



WHITEHEATH JUNIOR SCHOOL

Opportunity, Confidence & Growth

Whole School Newsletter

Newsletter No: 12

Friday 28th November, 2025.

Welcome to our whole school newsletter. Our aim is to keep you informed of achievements, successes and general information regarding Whiteheath Junior School. These newsletters will be sent to you at the end of the week. You can also find this newsletter on the home page of the school **website** along with our '**year group pages**' (under the 'children' section on the website). Please check your emails regularly as this is our main form of communication with you.

SCHOOL PHOTOGRAPHS

Your School Photograph is Ready!

Vancols Photographers are pleased to confirm that the School Photographs are ready to view using the QR code on your proof card. If you have already scanned the QR code on the Proof and registered you will receive an auto email notification.

If you have not done it yet, don't panic, you can still view by scanning the QR code on your Proof and following the instructions.

If you need assistance, please check our website - www.getphotos.co.uk or call Vancols Parent Line on 01206 273711.

SCHOOL CHOIR PERFORMS AT THE RUISLIP MANOR CHRISTMAS FAYRE

On Saturday 15th November, the Whiteheath Junior School choir delighted the crowd at the Ruislip Manor Christmas Fayre with a lively performance of four songs.

The programme included a mix of festive favourites and non-seasonal pieces, showcasing the choir's versatility and enthusiasm.

The pupils sang with confidence and energy, attracting a great audience of families, friends and local residents.



Their hard work and commitment were clear to see and they represented the school wonderfully throughout the event.

Well done to all the choir members—and thank you to everyone who came to support them! Mrs Mendez.





PTA Christmas Fayre



PTA Christmas Fayre is next week!

Reminders

Christmas Raffle

Draw tickets for our raffle are available under the 'Shop' tab on SchoolMoney. Please buy generously - the more tickets you buy, the more we raise.

Should any parents/carers/family members be able to donate a raffle prize via their company, please drop it in to the school office. Thank you.

Lastly, please remember to send your children to school on the day of the Fayre with around up to £10 in small change, so they may do a little Christmas shopping and take part in the games and activities being run by the Year 6 pupils.

Thank you all for your support, these events cannot happen without you!

Your PTA

Whiteheath-juniors-PTA@outlook.com

Sports News

SPORTSHALL INDOOR ATHLETICS COMPETITION



Last week our Athletics team took part in the Indoor SportsHall Athletics Competition at Swakeleys School.

The team have been training very hard every Friday morning and were super excited to represent our school.

As soon as the briefing finished it was straight into action with the sprints taking place first followed by jumping events.

Whiteheath started very strongly in the track events securing 1st or 2nd in every race. The afternoon became very busy as after every event the next followed within seconds.

All the boys and girls were excellent in knowing when their event was and some had many events to participate in.

Whiteheath were excellent in all departments

and always made sure they were in contention, always battling for the top positions in every event. It was the 4x1 relay last and once again all 4 children pushed their bodies to the absolute limit and secured a place in the top 3.

Once all events were carried out it was the announcement to find out where we had finished... Whiteheath managed to get 3rd place in the competition. Well done to all that participated!! Mr Newing.



LONDON YOUTH GAMES – BADMINTON FESTIVAL

On Thursday our Year 4 Badminton team took part in the London Youth Games Racket Festival. Having been selected from their previous Badminton festival at the beginning of the academic year the team travelled to Ilford in Essex to take part in the London Youth Games Festival.

In the morning the children were tasked with learning new skills whilst playing fun drills against one another.

In the afternoon they played mini matches against other schools. Whiteheath were excellent in their matches winning every one of their doubles matches. They played a host of schools from across London and were really showing off their badminton skills. A truly fun day! Well done to all. Mr Newing.



NETBALL FIXTURE

On Wednesday our Netball teams take part in a fixture at home against Newnham. Straight from the start Newnham played some excellent Netball and managed to gain themselves an early advantage. Whiteheath responded excellently and managed to slow Newnham down and get on the ball more, creating some excellent chances and whilst doing that showed some extraordinary ball movement. As the light started to fade the girls managed to narrow the margin in the last quarter.

A tough fixture but one they should be extremely proud of. Well done to all! Mr Newing.

Reminders

DONATIONS FOR DRAMA



We are looking to enhance our drama resources. If you have any costumes/costume accessories at home you no longer want, please can you donate to the school. We also need spare hangers that you may no longer need. Many thanks.



PARENT/CARER CURRICULUM WORKSHOPS

We have several workshops planned for parents/carers this year.

The date/time of the workshops for this year are:

- **Autumn 2 - Reading - Friday 5th December 9:00 - 10:00am**
- **Spring 1 - Maths - Wednesday 14th January 9:00 - 10:00am**
- **Spring 2 - Oracy – Friday 6th March 9:00 – 10:00am**
- **Summer 1 - Spelling – 21st April 9am 10am**
- **Summer 2 - Computing - Wednesday 10th June 9:00 - 10:00am**

All parents/carers are welcome to attend and information about each workshop and booking details will be sent out for each workshop in due course.

HALF TERMLY SEND AND PASTORAL SUPPORT MEETINGS

We are pleased to inform you that we will be holding half termly SEND and Pastoral Support meetings. These are an informal opportunity to let you know about some of the processes and support which is available in school.

The meeting this half term will be held on:

- **10th December 2:45pm**

You are warmly invited to attend and in order to anticipate numbers, please email sendco@whiteheath-jun.hillingdon.sch.uk if we will be seeing you at the meetings.

Regards, Mrs Manfredi (SENDCo) & Mrs Ventin (Pastoral Leader)

HELP TO SET UP NEW SCHOOL GARDEN!



Many thanks to Lawsons Ltd for their very generous donation of new sleepers, an enormous bag of topsoil and some weed control fabric.

Now we have the resources, we would love some parent volunteers who would be willing to give up a few hours on a Saturday to help us to make the new beds using the sleepers we have been given. **If you would be willing and able to be involved with this, please let the office know or email Miss Lawrence at the Poplar email address and once we know if we have some volunteers, we can arrange a date to suit everyone.**

So far, we have only had 1 parent offer to help – **we would like more – if you can spare some time, PLEASE can you get in touch. Many thanks.**



Merit Assembly

Class of the Week – Beech

Class Merit Awards

Year 3	Year 4	Year 5	Year 6
Caleb, Noah, Harry	Eli, Sydney, Arthur	Taileigh, Maisie	(on a school trip)



House Points

Hampton	Windsor	London	Westminster
0	20	30	20

Online Safety

Each week we are going to include a guide in this newsletter, covering different aspects, to help ensure children and young people are supported and protected online. We aim to reach and engage our entire school community, fostering a collaborative approach to promoting online safety and digital citizenship.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about TIKTOK

AGE RESTRICTION 13+
(Certain features are restricted to over-18s only)

WHAT ARE THE RISKS?
Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT
TikTok's Following Feed shows videos from known creators, while the default For You Feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

CONTACT WITH STRANGERS
Between 1.8 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-18s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and allows anyone to download or comment on them.

BODY IMAGE AND DANGEROUS CHALLENGES
Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Harmful challenges have included the "blackout" trend, where users held their breath until passing out. Families filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

MISINFORMATION AND RADICALISATION
TikTok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-18-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

IN-APP SPENDING
TikTok is free, but children can still spend money. TikTok coins, costing \$9.99 to £224.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

ADDICTIVE DESIGN
TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 127 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Constantly skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

Advice for Parents & Educators

ENABLE FAMILY PAIRING
Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

BLOCK IN-APP SPENDING
Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

DISCUSS THE DANGERS
If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

READ THE SIGNS
If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert
Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.

See full reference list on our website

#WakeUpWednesday The National College

@wake_up_weds /www.thenationalcollege @wake.up.wednesday @wake.up.weds

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MUSIC MARK SCHOOL



Payment/deadline Dates

OUTSTANDING PAYMENTS DUE

Payment
Year 3 Stone Age workshop
Year 5 Brazil Day

UPCOMING PAYMENTS

Payment	Date due
PTA tombola gift donation	today
Year 6 Isle of Wight next instalment	today
Year 6 alternative week	30 th November
Year 5 PGL next instalment	30 th November
Year 5 alternative week	30 th November
D & T resources for the year	1 st January

DEADLINES FOR OTHER THINGS

Deadline	Date due
Keyboard and guitar lessons	6 th January
Email Miss Lawrence if you can offer help with setting up the new school garden - poplar@whiteheath-jun.hillingdon.sch.uk	asap

Weekly Attendance

Class	% Attendance W/C 21 st Nov 2025	% Attendance 03.09.25 – 28.11.25	Year Group Attendance % 03.09.25 – 28.11.25
Ash	98.7	95.7	
Oak	96.4	97.4	
Willow	94.1	96.7	
Year 3	-	-	96.5
Beech	99.1	97.4	
Elm	97.8	95.9	
Maple	95.3	97.2	
Year 4	-	-	96.9
Birch	95.2	95.7	
Yew	98.6	96.0	
Year 5	-	-	95.8
Juniper	85.9	96.1	
Pine	95.2	96.1	
Poplar	93.1	95.3	
Year 6	-	-	95.8
Totals	95.3	96.2	96.2



Contacting us

Contacting class teachers	Willow	Miss Atkinson	willow@whiteheath-jun.hillingdon.sch.uk
	Ash	Mrs Garland/ Mrs Robert	ash@whiteheath-jun.hillingdon.sch.uk
	Oak	Miss Malone	oak@whiteheath-jun.hillingdon.sch.uk
	Maple	Mrs Mendez	maple@whiteheath-jun.hillingdon.sch.uk
	Beech	Miss Cook	beech@whiteheath-jun.hillingdon.sch.uk
	Elm	Mr Lewington	elm@whiteheath-jun.hillingdon.sch.uk
	Yew	Ms Prioli	yew@whiteheath-jun.hillingdon.sch.uk
	Birch	Miss Bryant	birch@whiteheath-jun.hillingdon.sch.uk
	Poplar	Miss Lawrence	poplar@whiteheath-jun.hillingdon.sch.uk
	Pine	Miss Jackman	pine@whiteheath-jun.hillingdon.sch.uk
Juniper	Mr Goodchild	juniper@whiteheath-jun.hillingdon.sch.uk	
Years 5 & 6 maths sets	Miss Wells	maths56@whiteheath-jun.hillingdon.sch.uk	
General enquiries	office@whiteheath-jun.hillingdon.sch.uk		
Welfare/reporting your child's absence	welfare@whiteheath-jun.hillingdon.sch.uk		
Safeguarding concerns	dsl@whiteheath-jun.hillingdon.sch.uk		
<p>Whiteheath Junior School is a safe space for any child or adult to come to talk about issues affecting them. Ask the office to speak to a Designated Safeguarding Lead, (Mrs Ventin or Ms Kenny), or the Deputy Designated Safeguarding Lead (Miss Wells). Alternatively, you can email the address above dsl@whiteheath-jun.hillingdon.sch.uk - this is a confidential email address only read by the safeguarding leads.</p>			
<p>If you are concerned a child may be at risk, you can also contact the Stronger Families Hub on 01895 556006 (available all year round).</p>			

Extra-curricular Clubs

We are very fortunate in being able to offer the children a wide variety of before, lunchtime and after school clubs. To see the full schedule, and for details of how to sign up for clubs, please visit: <https://www.whiteheath-jun.hillingdon.sch.uk/extra-curricular-clubs/>

Autumn Term Dates

Thursday 4th December

Friday 5th December

Friday 5th December

Wednesday 10th December
2:45pm

Wednesday 10th December

Thursday 11th December

Thursday 11th December

Thursday 11th December

Friday 12th December

PTA Christmas Fayre

Santa Dash for the Daily Mile

reading workshop for parents/carers 9am

SEND & Pastoral meeting for parents/carers

Choir to sing at the Poplars Care Home - TBC

Year 6 Height and Weight Check - am

Year 3 Christmas performances dress rehearsal to the school - afternoon (change of date)

Swimming Gala

Christmas lunch, Christmas Service and Christmas Jumper Day



Saturday 13th December

Tuesday 16th December

Monday 15th December

Wednesday 17th December

Thursday 18th December

Friday 19th December

Choir Sing at Michael Sobell Winter Market

Autumn term report cards out to parents/carers

Year 3 Christmas Performance to parents/carers
at 9:30am (change of date)

Year 3 Christmas Performance to parents/carers
at 5pm

Christmas Parties

School term ends at 12:30pm

Have a good weekend,

M Kenny,
Headteacher

