



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 10

Thursday 14th November, 2025.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

CHILDREN IN NEED 2025

The children had fun today dressing up in spots for Children in Need. It is such a worthwhile cause - thank you to those who gave so generously. Please remember - there is still time to donate!

Fundraising is important to us at Whiteheath and we always give so generously to the community - it is important that the children be involved in helping those less fortunate.

Here are some of the children who made a grand effort.



HINDU TALK – YEAR 6



On Friday, Year 6 were visited by volunteers from BAPS Shri Swaminarayan Hindu Mandir.

The volunteers discussed the key beliefs of Hinduism and showed us images of their beautiful Mandir in Neasden.

The children heard about the different festivals which are celebrated throughout the year and were interested to see photos from these events.

The children were also introduced to the idea of Karma and Reincarnation and thought about what good actions they could do for the world. It was a really insightful and informative afternoon for the children to support work on the RE unit on Hinduism.

ANTI-BULLYING WEEK

This year's anti-bullying week theme is Choose Respect. The assembly discussed the importance of speaking out ("**You don't have to struggle in silence. Be un-silent.**") and we went through what respect means. We defined bullying and the types of bullying the children may encounter (physical, verbal, social and cyber). We talked about the impact bullying has and how the children can help each other and themselves by being a good friend and talking to trusted adults.

CALLING ALL PARENTS/CARERS – VOLUNTEERS NEEDED!

Do you have a job that involves reading or a love of books? We'd love to hear from you! We're looking for parents and carers who use reading in their careers—whether that's in publishing, journalism, research, education, or any other field—to come in and talk to the children about how reading plays a part in your work.

If you're interested, please get in touch with Miss Jackman via pine@whiteheath-jun.hillingdon.sch.uk Thank you for helping us inspire a lifelong love of reading!

Sports News

QUICKSTICKS HOCKEY COMPETITION

Last Friday our hockey team travel to Eastcote Hockey to take part in the annual QuickSticks Competition. Whiteheath were placed in a group with Newnham, Harefield and Warrender.

We started incredibly well, playing confidently beating Newnham 3-2 to earn the first 3 points.

Our team then had Harefield and Warrender up next. From these two matches, they picked up another 3 points by beating Warrender but falling short against Harefield. However, the two wins meant that Whiteheath managed to progress through to the semi-finals against Glebe who our hockey team always seem to have a great battle with.

The semi final was a tense match right until up until the end but unfortunately for Whiteheath, Glebe progressed to the final winning 3-1.

Overall, Whiteheath went on to clinch 3rd place which meant they came home with shiny bronze medals to show off at school. An incredible competition played by everyone in tough weather conditions. Well done to all! Mr Newing.





BOYS' FOOTBALL QUALIFYING CLUSTER

This week our Football A Team travel to Glebe to take part in a Qualifying Cluster.

Four schools took part in the cluster meaning that the top 2 team would progress through to the next phase of the competition (the Borough competition). I

The team played Newnham first and after dominating the entire game the boys managed to concede to a wonderful strike from the Newnham midfielder which meant it ended in a 1-0 defeat.

They had Glebe up next and after already playing them weeks before when they managed to win 3-0, Whiteheath knew it was going to be a tough game. The boys were excellent in all departments and won 1-0 with an excellent finish from James!

We now knew that a draw would secure our spot into the Borough Competition and the boys did absolutely everything to keep an excellent Breakspear team at bay. But unfortunately, right at the last minute Breakspear managed to get a goal from a free kick which meant Whiteheath finished 3rd place overall. An incredible effort from all! Well done – Mr Newing.

Reminders

NOTE DATE CHANGE

One of the Year 3 Christmas Performances will now be on **Monday 15th December at 9:30am** instead of Tuesday 16th December. Thank you.

PARENT/CARER CURRICULUM WORKSHOPS

We have several workshops planned for parents/carers this year.

The date/time of the workshops for this year are:

- **Autumn 2 - Reading - Friday 5th December 9:00 - 10:00am**
- **Spring 1 - Maths - Wednesday 14th January 9:00 - 10:00am**



- Spring 2 - Oracy – Friday 6th March 9:00 – 10:00am
- Summer 1 - Spelling – 21st April 9am 10am
- Summer 2 - Computing - Wednesday 10th June 9:00 - 10:00am

All parents/carers are welcome to attend and information about each workshop and booking details will be sent out for each workshop in due course.

HALF TERMLY SEND AND PASTORAL SUPPORT MEETINGS

We are pleased to inform you that we will be holding half termly SEND and Pastoral Support meetings. These are an informal opportunity to let you know about some of the processes and support which is available in school.

The meetings this half term will be held on:

- 10th December 2:45pm

You are warmly invited to attend and in order to anticipate numbers, please email sendco@whiteheath-jun.hillingdon.sch.uk if we will be seeing you at the meetings.

Regards, Mrs Manfredi (SENDCo) & Mrs Ventin (Pastoral Leader)

HELP TO SET UP NEW SCHOOL GARDEN!

Many thanks to Lawsons Ltd for their very generous donation of new sleepers, an enormous bag of topsoil and some weed control fabric which will enable us to make new raised beds and really get our garden looking good!



Now we have the resources, we would love some parent volunteers who would be willing to give up a few hours on a Saturday to help us to make the new beds using the sleepers we have been given. **If you would be willing and able to be involved with this, please let the office know or email Miss Lawrence at the Poplar email address and once we know if we have some volunteers, we can arrange a date to suit everyone.**



Merit Assembly

Class of the Week - Beech

Class Merit Awards

| Year 3 | Year 4 | Year 5 | Year 6 |
|--------------------|--------------------|---------------------|---------------------|
| Veer, Kiaan, Erica | Hazal, Roman, Reya | James, Romeo, Angel | Bradley, Harry, Ivy |

House Points

| Hampton | Windsor | London | Westminster |
|---------|---------|--------|-------------|
| 20 | 30 | 30 | 40 |



Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

What Parents & Educators Need to Know about TRACKING DEVICES

Bluetooth tracking devices like Apple's AirTag and Samsung's SmartTags have exploded in popularity, with millions sold each year. These small tools help people locate their lost items, but their discreet design has also made them attractive for more sinister purposes. From stalking to bullying, tracking devices present unique risks that trusted adults need to understand and address.

WHAT ARE THE RISKS?

STALKING AND HARASSMENT

Because of their tiny size and unassuming appearance, tracking devices can easily be hidden in bags or clothing. They've been used to monitor individuals without their knowledge, with a lawsuit in the US labelling AirTags "the weapon of choice of stalkers and abusers". In the UK, use of tracking devices in coercive control and stalking cases reportedly rose by 317 percent between 2018 and 2023.

INVASION OF PRIVACY

These devices are designed to share location data with the user via other people's phones, which can unintentionally broadcast someone's movements without their consent. This makes them vulnerable to being monitored by strangers without realising.

TOOLS FOR BULLYING

Tracking devices could allow bullies to follow or locate their targets even outside of school. This makes it difficult for children to find refuge, potentially extending the trauma of bullying into spaces - like home - that should feel safe and secure.

FALSE ACCUSATIONS

Because tracking devices are linked to user accounts, they could be misused to 'prove' ownership of someone else's possessions. Someone could, for example, plant a tracker on another person's belongings to falsely claim them as their own.

DIFFICULT TO DETECT

Many tracking devices are designed to be discreet, but that also means they're easy to hide. Without proactive checking or the right tech to detect them, children and young people might not realise they're being tracked.

Advice for Parents & Educators

WATCH FOR WARNING SIGNS

If a child's peers always seem to know their location - whether in person or hinted at online - it could be worth checking for tracking devices. Some, like AirTags, will eventually make a noise if separated from their owner. Listen out for a chirping sound.

USE DETECTION APPS

Apple devices running iOS 14.5 or later will notify users of unknown AirTags nearby. Android users can install Apple's 'Tracker Detect' or the third-party app 'AirGuard' to scan for tracking devices from various manufacturers.

CHECK LIKELY HIDING SPOTS

Common places where trackers may be planted include jacket linings, bag seams, pockets, or under bike seats. If you find one, take a photo of the serial number before disposing of it - this could help police trace the account it's linked to.

HAVE THE CONVERSATION

Talk to your child about what tracking devices are, what signs to look out for, and how they might be misused. Emphasise the legal consequences of using them to prank, harass, or monitor someone.



Community Events/Info

PARENT/CARER SUPPORT FROM HILLINGDON

Parent/Carer Programmes

We understand that it can be difficult for families to know what parenting courses and workshops are available in Hillingdon. To help, please find attached a simple document, created in collaboration with parents, that outlines the current offer.

[Parenting Offer \(PDF, 1 MB\)](#)

Free Mental Health Support by Kooth

[Confident Conversations \(PDF, 192 KB\)](#)

Anti-bullying resources

As the nights draw in and young people spend more time indoors and, on their phones, feelings of isolation can intensify. Increased screen time can also bring greater exposure to bullying and cyberbullying. With over half of young people experiencing bullying first hand, the need for trusted, accessible mental health support has never been more important. Kooth have a powerful anti-bullying film and shareable assets. These spark conversations, raise awareness, and help young people stand up to bullying.

[kooth-and-diana-award-tackling-bullying-together](#)

Supporting young people to manage anxiety webinar - 13 November

Join Kooth for a free 45 minute webinar and you will hear from one a community engagement team, alongside a clinician from Kooth, who will share expert tips on how to spot the signs of anxiety, how to offer support to young people who are struggling, and how Kooth can help.

[How to support young people manage anxiety with self care](#)

Smartphone safety and cyberbullying webinar - 20 November

Do young people know how to protect themselves from cyberbullying? This November, we're inviting parents to join us for a free 45 minute webinar. We will share practical tips on how to help children deal with potential problems, how parents can spot signs of cyberbullying and what action to take.

[Smartphone Safety & cyberbullying](#)



Michael Sobell House



Winter Market

Saturday 13th December
10am - 3pm

Michael Sobell Centre,
Gate 3, Mount Vernon Hospital, HA6 2RN

**Support Your
Local Community**



Entry £3, under 5s free
Free parking
Food & Refreshments
Tombola, Raffle

Visit Santa in his Grotto!
Just £5 per child (includes gift!)



Gift wrapping available



Registered Charity Number 1079638



Payment/deadline Dates

OUTSTANDING PAYMENTS DUE

| Payment |
|---------------------------|
| Year 3 Stone Age workshop |
| Year 5 Brazil Day |

UPCOMING PAYMENTS

| Payment | Date due |
|--------------------------------------|---------------------------|
| Donation to Children In Need | today |
| Year 6 Isle of Wight next instalment | 28 th November |
| Year 6 alternative week | 30 th November |
| Year 5 PGL next instalment | 30 th November |
| Year 5 alternative week | 30 th November |
| D & T resources for the year | 1 st January |

DEADLINES FOR OTHER THINGS

| Deadline | Date due |
|--|----------|
| Email Miss Lawrence if you can offer help with setting up the new school garden poplar@whiteheath-jun.hillingdon.sch.uk | asap |

Weekly Attendance

| Class | % Attendance W/C 14th Nov 2025 | % Attendance 03.09.25 – 14.11.25 | Year Group Attendance % 03.09.25 – 14.11.25 |
|---------------|-----------------------------------|-------------------------------------|--|
| Ash | 99.1 | 95.6 | |
| Oak | 97.6 | 97.6 | |
| Willow | 98.3 | 96.8 | |
| Year 3 | - | - | 96.7 |
| Beech | 98.2 | 97.6 | |
| Elm | 98.9 | 96.3 | |
| Maple | 96.2 | 97.2 | |
| Year 4 | - | - | 97.0 |
| Birch | 94.2 | 96.4 | |
| Yew | 89.3 | 95.7 | |
| Year 5 | - | - | 96.0 |
| Juniper | 97.8 | 97.2 | |
| Pine | 96.3 | 96.2 | |
| Poplar | 97.7 | 95.8 | |
| Year 6 | - | - | 96.4 |
| Totals | 96.4 | 96.5 | 96.5 |



Contacting us

| | | | |
|--|--|--|---|
| Contacting class teachers | Willow | Miss Atkinson | willow@whiteheath-jun.hillingdon.sch.uk |
| | Ash | Mrs Garland/ Mrs Robert | ash@whiteheath-jun.hillingdon.sch.uk |
| | Oak | Miss Malone | oak@whiteheath-jun.hillingdon.sch.uk |
| | Maple | Mrs Mendez | maple@whiteheath-jun.hillingdon.sch.uk |
| | Beech | Miss Cook | beech@whiteheath-jun.hillingdon.sch.uk |
| | Elm | Mr Lewington | elm@whiteheath-jun.hillingdon.sch.uk |
| | Yew | Ms Prioli | yew@whiteheath-jun.hillingdon.sch.uk |
| | Birch | Miss Bryant | birch@whiteheath-jun.hillingdon.sch.uk |
| | Poplar | Miss Lawrence | poplar@whiteheath-jun.hillingdon.sch.uk |
| | Pine | Miss Jackman | pine@whiteheath-jun.hillingdon.sch.uk |
| Juniper | Mr Goodchild | juniper@whiteheath-jun.hillingdon.sch.uk | |
| Years 5 & 6 maths sets | Miss Wells | maths56@whiteheath-jun.hillingdon.sch.uk | |
| General enquiries | office@whiteheath-jun.hillingdon.sch.uk | | |
| Welfare/reporting your child's absence | welfare@whiteheath-jun.hillingdon.sch.uk | | |
| Safeguarding concerns | dsl@whiteheath-jun.hillingdon.sch.uk | | |
| <p>Whiteheath Junior School is a safe space for any child or adult to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.</p> | | | |
| <p>If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).</p> | | | |

Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit:

<https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

Autumn Term Dates

- **Additions/changes in red**

Thursday 20th November

Thursday 20th November

Monday 24th November
(Nov)

Thursday 27th November

Friday 28th November

Thursday 4th December

Wednesday 10th December

Thursday 11th December

Thursday 11th December

Thursday 11th December

Geobus workshop Year 6 (change of date)

SportsHall Athletics

Individual photographs (changed from Friday 7th)

Year 4 Badminton Team – London Youth Games

Year 6 visit to the Science Museum

PTA Christmas Fayre

SEND & Pastoral meeting for parents/carers 2:45pm

Year 6 Height and Weight Check - am

Year 3 Christmas performances dress rehearsal to the school - afternoon (change of date)

Swimming Gala



Friday 12th December

Saturday 13th December

Tuesday 16th December

Monday 15th December

Wednesday 17th December

Thursday 18th December

Friday 19th December

Christmas lunch, Christmas Service and Christmas Jumper Day

Choir Sing at Michael Sobell Winter Market

Autumn term report cards out to parents/carers

Year 3 Christmas Performance to parents/carers at 9:30am (change of date)

Year 3 Christmas Performance to parents/carers at 5pm

Christmas Parties

School term ends at 12:30pm

Have a relaxing weekend everyone,

M Kenny,
Headteacher

