

Kingswood Residential 2025

Staff

- ❖ Miss Bryant - leader
- ❖ Mrs Novak - first aider
- ❖ Miss Atkinson
- ❖ Mrs Stonehouse

Departure

Please arrive at the gate on Ladygate lane at **8am** on **Monday 12th May**.

- ▶ The coach will be leaving around **8.30am**, so please don't be late.
- ▶ The children will leave their luggage just inside the gates and will then make their way into the sportshall.
- ▶ Parents are welcome to wait outside the gate to wave their children off when the coach leaves.

Collection

On Friday 16th May, we will aim to return to school at approximately 3.30pm.

We will keep you updated via email with our estimated arrival time.

Communication

Please check your emails regularly as we will be sending an update each day about how the children are getting on and the activities they've enjoyed.

Please send your child with a **stamped** envelope with your **address** on because one the first couple of days, the children will be given the opportunity to write you a letter and we will post these ASAP.



Luggage

Kit list
Label items

One main bag per child - the children must be able to carry and lift their own luggage. Our accommodation is not on the ground floor and so the children will need to be able to carry their own bag up a flight of stairs so please bare this in mind when packing.

Packed lunch for the first day - please send your child with a packed lunch for the first day but make sure it's in a plastic bag that can be thrown away after.

- ▶ Please name all items.
- ▶ Please remember we are going for 5 days so not to over pack.
- ▶ Don't forget to pack a water bottle!

Accommodation

- ▶ All the rooms are gender separated.
- ▶ The rooms vary in size, some sleep 2, 4 and some even up to 6.
- ▶ Sheets, duvets and pillows are provided.
- ▶ The children are expected to make their bed on the first day so please get practising if not already!
- ▶ There are always separate toilet and shower facilities for girls and boys close to their rooms.
- ▶ Adults have separate rooms in between the children's dormitories.



Groups

- ▶ The children will be split into groups of 10 for the activities.
- ▶ They will always be with one adult from school and an instructor from Kingswood.

Food

- ▶ Our breakfast, lunch and dinner menus are all created to boost energy, with health in mind and meet government recommendations on nutrition. Menus vary day-to-day according to the season but there is always a choice of hot and cold dishes, vegetarian options and fresh salad bars, with meals served in communal dining areas.
- ▶ They cater for dietary requirements if we are informed well in advance.

Health and Safety

- ▶ All activities carried out on the site are risk assessed.
- ▶ The children will be taking part in activities with a Kingswood instructor and member of school staff between 9am and 9pm.
- ▶ After 9pm, the children return to their dorms with school staff.
- ▶ Mrs Novak is our first aider.
- ▶ Kingswood first aiders are available 24hrs a day.

Behaviour

- ▶ As always, we expect that the children will be exceptionally well behaved during the activities and in their dorms.

Yellow caps

The much-loved yellow caps will be given to the children on Monday and will be worn throughout the week by all children. On the return trip on Friday, they can be signed etc.



Activities

Below are some of the activities that children will be taking part in during the trip. Please make sure children pack appropriately.

- Quick Zip
- Team Games
- Problem Solving
- Night Line
- Lazer Tag
- Archery
- Fencing

- Disco
- Aeroball
- Bush craft
- Climbing
- Bingo
- Obstacle challenge
- Movie night

Parent support

Please **do not** bring sweets, chocolate, cameras, electronic games, expensive or much cherished jewellery, makeup, expensive clothing or shoes. Spray deodorants and body sprays are not permitted but roll ons are fine.

To avoid your child losing any of their belongings, please make sure their **name is on all their possessions**.

MOST IMPORTANTLY- NO MOBILE PHONES OR SMART WATCHES ETC. THAT CAN CONNECT TO THE INTERNET OR CAN BE USED TO COMMUNICATE.



Reminders

- ▶ 8am arrival on Ladygate Lane
- ▶ Stamped envelope
- ▶ Packed lunch for the first day
- ▶ Additional plastic bag for muddy/wet clothes (for one particular activity)
- ▶ **Medical forms!**

Questions

