PE Long Term Plan 2026 - 2027

Year Group		Autumn		Spring		Summer	
		1st	2nd	1st	2nd	1st	2nd
3	Indoor	Dance	Yoga	Gymnastics	Dodgeball	Cricket	OAA
	Outdoor	Fundamentals	Ball Skills	Football	Tennis	Basketball	Athletics
4	Indoor	Dance	Fundamentals	Gymnastics	Born to Move	OAA	Rounders
	Outdoor	Hockey	Netball	Tag Rugby	Handball	Tennis	Athletics
5	Indoor	Dance	Yoga	Gymnastics	Dodgeball	Swimming	Cricket
	Outdoor	Cross Country	Football	Basketball	Tennis	Athletics	OAA
6	Indoor	Dance	Badminton	Gymnastics	Volleyball	Athletics	Rounders
	Outdoor	Hockey	Netball	Tag Rugby	Fitness	Tennis	OAA

- In addition to the units above, each class also has 1x fitness lesson each week