



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 5

Friday 3rd October, 2025.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

DOGS – YOUR HELP NEEDED



We have a number of children who are frightened of dogs, therefore if you bring your dog to school for the walk to school for pick up or drop off, please can you stand further away from the gate and further along Whiteheath Avenue please.

We have a child who is so petrified, that they cannot walk into school or out of the school gate if a dog is nearby. Please can you bear this in mind.

Many thanks

PROMOTING FUTURE CAREERS

We would like to invite parents and carers into school to deliver in a short assembly where they can talk to the children about their jobs.

This is a great opportunity for pupils to learn more about different careers, gain an insight into the world of work and be inspired by the variety of roles that people in our community do. Sharing your experiences helps children see how what they learn in school links to real life, and it encourages them to start thinking about their own aspirations for the future.

We can be flexible with assembly timings that work for you. If this is something you would like to do,

please send an email to Mr Goodchild at juniper@whiteheath-jun.hillingdon.sch.uk. Thank you.



ROAD SAFETY – DESIGN YOUR DREAM BIKE – ART COMPETITION

This October, pupils across Hillingdon are invited to take part in a fun and imaginative art competition: **Design Your Dream Bike!**

Whether it's wings, rocket boosters, fairy dust, hover wheels or magical frames — there's no limit to creativity.

How to Enter:

- Pupils draw their dream bike using any traditional art materials (no digital art or models).
- The more creative the designs the better.
- Scan or photograph your child's drawing.
- Email it to stars@hillingdon.gov.uk with subject "Dream Bike Comp"
- Include the pupil's name, age, and school
- Deadline: **Friday 24 October 2025**

Prizes to be won!

Winners from KS1, KS2 and KS3 will have their dream bike designs professionally recreated, printed in A3, and beautifully framed for them to keep — plus, they'll receive a fitness tracker watch to keep them moving long after the competition ends! Every entrant will also receive a STaRS Certificate to celebrate their efforts.

This competition is part of **Walk to School Month** and **Cycle to School Week (13–17 Oct)** — encouraging our children to travel actively, stay healthy, reduce congestion, and think creatively about how they move.

Let's get our children/students dreaming big — and moving happily! 🚲

SEND & PASTORAL INFORMATION MEETING - 1.10.25

Thank you to the parents/carers who attended our recent meeting on Wednesday - we hope you found the session useful.

The PowerPoint can be found on the school website under the 'Key Information' tab, then under 'SEND Provision'.

Please scroll to the bottom to find 'SEND Information Meeting 1.10.25'. Thank you, Mrs Manfredi (SENDCo) & Mrs Ventin (Pastoral Lead)

DESIGN YOUR DREAM BIKE!
ART COMPETITION

Let your imagination ride free!
From wings, rockets, fairy dust, rainbow wheels
Anything goes!

HOW TO ENTER:

Draw Your Dream Bike!
Use pencils, pens, paint, or crayons.
No digital art or models.
Open to all pupils in years 1-9
Snap a photo or scan your drawing.
Email to: stars@hillingdon.gov.uk
Subject: Dream Bike Comp
Include: Your name, age, and school.

Deadline for entries!
OCTOBER 24TH

WHY TAKE PART?
This competition is part of October Walk to School Month and Cycle to School Week
— Helping children to travel actively, stay healthy, and be creative!

PRIZES

- Top 3 Winning designs turned into framed artwork
- Fitness tracker watches!
- Everybody receives a Certificate for Creativity!

QUESTIONS?
Contact the STARS team at:
stars@hillingdon.gov.uk

Dream it. Draw it. Ride it!



Sports News

FOOTBALL MATCH

This week saw the boys A team play Lady Bankes in their first football fixture of the season. The team started off well and played attacking football, coming close to scoring with great shots from Tamon and Albie in the opening 15 minutes. However, it was Lady Bankes who gained a 2-0 lead going into half time.

The team continued to show some exciting moments on the pitch in the second half but it was Lady Bankes who found the back of the net. The game finished at 6-0 but that was not a true reflection of balance of play. The boys should be proud of themselves for never giving up throughout! Well done to all! Mr Newing.

CALL OUT FOR KITS

We are short of sports kits as some have not been returned – please can you have a look at home – thank you.

Reminders

HELP NEEDED! – SCHOOL GARDEN/GARDENING CLUB

In school we have a small but very eager gardening club who are keen to grow flowers and food. However, our garden beds are in desperate need of a makeover!



We have six raised beds which are falling apart and require replacing. Some of these have also been taken over by brambles and although the gardening club have been making an effort to clear them, we could do with some more help with this. We are also in need of more topsoil and compost and need some replacement bark chips to fill in the paths between the beds.



If any parents are involved in a business or company that could support us in any way to get our garden going again, please contact us. In return, we would be happy to advertise your business in our school newsletter for a term.

PARENT/CARER CURRICULUM WORKSHOPS

We have several workshops planned for parents/carers this year. These are to provide you with more information about specific subjects/topics that we teach and how we teach them and to give you some ideas about the ways you could support your child(ren) at home.

The date/time of the workshops for this year are:

- Autumn 1 - Grammar - Tuesday 21st October 9:00 - 10:00am
- Autumn 2 - Reading - Friday 5th December 9:00 - 10:00am
- Spring 1 - Maths - Wednesday 14th January 9:00 - 10:00am
- Spring 2 - Oracy - TBC



Summer 1 - Spelling - TBC

- Summer 2 - Computing - Wednesday 10th June 9:00 - 10:00am

All parents/carers are welcome to attend and information about each workshop and booking details will be sent out in due course.

READING HELP - PARENT VOLUNTEERS

We are looking out for parents/carers who can spare some time to support our children. At present, we need volunteers to hear children read. If you think you may be able to help, please contact the school via the office email.



We need as many parent/carer volunteers as possible. Thank you.

LANGUAGE COMPETITION

Languages Open Hearts and Minds: The Art of Communication

Competition Overview:

This drawing competition invites artists to explore the beauty and power of language through their artwork. Children can select from one of the following three drawing categories:

Language Bridge

Theme: Bridging Cultures through Language

Draw a bridge made of words in different languages, symbolising how language connects different communities.

Language Garden

Theme: Growing with Language

Draw a garden where the plants, flower, or trees are made up of words or phrases in different languages.

The Language of Music

Theme: Expressing Emotion Through Language and Sound

Draw a musical scene where instruments or sound waves are made from words or phrases in different languages.

The competition is open to all year groups. There will be separate age categories:

Year 3 and Year 4 & Year 5 and Year 6

Drawings can be created with any medium (pencil, pen, watercolour)

Requirements:

The artwork must incorporate at least 5 different languages. Words can be greetings, cultural expressions or any relevant phrase. The language should be legible and the words should contribute to the meaning or symbolism of the drawing. All entries must be submitted to Mrs Mendez by **Monday 20th October**. Please include your name and class on your entry. There will be prizes for the winner and runner up in each year group category.



BBC 500 WORDS WRITING COMPETITION

The BBC 500 words writing competition, is now open for entries and is a great opportunity for some of our children to show off their skills. All they need to do is write a story they would love to read in 500 Words or less. The closing date for entries is Friday 7 November at 9pm.

For all other information regarding how to submit your stories, story ideas and live lessons please use this link:

<https://www.bbc.co.uk/teach/500-words>

Happy Writing! Miss Lawrence, Writing Lead.




REMINDER TO COMPLETE THE FORM FOR FLU VACCINATION IF YOU HAVE NOT ALREADY DONE SO



FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11


**Prevent your child from being seriously ill this winter!
Vaccinating is crucial in protecting them and vulnerable friends and family from flu.**

NASAL VACCINE

 No needles - just quick, painless, effective flu protection (contains gelatine)

OR

THE INJECTION



We offer a **PORK-FREE, GELATINE-FREE** injection considered a faith-friendly alternative. 

Complete this form, even if you do not want the vaccine.

<https://nwl.schoolvaccination.uk/flu/2025/hillingdon>

Secondary School students only: Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

CONTACT THE TEAM

 hillington@v-uk.co.uk
 0208 150 1220

Need more information?
Please see our FAQs sheet attached with this letter.

Or visit our website:



We endeavour to come to your child's school twice. If your child is absent or unable to be vaccinated at school, they can still receive this important vaccine by attending one of our community clinics for the vaccine.

Details of these can be found on our website or you can contact the team above.

Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.

[LEARN MORE](#)

<https://www.schoolvaccination.uk/flu>
www.youtube.com/@vaccinationuk

PRIVACY POLICY

Our 2024/25 policy can be viewed here: www.schoolvaccination.uk/privacy-policy
For data protection queries, please contact: dpo@vaccinationuk.co.uk



POLITE REMINDER

Please can we remind all parents/carers that our car park is for staff use only. Thank you.

PTA – we need your support!

The PTA are looking for volunteers to come on board to help with our fundraising events.

We have 4 main events a year-

- Christmas Fayre
- Disco
- Sports Day refreshments
- Summer Fayre

If you are interested in becoming a valuable member of our team, please email us at whiteheath-juniors-PTA@outlook.com. Many thanks, Your PTA

READING HELP - PARENT VOLUNTEERS

We are looking out for parents/carers who can spare some time to support our children. At present, we need volunteers to hear children read. If you think you may be able to help, please contact the school via the office email.

We need as many parent/carer volunteers as possible. Thank you.



HALF TERM SEND AND PASTORAL SUPPORT MEETINGS

We are pleased to inform you that we will be holding half termly SEND and Pastoral Support meetings. These are an informal opportunity to let you know about some of the processes and support which is available in school.

The meetings this term will be held on:

- 1st October 9 – 9:30am
- 10th December 2:45pm

You are warmly invited to attend and in order to anticipate numbers, please email sendco@whiteheath-jun.hillingdon.sch.uk if we will be seeing you at the meetings.

Regards, Mrs Manfredi (SENDCo) & Mrs Ventin (Pastoral Leader)

OCTOBER HALF TERM HOLIDAY CAMP



✦ **Bigger Adventures, Smaller Prices**
– This Half Term at Holiday HQ: Kids Fest 🎃

This October, we're making holiday fun even easier for families — with lower prices and flexible booking to suit you. We know children can't get enough of Holiday HQ fun — but




with the rising cost of living, parents told us it's not always easy to book as many days as they'd like. That's why we've reduced our daily price for Holiday HQ: Kids Fest this October Half-Term at **Whiteheath Junior School** saving £10 a day, and at least 20% less than the summer holiday rate. Daily prices have dropped from **£42.60** to just **£32.60**.

Better Value for Families







- ☑ **£10 Off Every Day** – Automatic savings on every booking. That's up to £50 off across the week, making more days of fun possible.
- ☑ **Better Values for families** - No early bird or discount codes needed – just lower pricing.
- ☑ **That's over 20% off each session**, with no expiry date!

 **NEW: 48-Hour Booking Flexibility for JAG Families**

Cancel or amend bookings up to 48 hours before – across all our services: breakfast clubs, after school clubs, and holiday clubs, giving families the flexibility they need.

 **Pay in Instalments** – Spread the cost with ease, so holidays feel less of a stretch.

What Children Can Look Forward To At Holiday HQ: Kids Fest

-  A brand-new **festival theme every day**
-  **Hero Activities** that bring the theme to life
-  **Make & Take crafts** to proudly bring home
-  **Skill Zone challenges** that build confidence & curiosity
-  A special **Monsters & Mischief Halloween finale**
-  Ofsted-registered clubs: safe, high-quality, and reliable childcare

 [Discover What's On at Holiday HQ Kids Fest](#)

 [Book Now](#)



Merit Assembly

Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Kian, Kayah, Frankie	Shayan, Eesa, Nala	Imogen, Isla	Jonathan, Emillie, Oli

House Points

Hampton	Windsor	London	Westminster
40	20	30	20



Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

What Parents & Educators Need to Know about EA SPORTS FC 26



Our guide looks at the risks surrounding EA Sports FC 26 and our top tips to minimise them. This marks the third year since EA left the FIFA licence, and the game is mostly unchanged from last year. While Kick-Off mode is great for playing with friends and Career Mode allows players to fulfil long-term ambitions as a manager or player, Ultimate Team remains the main draw for many players – and it can get out of hand in terms of how much money players can invest.

WHAT ARE THE RISKS?

AN ANNUAL RELEASE SCHEDULE

EA uses the same with the last two EA Sports FC games and the FIFA series: before it, the franchise rolls out a new game every year with updated squads and new features. This can make it expensive to keep up with, particularly when so many dedicated players are keen to get their hands on the latest addition.

VOICE CHAT

Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with or against. While it can be switched off, some children will no doubt want to speak to their friends while they play. This also means they may receive unwanted messages, such as those that contain inappropriate language or behaviours.

IN-GAME PURCHASES THROUGH ULTIMATE TEAM

Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the world's best players. They're not always easy to obtain, and new, improved versions of players will be regularly added as limited-time offerings. Young people could feel pressured into spending money and experience fear of missing out.

SCAMMERS IN ULTIMATE TEAM

Ultimate Team is managed by EA itself, but that hasn't stopped scammers from looking to dupe players out of money and in-game money. Some scammers sell their accounts, which is a violation of EA's terms of service, while others will 'sell' coins – something the developer is still working to crack down on. Some try to gain access to others' accounts, potentially giving them access to payment information.

POTENTIAL FOR ADDICTION

While EA Sports FC is potentially addictive, there are a few good reasons and monitoring of the real-world skill and glamour of football. Ultimate Team's focus on limited-time rewards and the lottery of winning packs can make it feel closer to gambling than gaming, which may lead to addictive and impulsive spending of money.

Advice for Parents & Educators

PREPARE FOR ANOTHER GAME IN A YEAR

The annual-release cadence aligns with the return of the school year, and can be a great way to incentivise good behaviour at the start of term, if children are applying themselves and preparing for a new year of school, or vice versa. Particularly well-behaved in the summer, EA Sports FC 26 could make a great reward.

LIMIT SPENDING

If you're worried about children excessively spending real money in Ultimate Team, whether in-game or on the EA Sports FC companion app, don't link a payment card to their account. Reclaiming funds can be a headache for clubs, and the dopamine hit of spending 'happy' packs with slick advertisements means one purchase can lead to another very quickly. It's also worth adding a parental card if you'd prefer them to make their own choices with their budget.

MONITOR VOICE CHAT

As in-game chat is open, be sure to adjust the settings in EA Sports FC 26 to lock it down. If children want to chat with their friends while they play, consider setting up a safe space for them to chat, to allow them to play without fear of outsiders.

BE VIGILANT

As with last year, there are ways to keep scammers at bay. Ensure passwords are locked down, and consider using a password manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspicious spam. EA will contact players by email if needed, but they will never ask for usernames or passwords. Players should also avoid buying in-game currency from unofficial websites – doing so can lead to accounts being banned and could cost players money in the process.

Meet Our Expert

Daryl Colman is an experienced freelance writer and has been working in the gaming and tech industry for several years. A regular visitor to the Age Gate to try out new tech, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including iDM, TechRadar, and plenty more.






Community Events/Info

OPEN MORNING AT THE INFANT AND NURSERY SCHOOL



OPEN MORNING STAY AND PLAY

Looking for the right school for your child?

Join us for a welcoming school tour with refreshments and a magic show, while your child enjoys playtime in our warm and nurturing environment.

Discover why our school is the ideal place for their bright future!

18TH OCTOBER 25 9-11AM

WHITEHEATH INFANT AND
NURSERY SCHOOL
SIGN UP HERE:



MEET THE AUTHOR EVENTS AT HILLINGDON LIBRARIES THIS AUTUMN

Come and meet two best-selling authors at our workshops at Botwell Green, Ruislip Manor and Uxbridge libraries:

Children's Writing Workshops - Mythical Beasts and Festivals and Celebrations - Reluctant writers and keen scribblers will love these fun, relaxed workshops with children's writer and poet Gita Ralleigh - author of *The Destiny of Minou Moonshine* and *The Voyage of Sam Singh*. Open to 7 to 11-year-olds.

[Library Writing Workshops with Gita Ralleigh \(PDF, 7 MB\)](#)

Storytelling and Activity with Laura Henry-Allain MBE - Join international award-winning writer, producer and storyteller Laura Henry-Allain, the creator of the well-loved *JoJo* and *Gran Gran* series of books and *CBeebies* animation for this exciting workshop.

[Storytelling Fun LHA \(PDF, 1 MB\)](#)

HILLINGDON JUDO CLUB

Introducing Hillingdon Judo in Schools



Promoting Physical Literacy and Personal Growth through Hillingdon Judo

Target Audience: Primary School Headteachers, PE Coordinators, and Local Education Authorities

Introduction

Hillingdon Judo is proud to present an exciting opportunity for primary schools to introduce their pupils to the Olympic sport of judo a dynamic, inclusive, and character-building martial art that supports the development of physical literacy, emotional resilience, and social skills in children aged 5-11.

We propose a structured, age-appropriate judo programme delivered by qualified coaches, designed to complement the national PE curriculum and enhance the physical and personal development of every child.

Why Judo?

Judo is more than just a sport; it's a powerful educational tool. Rooted in respect, discipline, and mutual welfare, judo provides a safe and engaging environment for children to:

- Move confidently through space
- Develop strength, balance, and coordination
- Learn self-control and perseverance
- Build confidence and resilience
- Work cooperatively with others

Benefits of Judo for Primary-Aged Children

Cognitive & Emotional Development

- Encourages focus, discipline, and emotional regulation
- Teaches children how to manage success and failure positively
- Builds self-esteem through achievable progression (e.g., belt system)





Payment/deadline Dates

OUTSTANDING PAYMENTS DUE

Payment
Donation for Jeans for Genes Day
Year 3 Stone Age workshop
Year 4 Verulamium
Year 5 Brazil Day
Year 6 Science Museum

UPCOMING PAYMENTS

Payment	Date due
Year 6 Isle of Wight deposit	6 th October

DEADLINES FOR OTHER THINGS

Deadline	Date due
Consent for flu vaccination	16 th October, ready for vaccinations on the 17 th Oct

Weekly Attendance

Class	% Attendance W/C 27th 2025	% Attendance 03.09.25 – 03.10.25	Year Group Attendance % 03.09.25 – 03.10.25
Ash	99.1	98.7	
Oak	99.2	98.3	
Willow	98.3	97.3	
Year 3	-	-	98.1
Beech	97.7	97.1	
Elm	92.2	94.2	
Maple	93.3	97.4	
Year 4	-	-	96.4
Birch	99.0	97.2	
Yew	92.3	97.1	
Year 5	-	-	97.1
Juniper	98.1	95.8	
Pine	89.6	95.4	
Poplar	98.9	93.5	
Year 6	-	-	94.9
Totals	96.2	96.5	96.5



Contacting us

Contacting class teachers	Willow	Miss Atkinson	willow@whiteheath-jun.hillingdon.sch.uk
	Ash	Mrs Garland/ Mrs Robert	ash@whiteheath-jun.hillingdon.sch.uk
	Oak	Miss Malone	oak@whiteheath-jun.hillingdon.sch.uk
	Maple	Mrs Mendez	maple@whiteheath-jun.hillingdon.sch.uk
	Beech	Miss Cook	beech@whiteheath-jun.hillingdon.sch.uk
	Elm	Mr Lewington	elm@whiteheath-jun.hillingdon.sch.uk
	Yew	Ms Prioli	yew@whiteheath-jun.hillingdon.sch.uk
	Birch	Miss Bryant	birch@whiteheath-jun.hillingdon.sch.uk
	Poplar	Miss Lawrence	poplar@whiteheath-jun.hillingdon.sch.uk
	Pine	Miss Jackman	pine@whiteheath-jun.hillingdon.sch.uk
Juniper	Mr Goodchild	juniper@whiteheath-jun.hillingdon.sch.uk	
Years 5 & 6 maths sets	Miss Wells	maths56@whiteheath-jun.hillingdon.sch.uk	
General enquiries	office@whiteheath-jun.hillingdon.sch.uk		
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk		
Safeguarding concerns	dsl@whiteheath-jun.hillingdon.sch.uk		
<p>Whiteheath Junior School is a safe space for any child or adult to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.</p>			
<p>If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).</p>			

Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit:

<https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

Autumn Term Dates

Monday 6 th October	Year 4 trip to Verulamium
Week Beginning 6 th October	Year 6 Bikeability Week 1
Week Beginning 13 th October	Year 6 Bikeability Week 2
Week Beginning 13 th October	Pennies for the PTA House Competition
Week beginning 13th October	Cycle to School Week
Monday 13 th October	Year 3 Stone Age Workshop
Tuesday 14th October	Parents' Consultation Evening
Wednesday 15th October	Parents' Consultation Evening
Thursday 16 th October	Year 3 and 4 Tag rugby Festival – TBC
Friday 17 th October	Nasal Flu Vaccinations
Wednesday 22 nd October	Year 4 -6 Virtual author visit
Thursday 23 rd October	Yr 5 Harvest Festival assembly to school am
Thursday 23 rd October	Yr 5 Harvest Festival assembly to parents/carers 2:30pm



Friday 24th October

(Half term - Monday 27th October to Friday 31st October)

Monday 3rd November

Thursday 6th November

Friday 7th November

Friday 7th November

Wednesday 12th November

Friday 14th November

Saturday 15th November

Wednesday 19th November

Thursday 20th November

Wednesday 27th November
football tournament - TBC

Friday 28th November

Thursday 4th December

Wednesday 10th December

Thursday 11th December

Friday 12th December

Monday 15th December

Tuesday 16th December

Tuesday 16th December

Wednesday 17th December

Thursday 18th December

Friday 19th December

Training Day (no children)

Children return to school

District Girls Football Tournament - TBC

Individual photographs

Kwik Sticks Hockey competition - TBC

Geobus workshop Year 4

Children In Need Day

Choir singing at Ruislip Manor Xmas Funday

Geobus workshop Year 6

SportsHall Athletics - TBC

Borough Girls' Football competition and Best team

Year 6 visit to Science Museum

PTA Christmas Fayre

SEND & Pastoral meeting for parents/carers 2:45pm

Year 6 Height and Weight Check

Christmas lunch, Christmas Service and Christmas
Jumper Day TBC

Year 3 Christmas performances dress rehearsal to
the school

Autumn term report cards out to parents/carers

Year 3 Christmas Performance to parents/carers at
9:30am

Year 3 Christmas Performance to parents/carers at
5pm

Christmas Parties

School term ends at 12:30pm

Have a relaxing weekend everyone,

M Kenny,
Headteacher

