



# WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

## Whole School Newsletter

Newsletter No: 2

Friday 12th September, 2025.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

### YEAR GROUP INFORMATION MEETINGS

Thank you for attending the Year Groups meetings this week. It was lovely to see you. We hope you found them useful. Following the meetings, should have any questions please do not hesitate to get in touch with us. If you missed the meeting and would like a copy of the PowerPoints, these are available on our website under the 'children' tab, then 'year group pages.'

### HOMEWORK

Parents and carers of children in Years 4 – 6 may remember that we communicated to you (via newsletter) the changes that we were making to our homework timetable to come into affect from September 2025. The changes were made in light of the results and feedback we received from a parent/carer survey which was completed last year. Please find below more details about our updated homework policy/ timetable:

#### Reading

Children are to read every night for 10-20 minutes. The title of the book and page numbers read over the course of the week should be recorded. This can be done each time the child reads, e.g.: 1-5, 6-8 or as one entry, e.g.: 12-50, and parents/ carers are required to sign the reading record **once per week**.

#### Spelling

In year 3, children will only be required to write 5 spelling sentences, in year 4, the expectation will be 7 and in year 5 and 6, the expectation will be 10 sentences. This will help children to become familiar with the spelling and learn how to use the new vocabulary they are learning.

#### Maths

Homework will only be given out based on prior learning and where appropriate, a child will write their own worked example on their homework to help you to support them.



## Termly project

Each year group will be set a termly project for Autumn term only. In Spring and Summer terms, each half term or term will have a different focus, for example, the oracy competitions which were hugely successful last year.

## Year 3 and 4 Homework

**\*It is expected that each child will read for 10-20 minutes each night and this is part of their homework.**

Reading records are checked once a week by the teacher. Parents/carers are expected to sign the reading record once per week.

Ensure your child knows all of the multiplication tables.

Spellings given out on **Tuesday** and tested on **Monday**.

English OR Maths activity given out on **Tuesday** and returned the following **Monday**.

## Year 5 and 6 Homework

**\*It is expected that each child will read for 10-20 minutes each night and this is part of their homework.**

Reading records are checked once a week by the teacher. Parents/carers are expected to sign the reading record once per week.

Ensure your child knows all of the multiplication tables.

Spellings given out on **Tuesday** and tested on **Monday**.

English activity given out on **Tuesday** and returned the following **Monday**.

Maths activity given out on **Tuesday** and returned the following **Monday**.

## **JUNIOR DUKE AWARD**



You should have received an email on 8<sup>th</sup> September about the Junior Duke Award. The award is aimed at helping children from the age of 5 to 13 to learn and practice a large variety of life skills. Year 3 children complete bronze, year 4 children complete silver, year 5 children complete gold and year 6 children complete platinum.

If your child would like to take part, please would you complete and sign the slip on the letter and return it to your child's class teacher by **WEDNESDAY 24<sup>TH</sup> SEPTEMBER**. **The deadline for ordering from Junior Duke is very strict. We cannot add your child after this time as the company will not accept any late applicants.**



# Reminders

## JEANS FOR GENES – 19<sup>th</sup> September



At Whiteheath we do all we can to support people who are less fortunate than ourselves and who are struggling with illness or disability. We try to teach the children tolerance and understanding of everyone's different needs. This month we are supporting 'Jeans for Genes'. The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic condition and raises money to fund projects that make a tangible difference to the lives of those affected.

We would be very grateful if you could help us raise money for this worthy cause by donating via School Money – in return your child can wear their jeans to school on **Friday 19<sup>th</sup> September**. Please note that their top half should be school uniform. If your child does not have a pair of jeans, they should wear full uniform as usual. Many thanks.

# FIRST TOUCH FOOTBALL

LAUNCHING SATURDAY 13<sup>TH</sup> SEPTEMBER  
SATURDAY MORNING FOOTBALL SESSIONS  
DELIVERED BY THE PSD ACADEMY  
FOR CHILDREN AGED 4-11

**A MIX OF FOOTBALL FUNDAMENTALS AND SKILLS DEVELOPMENT FOR PLAYERS OF ALL ABILITIES TO DEVELOP CONFIDENCE AND INSPIRE THE NEXT STEPS ON THEIR FOOTBALLING JOURNEY.**

<b>UNDER 5'S - UNDER 7'S</b> CHILDREN IN RECEPTION - YEAR 2 SATURDAY MORNINGS 9AM - 10AM £6 PER SESSION	<b>UNDER 8'S - UNDER 11'S</b> CHILDREN IN YEARS 3-6 SATURDAY MORNINGS 10AM - 11AM £6 PER SESSION
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WHITEHEATH JUNIOR SCHOOL  
WHITEHEATH AVENUE, RUISLIP, HA4 7PR  
BOOK ONLINE: [WWW.THEPSDGROUP.ORG.UK/ACADEMY](http://WWW.THEPSDGROUP.ORG.UK/ACADEMY)  
academy@thepsdgroup.org.uk | 0203 397 7409 | @thepsdgroupuk

PLAY | SUCCEED | DEVELOP

## CLUB ON A SATURDAY AT WHITEHEATH

We are pleased to inform you that we have a PSD football club (the same company who provide much of our sports support) taking part on Saturday morning here at the Junior School, starting on 13<sup>th</sup> September. Please see flyer alongside for more details.





# Merit Assembly

## Class of the Week –

### Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Reyhn, Salman, Dhanvika	Matthew F, Roman, Nathan	Nina, Lucius	Isla J, Max, Poppy

### House Points

Hampton	Windsor	London	Westminster
30	10	40	30

## PTA/Community events/info

### SPEECH AND LANGUAGE THERAPY SESSIONS OPEN TO ALL PARENT/CARERS

Dear Parents and Carers,  
Welcome back! I hope you had a restful summer break and the children are now settling into the Autumn Term in their new classes.

Two parent meetings will be held this term (at 9am Wednesday 1<sup>st</sup> October & 2.45pm on Wednesday 10<sup>th</sup> December) and you are all warmly invited to attend. Mrs Ventin and I will give you an overview of the SEND and Pastoral support which we offer and we hope you find the sessions useful.

Parents with children who are included on the Special Educational Needs Register have been contacted separately via email. If you have not received the email but your child has additional needs and is usually included on this register, please contact [sendco@whiteheath-jun.hillingdon.sch.uk](mailto:sendco@whiteheath-jun.hillingdon.sch.uk)

London Borough of Hillingdon's Speech and Language Service have sent through information regarding sessions which are available for families/ carers which I am pleased to share with you. Please see the attached information below for further details, including how to access the sessions.

I hope you find the sessions beneficial and I look forward to continuing to work with you this year to provide support and help for your child.

Mrs Manfredi - SENDCo





**Hillingdon**  
talks | moves | plays  
Children's Integrated Therapy Service

**Hillingdon Mainstream Schools Speech and Language Therapy Training  
2025-2026**

The Hillingdon Mainstream Schools Speech and Language Therapy Service are running zoom training workshops for parents and carers over this academic year 2025/2026. No pre-booking needed, just access the training below via this Zoom link on the date and time of the training you would like to attend:

<https://us02web.zoom.us/j/83638053994?pwd=4akQXylOKefcxkEk2sDjJaymrCGkpX.1>

Meeting ID: 836 3805 3994

Passcode: 131832

Date	Time	Training name
Wednesday 8 <sup>th</sup> October 2025	14:00 to 15:00	What is the Mainstream Schools SLT Service?
Thursday 6 <sup>th</sup> November 2025	14:00 to 15:00	Tools you can use to support Neurodiverse Students with their Social Communication Skills
Monday 1 <sup>st</sup> December 2025	14:00 to 15:00	Using visuals to support communication
Friday 16 <sup>th</sup> January 2026	14:00 to 15:00	How to support your child transitioning to secondary school
Thursday 5 <sup>th</sup> February 2026	14:00 to 15:00	Bilingualism
Tuesday 3 <sup>rd</sup> March 2026	14:00 to 15:00	The Importance of Story Time
Friday 17 <sup>th</sup> April 2026	14:00 to 15:00	How to support non-speaking/minimally speaking children
Thursday 7 <sup>th</sup> May 2026	14:00 to 15:00	Blank Levels Questions
Tuesday 9 <sup>th</sup> June 2026	14:00 to 15:00	Language for Thinking
Monday 6 <sup>th</sup> July 2026	14:00 to 15:00	Language for Behaviour and Emotions

Please visit the **Children's Integrated Therapy Service** website [www.cnwl.nhs.uk/children-integrated-therapy-service](http://www.cnwl.nhs.uk/children-integrated-therapy-service) for information about the service. This includes strategies and resources for parents and professionals as well as links to other useful websites.



[Instagram](#) [Facebook](#) [Twitter](#) [Website](#) [LinkTree](#)



# Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

## What Parents & Educators Need to Know about CONSPIRACY THEORIES

Conspiracy theories are false or misleading beliefs that explain events as secret plots, often involving powerful groups. While once fringe, they are now more accessible through digital media, online influencers and because of algorithmic recommendations. The DfE guidance document, 'Keeping Children Safe in Education' (KCSIE) explicitly recognises conspiracy theories as potential content risks. This guide will help parents and educators understand the risks, spot the signs, and build children's resilience to conspiracy theories.

### WHAT ARE THE RISKS?

#### UNDERMINING TRUST

Conspiracy theories can lead children and young people to distrust democratic institutions and British Values, teachers, and even their own families and loved ones. This erosion of trust makes young people more vulnerable to extremist narratives by isolating them from reliable sources of information.

#### ONLINE ALGORITHM TRAPS

Social media platforms can often recommend sensationalist content. Once a child engages with one conspiracy-themed video or post, algorithms push more of the same, thereby creating an echo chamber that can intensify their beliefs.

#### MENTAL HEALTH IMPACT

Exposure to frightening conspiracy content, such as global plots, viruses, or government control, can fuel feelings of anxiety, paranoia, or hopelessness. For some young people, it can trigger prolonged distress or obsessive thinking.

#### GATEWAY TO EXTREMISM

Conspiracy theories can often overlap with extremist ideologies. Narratives that blame specific groups, such as politicians, scientists, or particular ethnic groups, can groom children in ways that foster hate, bigotry, and radicalisation.

#### CONFLICT WITH PEERS

Belief in conspiracy theories can lead to isolation or conflict at school. Children may struggle with peer relationships if they express these beliefs or become distrustful of others who disagree; sometimes, confrontation can even result in a strengthening of the belief in the conspiracy theory.

#### ERODED CRITICAL THINKING

Young people influenced by conspiracies may reject evidence-based learning. This risks undermining their academic progress and weakening their ability to think critically, assess risks, or engage in healthy debate.

### Advice for Parents & Educators

#### CREATE SAFE CONVERSATIONS

Don't mock or dismiss any questions that children and young people ask about conspiracy theories. Instead, create open, judgement-free spaces to talk. This strengthens trust and makes it more likely they will confide in you.

#### PROMOTE CRITICAL THINKING

Teach young people how to assess information critically. Encourage them to ask appropriate questions, such as: 'Who is telling me this?' 'What evidence is there?' 'What do other trusted sources say?' Use real examples from current media to explain your answers and reasoning.

#### MONITOR DIGITAL BEHAVIOUR

Be aware of the content children are accessing, especially on platforms such as TikTok, YouTube, or Reddit. Use parental controls, but more importantly, maintain ongoing dialogue about online experiences and influencers.

#### REINFORCE RELIABLE SOURCES

Point children toward trustworthy and reliable sources of news and information in a variety of formats tailored to the young person's age. Build habits of verifying facts using reliable sources, and teach them how to spot misleading content.

#### Meet Our Expert

Brendan O'Keefe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



## #WakeUpWednesday



Source: See full reference list on guide page at <https://nationalcollege.com/guides/conspiracy-theories>



# Payment/deadline Dates

## UPCOMING PAYMENTS DUE

Payment	Date due
Anyone who has signed up for guitar or keyboard lessons	Overdue
First instalment for the Year 5 PGL Journey	18 <sup>th</sup> September
Donation for Jeans for Genes Day	19 <sup>th</sup> September
Year 3 Stone Age workshop	22 <sup>nd</sup> September
Junior Duke	24 <sup>th</sup> September
Year 6 Science Museum	26 <sup>th</sup> September

## DEADLINES FOR OTHER THINGS

Deadline	Date due
None at present	

## Contacting us

<b>Contacting class teachers</b>	Willow Ash  Oak Maple Beech Elm Yew Birch Poplar Pine Juniper Years 5 & 6 maths sets	Miss Atkinson Mrs Garland/ Mrs Robert  Miss Malone Mrs Mendez Miss Cook Mr Lewington Ms Prioli Miss Bryant Miss Lawrence Miss Jackman Mr Goodchild Miss Wells	willow@whiteheath-jun.hillingdon.sch.uk ash@whiteheath-jun.hillingdon.sch.uk  oak@whiteheath-jun.hillingdon.sch.uk maple@whiteheath-jun.hillingdon.sch.uk beech@whiteheath-jun.hillingdon.sch.uk elm@whiteheath-jun.hillingdon.sch.uk yew@whiteheath-jun.hillingdon.sch.uk birch@whiteheath-jun.hillingdon.sch.uk poplar@whiteheath-jun.hillingdon.sch.uk pine@whiteheath-jun.hillingdon.sch.uk juniper@whiteheath-jun.hillingdon.sch.uk maths56@whiteheath-jun.hillingdon.sch.uk
<b>General enquiries</b>	<a href="mailto:office@whiteheath-jun.hillingdon.sch.uk">office@whiteheath-jun.hillingdon.sch.uk</a>		
<b>Welfare/reporting your child's absence</b>	<a href="mailto:welfare@whiteheath-jun.hillingdon.sch.uk">welfare@whiteheath-jun.hillingdon.sch.uk</a>		
<b>Safeguarding concerns</b>	<a href="mailto:dsl@whiteheath-jun.hillingdon.sch.uk">dsl@whiteheath-jun.hillingdon.sch.uk</a>		
<p>Whiteheath Junior School is a safe space for <b>any child or adult</b> to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above <a href="mailto:dsl@whiteheath-jun.hillingdon.sch.uk">dsl@whiteheath-jun.hillingdon.sch.uk</a> - this is a confidential email address only read by the safeguarding leads.</p>			
<p>If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).</p>			



# Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit:

<https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

## Autumn Term Dates

**Monday 2nd September**

Wednesday 3rd September

Monday 8<sup>th</sup> September

Tuesday 9<sup>th</sup> September

Wednesday 10<sup>th</sup> September

Thursday 11<sup>th</sup> September

Wednesday 17<sup>th</sup> September

Friday 19<sup>th</sup> September

Monday 22<sup>nd</sup> September

**Wednesday 24<sup>th</sup> September**

Thursday 25<sup>th</sup> September

Tuesday 30<sup>th</sup> September

Wednesday 1<sup>st</sup> October

Wednesday 1<sup>st</sup> October

9:30am

Friday 3<sup>rd</sup> October

Monday 6<sup>th</sup> October

Week Beginning 6<sup>th</sup> October

Week Beginning 13<sup>th</sup> October

Week Beginning 13<sup>th</sup> October

**Monday 13<sup>th</sup> October**

**Tuesday 14<sup>th</sup> October**

**Wednesday 15<sup>th</sup> October**

Thursday 16<sup>th</sup> October

Friday 17<sup>th</sup> October

Wednesday 22<sup>nd</sup> October

Thursday 23<sup>rd</sup> October

Thursday 23<sup>rd</sup> October

2:30pm

**Friday 24<sup>th</sup> October**

*(Half term - Monday 27<sup>th</sup> October to Friday 31<sup>st</sup> October)*

Monday 3<sup>rd</sup> November

Friday 7<sup>th</sup> November

Friday 7<sup>th</sup> November

Wednesday 12<sup>th</sup> November

Friday 14<sup>th</sup> November

Wednesday 19<sup>th</sup> November

Thursday 20<sup>th</sup> November

Wednesday 26<sup>th</sup> November

**Training Day (no children)**

Term starts - children return

Year 3 Information Meeting 3:40-4:15pm

Year 4 Information Meeting 3:40-4:15pm

Year 5 Information Meeting 3:40-4:15pm

Year 6 Information Meeting 3:40-4:15pm

Geobus workshop Year 3

Jeans for Genes Day

European Day of Languages

**Year 3/4 Badminton Competition - TBC**

National Fitness Day

Photography and video day

GenEarth workshop Year 5

SEND & Pastoral meeting for parents/carers 9-

Year 5 Brazil Day

Year 4 trip to Verulamium

Year 6 Bikeability Week 1

Year 6 Bikeability Week 2

Pennies for the PTA House Competition

**Year 3 Stone Age Workshop (date changed)**

**Parents Consultation Evening**

**Parents Consultation Evening**

Year 3 and 4 Tag rugby Festival – TBC

Nasal Flu Vaccinations

Year 4 -6 Virtual author visit

Yr 5 Harvest Festival assembly to school am

Yr 5 Harvest Festival assembly to parents/carers

Yr 5 Harvest Festival assembly to parents/carers

**Training Day (no children)**

*(Half term - Monday 27<sup>th</sup> October to Friday 31<sup>st</sup> October)*

Children return to school

Individual photographs

Kwik Sticks Hockey competition - TBC

Geobus workshop Year 4

Children In Need Day

Geobus workshop Year 6

SportsHall Athletics - TBC

Borough Girls' Football competition – TBC



Friday 28<sup>th</sup> November  
Wednesday 3<sup>rd</sup> December  
Wednesday 10<sup>th</sup> December  
2:45pm Friday 12<sup>th</sup> December  
Jumper Day TBC  
Monday 16<sup>th</sup> December  
Monday 15<sup>th</sup> December

Tuesday 16<sup>th</sup> December  
9:30am  
Wednesday 17<sup>th</sup> December  
5pm  
Thursday 18<sup>th</sup> December  
Friday 19<sup>th</sup> December

Year 6 visit to Science Museum  
Borough Best Team football competition - TBC  
SEND & Pastoral meeting for parents/carers  
Christmas lunch, Christmas Service and Christmas  
  
Autumn term report cards out to parents/carers  
Year 3 Christmas performances dress rehearsal to the school  
Year 3 Christmas Performance to parents/carers  
  
Year 3 Christmas Performance to parents/carers  
  
Christmas Parties  
School term ends at 12:30pm

Have a great weekend everyone,

**M Kenny,**  
**Headteacher**

