



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 1

Friday 5th September, 2025.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

WELCOME BACK TO A NEW SCHOOL YEAR

Welcome back everyone and welcome to our first newsletter of the year. Event though, it's been a rainy first week, may I say a big thank you to all parents/carers for ensuring that we have a fantastic start to the school year.

A special thank you to our new Year 3 parents who have supported us in settling our new children in the school. Starting the new term and having each child say 'good morning' on the gate is wonderful way to start the day! All children (especially the new Year 3 children) have settled back into school very quickly and are creating a very good impression on the staff.

The children look very smart in their school uniform, thank you for making such an effort with this. Just a reminder - **please name all uniform, especially jumpers and cardigans!**





It is good to be back and we are very much looking forward to working with all of our families. I wrote to you on Wednesday with some initial information ready for the term.

I must stress how important it is that all parents/carers read these newsletters each week. We often have phone calls in the office about information that has been sent out via the newsletters. You will also receive year group newsletters each week with information relevant to your child's year group.

Please see at the end of this newsletter the most recent list of dates. There will be more dates added over the next few weeks and so any new dates will be typed in red so they are clear to see. Dates are included in **every** newsletter, so it is really important that you read the weekly newsletters.



Communication with us - If you have any questions relating to your child in class, please contact your child's class teacher via the home link book or class e-mail. **Class e-mails start with the class name followed by @whiteheath-jun.hillingdon.sch.uk, e.g. yew@whiteheath-jun.hillingdon.sch.uk**

If you have any general 'school' questions or queries, the most effective way to communicate with us would be to contact the school office who would be more than happy to help, either by popping in, telephoning us or writing a quick e-mail. Our office team is Mrs Stonehouse and Miss Aistrop.

Please can we ask that if any of your contact details, contact numbers or email addresses change please let the office know as soon as possible.

In the meantime, if you have any questions or concerns, please do not hesitate to contact us. As always, we look forward to working with you this year and receiving your continued support. Thank you.

YEAR GROUP INFORMATION MEETINGS

Here is a reminder of the dates/times for the Year group meetings for parents/carers next week.

Monday 8th September Welcome to Year 3 meeting 3:40 – 4:15pm

Tuesday 9th September Welcome to Year 4 meeting 3:40 – 4:15pm

Wednesday 10th September Welcome to Year 5 meeting 3:40 – 4:15pm

Thursday 11th September Welcome to Year 6 meeting 3:40 – 4:15pm

These meetings will take place in the hall and will consist of a short presentation (approx. 3.40 – 4.15pm) to inform parents of various aspects of school life in your child's year group.

We understand that some parents may need to bring children with them at the time of the meetings and so we have organised a room with a DVD for them to watch so that parents can attend (this will be in a year 6 classroom). Unfortunately, we will be unable to supervise any children in the playground so they will not be allowed to play outside and must stay in the DVD room.

AUTUMN TERM CURRICULUM MAPS

The Autumn Term Curriculum Maps for your child's year group are now on the school website (in the Key Information - Curriculum section). These outline the focus/topic for each subject this term.

This gives you an overview of the books that they will be reading in English, focus areas in both English and Mathematics for the term and topics to be covered in all other areas of the curriculum.

If you have any queries about any of the topics or areas being covered during the Autumn Term, please do not hesitate to contact your child's teacher.

JEANS FOR GENES



At Whiteheath we do all we can to support people who are less fortunate than ourselves and who are struggling with illness or disability. We try to teach the children tolerance and understanding of everyone's different needs.



This month we are supporting 'Jeans for Genes'. The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic condition and raises money to fund projects that make a tangible difference to the lives of those affected.

We would be very grateful if you could help us raise money for this worthy cause by donating via School Money – in return your child can wear their jeans to school on Friday 19th September. Please note that their top half should be school uniform. If your child does not have a pair of jeans, they should wear full uniform as usual. Many thanks.

Reminders

SCHOOL UNIFORM

We encourage our children to wear school uniform as it removes competition about what to wear, it reminds the children that they are dressed for school (work), and it gives our children an identity and pride in their school. Uniform can be purchased online from:

www.differentclassschoolwear.co.uk

- Cardigan or V- necked pullover – bottle green (with or without logo)
- Grey tunic or skirt or trousers
- White shirt with tie (not white polo shirt)
- Black shoes for ordinary wear (no black trainers or boots)
- White/grey/green/black socks
- Black/grey/green/black tights for the winter
- Grey culottes

Optional summer uniform

- Summer dress - any style in green and white check
- Grey shorts
- Short sleeved white shirt with tie

PE kit

- Plain white T-shirt or school PE polo shirt (with or without school logo)
- Black shorts
- Plimsolls or trainers
- For Games lessons outside, particularly in winter, children should be well wrapped up and tracksuits (with or without school logos) can be worn. Children who play football are expected to wear football boots/shin pads.
- PE bags in their house colour
- PE kits should be in school every day.

In Year 5 the children attend swimming lessons. A swimming costume and a towel and cap are required.

Other

For health and safety reasons, **long hair must be completely tied up**. Small green/black/white/grey (in colours to match the uniform) bows/head bands may be worn.

No razor lines in hair.



Children are allowed to wear a traditional wrist watch (no smart watches with a camera or ability to communicate).

Rings in pierced ears are dangerous - if your child has pierced ears, please wear the small stud type earrings only. All watches and studded earrings must be removed for PE lessons; however, they will not be looked after by the teacher.

Children may change into their trainers at lunchtime so it is beneficial to have them in school every day.

No rucksacks are allowed in school due to lack of space in the school. Children must have a green book bag. Rucksacks are only allowed to be used when carrying a football kit for our sports club or when riding a bike to school.

WRAP AROUND CARE AT WHITEHEATH JUNIOR SCHOOL

Breakfast Club 7:30 – 8:30am

Breakfast Club runs daily at a cost of £5.50 per day. We offer a range of breakfast cereals, toast with jam, marmalade or marmite, with squash or milkshake.

We have a prompt entry time of 7.30am and a second at 8am. The children will be let in at the main school gate by Breakfast Club staff and will go straight to the Breakfast Club building. They remain there until 8.30am when they go to the playground.

Places must be booked in advance via your SchoolMoney account and are payable at time of booking. Numbers are limited.

Junior Adventures Group After School Club 3:30 – 6pm

JAG is able to offer two start times for the children – from the end of the school day 3.30pm or 4.30pm, to allow for those who wish to attend an extra-curricular club first. There are staggered collection times, with the final collection being at 6pm.



Booking Information

To book, please login/create an account and secure your place online at: <https://bookings.junioradventuresgroup.co.uk/Identity/Account/Login>

Please follow the quick step guide below:

- Register a Junior Adventures Group account
- Please confirm that you have read the Terms and Conditions
- Add your desired location as centre – **Whiteheath Junior School**
- Add your child(ren) to your Junior Adventures Group account before attempting to make a booking
- Ensure all the Consent questions, Collector, Emergency Contacts and Doctor details are added.
- After this, click on Book Activity to make a booking.
- Select the dates you wish to book!

If you have any queries, please do not hesitate to get in touch with Junior Adventures Group via email: hello@junioradventuresgroup.co.uk or phone: 03335771533.



CLUB ON A SATURDAY AT WHITEHEATH

We are pleased to inform you that we have a PSD football club (the same company who provide much of our sports support) taking part on Saturday morning here at the Junior School, starting on 13th September. Please see flyer below.

FIRST TOUCH FOOTBALL

LAUNCHING SATURDAY 13TH SEPTEMBER
SATURDAY MORNING FOOTBALL SESSIONS
DELIVERED BY THE PSD ACADEMY
FOR CHILDREN AGED 4 - 11

A MIX OF FOOTBALL FUNDAMENTALS AND SKILLS DEVELOPMENT FOR PLAYERS OF ALL ABILITIES TO DEVELOP CONFIDENCE AND INSPIRE THE NEXT STEPS ON THEIR FOOTBALLING JOURNEY.



UNDER 5'S - UNDER 7'S
CHILDREN IN
RECEPTION - YEAR 2
SATURDAY MORNINGS
9AM - 10AM
£6 PER SESSION

UNDER 8'S - UNDER 11'S
CHILDREN IN YEARS
3-6
SATURDAY MORNINGS
10AM - 11AM
£6 PER SESSION

WHITEHEATH JUNIOR SCHOOL
WHITEHEATH AVENUE, RUISLIP, HA4 7PR

BOOK ONLINE: WWW.THEPSDGROUP.ORG.UK/ACADEMY

 academy@thepsdgroup.org.uk  0203 397 7409  @thepsdgroupuk

PLAY | SUCCEED | DEVELOP





Merit Assembly

Class of the Week – Yew

Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Eliana, Sophie, Charlotte	Ria, Anushka, Asiyah	Jack, Blake	Tamon, Saneesh, Ava

House Points

Hampton	Windsor	London	Westminster
20	40	20	30

PTA/Community events/info

FOOTBALL SESSIONS FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS

FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES
ALL PLAYERS ARE SUPPORTED BY OUR CARING & EXPERIENCED FA QUALIFIED COACHES

WEALDSTONE YOUTH FC
SEND SOCCER SCHOOL

FOR CHILDREN AGED 4 - 8 (RECEPTION - YEAR 3)

SCAN TO BOOK

SATURDAYS | 10AM - 11AM
SUMMER @ WEALDSTONE FC
WINTER @ GOALS RUISLIP

FOR ALL ENQUIRIES OR TO REQUEST A FREE TRIAL EMAIL
SOCCER.SCHOOL@WEALDSTONEYOUTHFC.CO.UK

FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES
ALL PLAYERS ARE SUPPORTED BY OUR CARING & EXPERIENCED FA QUALIFIED COACHES

WEALDSTONE YOUTH FC
SEND SOCCER SCHOOL

FOR CHILDREN AGED 8 - 12 (YEAR 4 - 7)

SCAN TO BOOK

SATURDAYS | 10AM - 11AM
SUMMER @ WEALDSTONE FC
WINTER @ GOALS RUISLIP

FOR ALL ENQUIRIES OR TO REQUEST A FREE TRIAL EMAIL
SOCCER.SCHOOL@WEALDSTONEYOUTHFC.CO.UK



SEND

INDOOR FOOTBALL SESSIONS



For children with special educational needs and disabilities

Have fun, make friends, play football

**Wednesdays
5:30pm - 6:30pm**

**Ages under 5 to
under 12**

**Glebe Primary School
Sussex Road
Ickenham
UB10 8PH**

FREE TRIAL

**For more information and to register email
welfare@ickenhamyouthfc.com**







FREE PARENT WEBINAR: THE FLU VACCINE IN CHILDREN & YOUNG PEOPLE

Join us for a presentation discussing the flu vaccine in children and young people.

Topics covered:

- ✓ Why does my child need the vaccine
- 📍 Side-effects and safety
- 👤 Nasal vs injection (pork gelatine content)
- 📊 Flu data from previous years
- 🗣️ Q&A session

 **Wednesday 17th September**


 8:00 - 9:00pm




📍 Microsoft Teams - scan here

👤 login: 363 003 291 454

🔒 password: jc3J83z5

 **Thursday 18th September**

 6:00 - 7:00pm



📍 Microsoft Teams - scan here

👤 login: 310 543 675 209 5

🔒 password: gT7P9ci3

Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

What Parents & Educators Need to Know about ONLINE SLANG

WHAT ARE THE RISKS? Slang moves fast – and for many young people, it's not just how they talk, but how they share their identity and feelings. Learning key terms helps adults connect and show understanding, even if the lingo seems baffling at first.

GENERATIONAL MISCOMMUNICATION

Words like 'rizz' or 'slaps' can be misunderstood by adults, leading to awkward moments or misunderstandings in trust. These phrases often carry subtle social meanings among young people.

RAPIDLY SHIFTING MEANINGS

Slang changes quickly. A term like 'simp' might sound innocent one week and be repurposed the next. This makes it easy for adults to fall behind and for children to develop.

SHIELDING BULLYING OR EXCLUSION

Inside jokes and trending terms like 'simp' or 'rizz' can be used to mock or exclude others. What looks like banter may actually reinforce social divisions or bullying.

PERFORMING FOR THE ALGORITHM

Slang often reflects what's popular on platforms like TikTok. Young users might engage in it just for likes, creating online personas that don't match their real selves.

CONTENT MODERATION WITH CODED SPEECH

To avoid content filters, young people sometimes use slang or emojis to talk about serious topics – for example, saying 'unwell' instead of other death-related terms. This makes harmful content harder to spot.

LONG-TERM DIGITAL FOOTPRINT

A slang-filled post might seem funny now but could resurface years later during job checks or university applications – possibly out of context, but still damaging.

Advice for Parents & Educators

KEEP UP, DON'T CATCH UP

Follow youth culture pages or ask your child about new slang. Staying informed shows that you're engaged and open to understanding their world.

ASK, DON'T INTERROGATE

Use open questions to invite conversation. You're not quizzing them – just trying to learn more about their online lives.

FOCUS ON CONNECTION OVER CONTROL

Being someone your child can talk to is more valuable than using strict filters or monitoring apps. Openness builds trust.

ENCOURAGE CRITICAL MEDIA LITERACY

Talk about where slang comes from, how it spreads, and how it can impact others. This helps young people use language more thoughtfully.

ONLINE SLANG CHEAT SHEET - The following slang terms are common examples – please be aware this isn't an exhaustive list and both meaning and prevalence can change rapidly.

COMMON SLANG	POTENTIALLY CONCERNING SLANG
<ul style="list-style-type: none"> - Rizz - Interpersonal, self-referent (often male) interest, proud outsider status, often celebrated in motivational memes. - Skibidi - Nonsense word from the viral 'Skibidi Toilet' meme; expressive chaos or fun. Usually harmless but pervasive. - Chat - The collective audience or group of viewers (e.g. on a livestream), used when addressing followers directly. - Lock in - To focus, commit or get serious (e.g. before gaming or sports); positive encouragement to concentrate. - Coasting - Doing something exceptionally well or gaining momentum. Opposite of 'coasting'. - Rizz - Charisma or flirting ability (short for charisma); can praise social confidence. - Aura or aura farming - One's perceived 'energy' or vibe. 'Farming' means manufacturing clout. 	<ul style="list-style-type: none"> - Rep - An adult content creator (e.g. OnlyFans) indicates exposure to BN material. - Byot or gyatt - Sexualized exclamation about someone's backside; objectifies appearance. - Tralero tralero / Sambarline crocodile / lung lung lung water - Spawning references to AI-generated creations with 'Italian-sounding' names. Can dog chat, derail discussion, and harass others. - Wasting - Overpraising or obsessively defending a streamer or celebrity. - Crash out - To lose control, give up or have a meltdown; sometimes hints at self-harm. - Clouted - Insult, mocked or in serious trouble; sometimes mental health-related. - Unwell - Euphemism for death or suicide; used to avoid content filters. - NPC - Used to suggest someone is lacking independent thoughts or is repetitive and predictable.

Meet Our Expert

Keith Board is a globally renowned email expert and the Editor in Chief of emailpedia.org, the world's number one email resource. He has an MSc in Business Psychology from University College London and an MBA from Queen's School of Business and Technology.



#WakeUpWednesday

The National College



MUSIC MARK SCHOOL



Payment/deadline Dates

UPCOMING PAYMENTS DUE

Payment	Date due
Anyone who has signed up for guitar or keyboard lessons	overdue
First instalment for the Year 5 PGL Journey	18 th September
Donation for Jeans for Genes Day	19 th September
Year 3 Stone Age workshop	22 nd September

DEADLINES FOR OTHER THINGS

Deadline	Date due
None at present	

Contacting us

Contacting class teachers	Willow	Miss Atkinson	willow@whiteheath-jun.hillingdon.sch.uk
	Ash	Mrs Garland/ Mrs Robert	ash@whiteheath-jun.hillingdon.sch.uk
	Oak	Miss Malone	oak@whiteheath-jun.hillingdon.sch.uk
	Maple	Mrs Mendez	maple@whiteheath-jun.hillingdon.sch.uk
	Beech	Miss Cook	beech@whiteheath-jun.hillingdon.sch.uk
	Elm	Mr Lewington	elm@whiteheath-jun.hillingdon.sch.uk
	Yew	Ms Prioli	yew@whiteheath-jun.hillingdon.sch.uk
	Birch	Miss Bryant	birch@whiteheath-jun.hillingdon.sch.uk
	Poplar	Miss Lawrence	poplar@whiteheath-jun.hillingdon.sch.uk
	Pine	Miss Jackman	pine@whiteheath-jun.hillingdon.sch.uk
Juniper	Mr Goodchild	juniper@whiteheath-jun.hillingdon.sch.uk	
Years 5 & 6 maths sets	Miss Wells	maths56@whiteheath-jun.hillingdon.sch.uk	
General enquiries	office@whiteheath-jun.hillingdon.sch.uk		
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk		
Safeguarding concerns	dsl@whiteheath-jun.hillingdon.sch.uk		
<p>Whiteheath Junior School is a safe space for any child or adult to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.</p>			
<p>If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).</p>			



Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit:

<https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

Autumn Term Dates

Monday 2nd September

Wednesday 3rd September

Monday 8th September

Tuesday 9th September

Wednesday 10th September

Thursday 11th September

Wednesday 17th September

Friday 19th September

Monday 22nd September

Thursday 25th September

Tuesday 30th September

Wednesday 1st October

Wednesday 1st October

9:30am Friday 3rd October

Monday 6th October

Week Beginning 6th October

Week Beginning 13th October

Week Beginning 13th October

Tuesday 14th October

Wednesday 15th October

Thursday 16th October

Friday 17th October

Wednesday 22nd October

Wednesday 22nd October

Thursday 23rd October

Thursday 23rd October

2:30pm

Friday 24th October

(Half term - Monday 27th October to Friday 31st October)

Monday 3rd November

Friday 7th November

Friday 7th November

Wednesday 12th November

Friday 14th November

Wednesday 19th November

Thursday 20th November

Wednesday 26th November

Friday 28th November

Wednesday 3rd December

Training Day (no children)

Term starts - children return

Year 3 Information Meeting 3:40-4:15pm

Year 4 Information Meeting 3:40-4:15pm

Year 5 Information Meeting 3:40-4:15pm

Year 6 Information Meeting 3:40-4:15pm

Geobus workshop Year 3

Jeans for Genes Day

European Day of Languages

National Fitness Day

Photography and video day

GenEarth workshop Year 5

SEND & Pastoral meeting for parents/carers 9-

Year 5 Brazil Day

Year 4 trip to Verulamium

Year 6 Bikeability Week 1

Year 6 Bikeability Week 2

Pennies for the PTA House Competition

Parents Consultation Evening

Parents Consultation Evening

Year 3 and 4 Tag rugby Festival – TBC

Nasal Flu Vaccinations

Year 3 Stone Age Workshop

Year 4 -6 Virtual author visit

Yr 5 Harvest Festival assembly to school am

Yr 5 Harvest Festival assembly to parents/carers

Training Day (no children)

Children return to school

Individual photographs

Kwik Sticks Hockey competition - TBC

Geobus workshop Year 4

Children In Need Day

Geobus workshop Year 6

SportsHall Athletics - TBC

Borough Girls' Football competition – TBC

Year 6 visit to Science Museum

Borough Best Team football competition - TBC



Wednesday 10th December
2:45pm
Friday 12th December
Jumper Day TBC
Monday 16th December
Monday 15th December

Tuesday 16th December
9:30am
Wednesday 17th December
5pm
Thursday 18th December
Friday 19th December

SEND & Pastoral meeting for parents/carers
Christmas lunch, Christmas Service and Christmas

Autumn term report cards out to parents/carers
Year 3 Christmas performances dress rehearsal to the school

Year 3 Christmas Performance to parents/carers

Year 3 Christmas Performance to parents/carers

Christmas Parties

School term ends at 12:30pm

Have a great weekend everyone,

M Kenny,
Headteacher

