 02.04 THURSDAY

JUNIOR FOUNDATION NON-SWIMMER

Recommended for new swimmers and those in Red.

09:30-10:30

JUNIOR FOUNDATION TOP-UP

Recommended for swimmers in Amber and Green.

10:30-11:30

INTRO TO DEVELOPMENT NEW OR NEARLY READY

For swimmers in Green who are nearly ready for Bronze and those who have just moved into Bronze.

11:30-12:00

## 07.02 TUESDAY - 10.04 FRIDAY

JUNIOR FOUNDATION NON-SWIMMER

Recommended for new swimmers and those in Red.

09:30-10:30

JUNIOR FOUNDATION TOP-UP

Recommended for swimmers in Amber and Green.

10:30-11:30

INTRO TO DEVELOPMENT NEW OR NEARLY READY

For swimmers in Green who are nearly ready for Bronze and those who have just moved into Bronze.

11:30-12:00



Have a lovely weekend,

M Kenny, Headteacher.

