



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 23

Friday 13th March, 2026.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the school **website** along with our **'year group pages'** (under the **'News and Events'** section on the website). Please check your emails regularly as this is our main form of communication with you.

YEAR 5 TRIP TO THE MOSQUE

On Thursday 5th March, Year 5 enjoyed a memorable trip to a Mosque to complement their RE topic on Islam. The children were exceptionally well behaved and showed great enthusiasm and respect to our hosts and for the rules of the Mosque.



One of the British Values is 'Mutual respect and tolerance – promoting respect for those with different faiths, beliefs, and background, fostering an understanding of diverse cultures'. This is why our Mosque trip in year 5 is so very important, so the children learn about religions that are part of our school and wider community.

During our visit and throughout our learning in class, it has been a joy to see the children connect with each other and learn and appreciate shared values that cross all religions and faiths.

'I was feeling excited as I've never been to a Mosque before and I wanted to see what it was like.' (Raani - Yew)

At the Mosque, the Iman spoke to the children about all aspects of the Muslim faith. The children impressed both us and the Iman with their knowledge and insightful questioning. They were intrigued by the building itself, the prayer rooms and the Arabic language and were also appreciative of the welcome they received from the dedicated group who were our guides.





'We learnt about the five pillars, what Muslims believe in and what they do when they pray. We asked a lot of questions and had lots of fun.' (Isla - Yew)

'In the first room, we learnt about the Hijab and were told that women and girls can choose whether or not they wear one. I had a lot of fun that day and I really enjoyed it.' Ella (Birch)

The staff in the Mosque were delighted to hear that both the children and adults enjoyed the visit. Our children were very respectful, as always. Year 5 Team.

BIG WALK AND WHEEL WEEK NEXT WEEK

Next week, from Monday 16 March to Friday 20 March, the school will be taking part in a Walk and Wheel Challenge.

Many of our pupils already walk or cycle to school, and we would like to see how many more children can do this next week.

The week aims to encourage healthy travel habits, support the environment, and help reduce noise and traffic around the school at the start and end of the day.

Throughout the week, pupils will be awarded points each day they walk or cycle to school. These points will contribute to the overall challenge and help celebrate the efforts of our school community.

We would greatly appreciate your support in encouraging your child to walk or cycle to school during the challenge week wherever possible.



COMIC RELIEF DAY- FRIDAY 20TH MARCH

Friday 20th March is Comic Relief Day and we will be raising money to help poor and disadvantaged in the UK and around the world.

To raise money the children can come to school dressed in red, but please, no football kits. If children do not wish to wear red, they will need to come dressed in school uniform, however, we do hope that you will all embrace this worthy cause and encourage your children to wear RED, RED and more, RED!

Donations of £2 can be made via your SchoolMoney account. This year, the top 3 classes who raise the most money will have an extra playtime!

Thank you for your support.

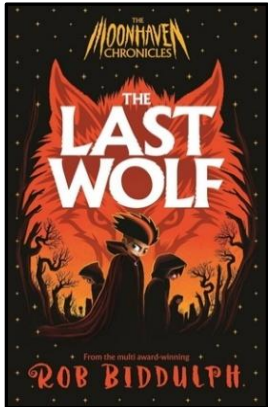
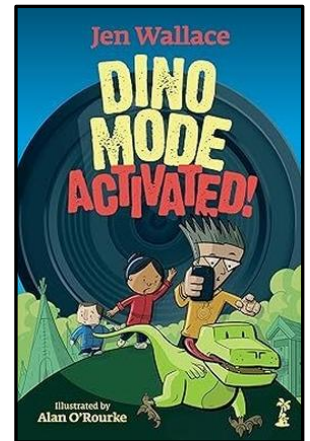


BOOKS THAT BOOK TRUST LOVE THIS MONTH

Each month, Book Trust reviews dozens of children's books. Below are their favourites for March 2026. We hope these are books that your child will enjoy but please check these are suitable for your child as these are only recommendations.

Dino Mode Activated! by Jen Wallace, illustrated by Alan O'Rourke

Oleg's ambition is to become an awesome internet sensation, so he's thrilled when Mum buys him a deluxe, intuitive camera. There are no user instructions in the box or buttons on the device, but the camera seems to know exactly what Oleg needs it to do.

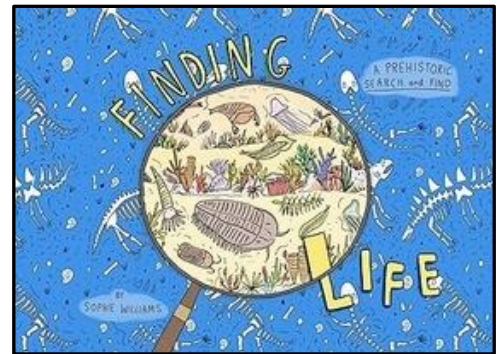


The Last Wolf Author-Illustrator Rob Biddulph

Jax and Jovi are twins living in Moonhaven, a land somewhat like ours except that werewolves are real, although up until the start of the story not seen for many years. Their parents are scientists who have been seconded by the government to do secret research into the werewolf gene – but it feels almost like they've been kidnapped as they haven't been home for 6 months...

Finding Life: A Prehistoric Search and Find Author-Illustrator Sophie Williams

This is a beautifully illustrated and created book, perfect for curious kids who are interested in archaeology or dinosaurs. The text size is quite small and there are, as ever with dinosaur books, many long dino names that even adults would find difficult to pronounce, meaning that this is best suited for upper primary readers.



Sports News

GIRLS' FOOTBALL FIXTURE

On Wednesday afternoon the girls' football team hosted Glebe in a competitive fixture.

Having recently played Glebe in the Brentford Community Trust Tournament the girls knew it would be a tough encounter.

Glebe started brightly and managed to find the back of the net which opened the scoring 1-0 with an excellent finish. Even though



Whiteheath created the more chances, they were unlucky to be going into half-time 1-0.

In the second half, the girls responded superbly and got their reward after Edie scored a magnificent free kick – the ball breezed into the top corner to make it 1-1 and that's how the match finished. This was an outstanding display from all of the girls and one they should be very proud of as they played tremendously well throughout against a strong team and were unlucky not to get the win as they were the dominant team on the day. Well done to all! Mr Newing.



YEAR 4 NETBALL ASPIRE FESTIVAL



Yesterday, a selection of our Year 4 girls attended the Netball Aspire Festival hosted by Evolution Netball at Newnham Junior School.

On what was a very windy afternoon the girls competed in many challenges and activities. The girls competed against other schools looking at their shooting, passing and movement. They were fantastic in all areas of the game but not only that they were having a lot of fun!

Later in afternoon the girls played schools several schools including St Swithun Wells, BWI, Newnham and Heathrow in mini friendly matches and they were fantastic. Well done to all involved! Mr Newing.

Reminders

REMINDER - OPTIONAL ONLINE MATHS PARENTS MEETINGS

The optional maths online meetings are taking place during the week beginning Monday 23rd March.

Year 3 maths meetings will be on **Monday 23rd March**, 3:50 – 6:00pm

Year 6 maths meetings will be on **Tuesday 24th March**, 3:50 – 6:00pm

Year 5 maths meetings will be on **Wednesday 12th March**, 3:50 – 6:00pm

Year 4 maths meetings will be on **Thursday 26th March**, 3:50 – 6:00pm

Miss Wells' sets (Year 5 and Year 6) will be on **Wednesday 25th March**, 1:00 – 6:00pm

These five-minute meetings are a chance for you to speak with your child's maths teacher (if your child's maths teacher is different from their class teacher).

SEND & PASTORAL SESSIONS FOR PARENTS/CARERS

- **Wednesday 25th March at 2.45pm**
 - An opportunity to raise your questions related to SEND and Pastoral needs/processes.

Please email your attendance and send through questions you would like to raise ahead of the meetings - sendco@whiteheath-jun.hillingdon.sch.uk



Merit Assembly

Class of the Week – Maple, Pine and Poplar

Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Rosa, Lucy, Liana, Blair	Leon, Anushka, Olivia	Sadaf, Nela	Bea, David, Dua



House Points

Hampton	Windsor	London	Westminster
40	40	20	10

Payment/deadline Dates

OUTSTANDING PAYMENTS DUE

Payment
Year 6 alternative week
Year 5 alternative week
D & T resources for the year
Yr 6 SATs books
Yr 5 Mosque trip
Year 6 Journey Outreach
Year 6 Art Canvas
Yr 6 Battle of Britain Bunker trip
Yr 4 Ark Synagogue trip

UPCOMING PAYMENTS

Payment	Date due
Comic Relief Day donation to wear red	20 th March

Spring Term Dates

Tuesday 17 th March	Yr 3 Church visit
Thursday 19 th March	Yr 5/6 Development Netball Festival
Friday 20 th March	Comic Relief Day
Monday 23 rd March	Online Maths Parents Meetings – Yr 3
Monday 23 rd March	Life Base workshops – Year 4 and 5
Tuesday 24 th March	Life Base workshops – Year 3 and 5
Tuesday 24 th March	Online Maths Parents Meetings – Yr 6
Tuesday 24 th March	Year 4 Synagogue visit
Tuesday 24 th March	Year 5/6 District netball competition
Wednesday 25 th March	Year 5/6 B team netball competition
Wednesday 25th March	Boys District Football Tournament
Wednesday 25 th March	Online Maths Parents Meetings – Yr 5
Wednesday 25 th March	SEND/Pastoral session for parents/carers
Thursday 26 th March	Online Maths Parents Meetings – Yr 4
Thursday 26 th March	Year 6 Maths Challenge
Thursday 26 th March	End of term report cards out to parents/carers
Friday 27th March	School breaks up for Easter at 12:30pm



Weekly Attendance

Class	% Attendance W/C – 9th Mar 2026	% Attendance 03.09.25 – 13.03.26	Year Group Attendance % 03.09.25 – 13.03.26
Ash	94.6	95.1	
Oak	97.1	97	
Willow	94.6	94.9	
Year 3	-	-	95.9
Beech	96.6	96.3	
Elm	94.6	94.5	
Maple	96.9	96.3	
Year 4	-	-	95.8
Birch	95.1	95.3	
Yew	94.9	94.8	
Year 5	-	-	95.1
Juniper	96.6	96.6	
Pine	96.8	96.4	
Poplar	96.3	96.2	
Year 6	-	-	96.4
Totals	95.9	95.8	95.8

Contacting us

Contacting class teachers	Willow Ash Oak Maple Beech Elm Yew Birch Poplar Pine Juniper Years 5 & 6 maths sets	Miss Atkinson Mrs Garland/ Mrs Robert Miss Malone Mrs Mendez Miss Cook Mr Lewington Ms Prioli Miss Bryant Miss Lawrence Miss Jackman Mr Goodchild Miss Wells	willow@whiteheath-jun.hillingdon.sch.uk ash@whiteheath-jun.hillingdon.sch.uk oak@whiteheath-jun.hillingdon.sch.uk maple@whiteheath-jun.hillingdon.sch.uk beech@whiteheath-jun.hillingdon.sch.uk elm@whiteheath-jun.hillingdon.sch.uk yew@whiteheath-jun.hillingdon.sch.uk birch@whiteheath-jun.hillingdon.sch.uk poplar@whiteheath-jun.hillingdon.sch.uk pine@whiteheath-jun.hillingdon.sch.uk juniper@whiteheath-jun.hillingdon.sch.uk maths56@whiteheath-jun.hillingdon.sch.uk
General enquiries	office@whiteheath-jun.hillingdon.sch.uk		
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk		

Safeguarding concerns - dsl@whiteheath-jun.hillingdon.sch.uk

Whiteheath Junior School is a safe space for **any child or adult** to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.

If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).



Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit: <https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

JAG EASTER HOLIDAY CAMP



Easter holiday camp

 **Monday 30 March – Friday 10 April**

Holiday HQ: The Great Outdoors

Across two themed weeks — **Wildlife & Discovery** and **Survival & Adventure** — children aged 4–11 will enjoy screen-free days filled with outdoor adventure, teamwork and hands-on challenges.

Save on Easter bookings

 **Early bird discount – Save 10%**

Book by Monday 9 March 2026 using code **OUTDOOR10** at checkout.

 **Sibling discount – Save 10%**

Automatically applied when booking more than one child.

 **Multi-day booking discount – Save 4%**


Book four days or more within the same week.


All eligible discounts are combined automatically at checkout.

Parents can view session details, times, prices and booking options online.

 [Find our school club](#)

Structured days for them. Peace of mind for you.

 Have any questions?

 0333 577 1533

 hello@junioradventuresgroup.co.uk



Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects of online safety, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

NEXT EPISODE

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching came a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some TV shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website

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/www.thenationalcollege

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Community News/Information



CATERING ASSISTANT WHITEHEATH JUNIOR

We're actively hiring for this role. Could this be the next step in your career?

The Key Details

- 10 hours per week
- £12.71 per hour (from April)
- £5,372 per annum
- Term-time only
- Career Development Opportunities

Our catering staff are at the **heart of what we do**, by joining the team today you're helping make a **BIG difference!**



Start Strong.
Build Your
Future.
**JOIN HCL
TODAY.**

Click [Here](#) to
Apply Today

Have a lovely weekend,

M Kenny,
Headteacher.

